



Office of Children's Services
Empowering communities to serve youth

Results of the FY2023 CSA Service Gap Survey

Overview

- Background of the Service Gap Survey
- Statewide Service Gaps
- Regional Service Gaps
- Barriers
- Changes in Community Service Capacity
- Conclusions

Background of the CSA Service Gap Survey

- One primary responsibility of the Community Policy and Management Team (CPMT) is to coordinate long-range, community-wide planning to develop resources and services needed by children and families in the community (§2.2-5206).
- The 2006 Virginia General Assembly amended the Code of Virginia to further specify this requirement. On an annual basis, the CPMT shall report to the Office of Children's Services (OCS) on gaps and barriers in services needed to keep children in the local community (§2.2-5211.1.2).
- This report marks the 15th year that OCS has collected data on service gaps, barriers to filling these gaps, and local efforts to overcome the barriers.

Methodology

- CPMT Chairs and CSA Coordinators received an OCS Administrative Memo with a link to an automated Survey Monkey survey on **March 31, 2023**
- The survey closed on **June 2, 2023**
- One submission was permitted per locality (some localities filed jointly under one CPMT)
- 103 CSA localities responded out of 127 possible, a **response rate of 81%** (*down from the FY2021 response rate of 83%*)
- VDSS geographic regions were utilized to group localities

Service Groupings

Residential Services

- Short-term Diagnostic
- Group Home
- Residential Treatment

Crisis Services

- Crisis Intervention/Stabilization
- Acute Psychiatric Hospitalization

Family Support Services

- Family Partnership Facilitation
- Respite
- Intensive Care Coordination (ICC)
- Family Support Partner
- Child Mentoring
- Parent Coaching

Community-Based Behavioral Health Services

- Assessment
- Group Therapy
- Family Therapy
- Intensive In-Home
- Therapeutic Day Treatment
- Case Management
- Medication Management
- Applied Behavior Analysis
- Trauma Focused/Informed Services

Educational Services

- Private Day School
- Residential School
- School-based Mental Health Services

Evidence-Based Behavioral Health Services

- Multi-systemic Therapy
- Functional Family Therapy
- Parent Child Interaction Therapy
- Cognitive Behavioral Therapy
- Motivational Interviewing

Foster Care Services

- Family Foster Care Homes
- Therapeutic Foster Care Homes
- Independent Living Services

Other Services

- Other: _____
- Other: _____
- Other: _____

Populations and Age Groups

Populations

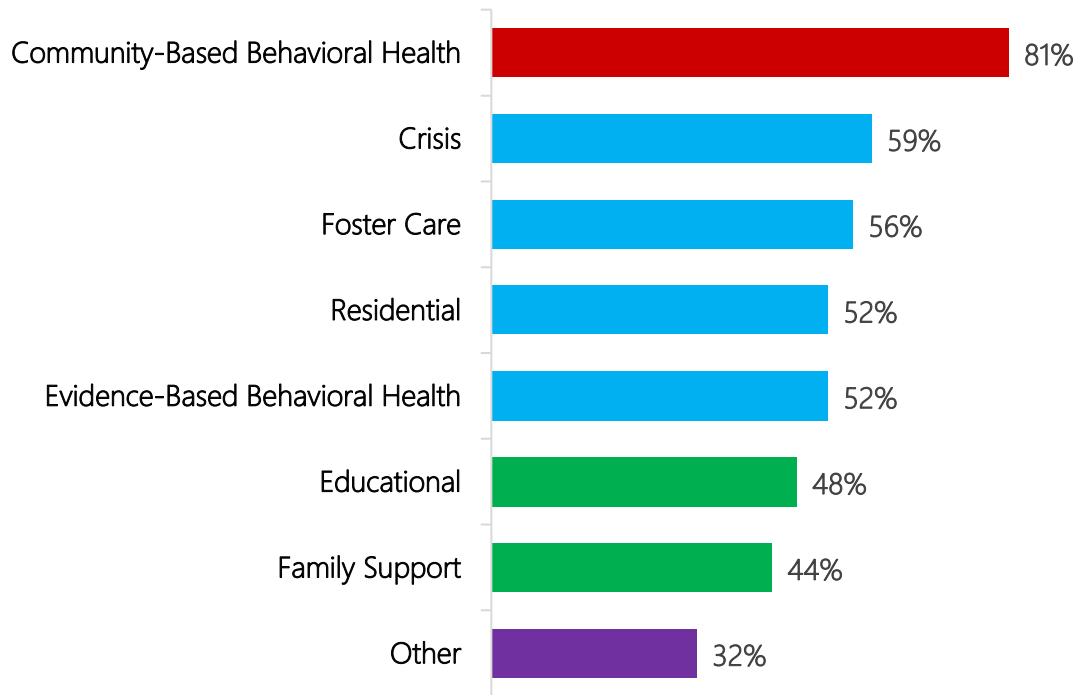
- Autism
- Intellectual Disability/Developmental Disability
- Potentially Disrupting or Disrupted Foster Care Placements
- Potentially Disrupting or Disrupted Adoptions
- Sex Offending/Sexually Reactive Behaviors
- Youth with Multiple Mental Health Diagnoses
- Youth involved with the Juvenile Justice System
- Substance Abuse
- Other:

Age Groups

- Pre-School Age (0-5)
- Elementary School Age (6-10)
- Middle School Age (11-13)
- High School Age (14-18)
- Transition Age (19-21)

Reported Gaps: Most Prevalent Types of Service

Percentage of Responding Localities with Identified Gaps, Grouped by Type of Service



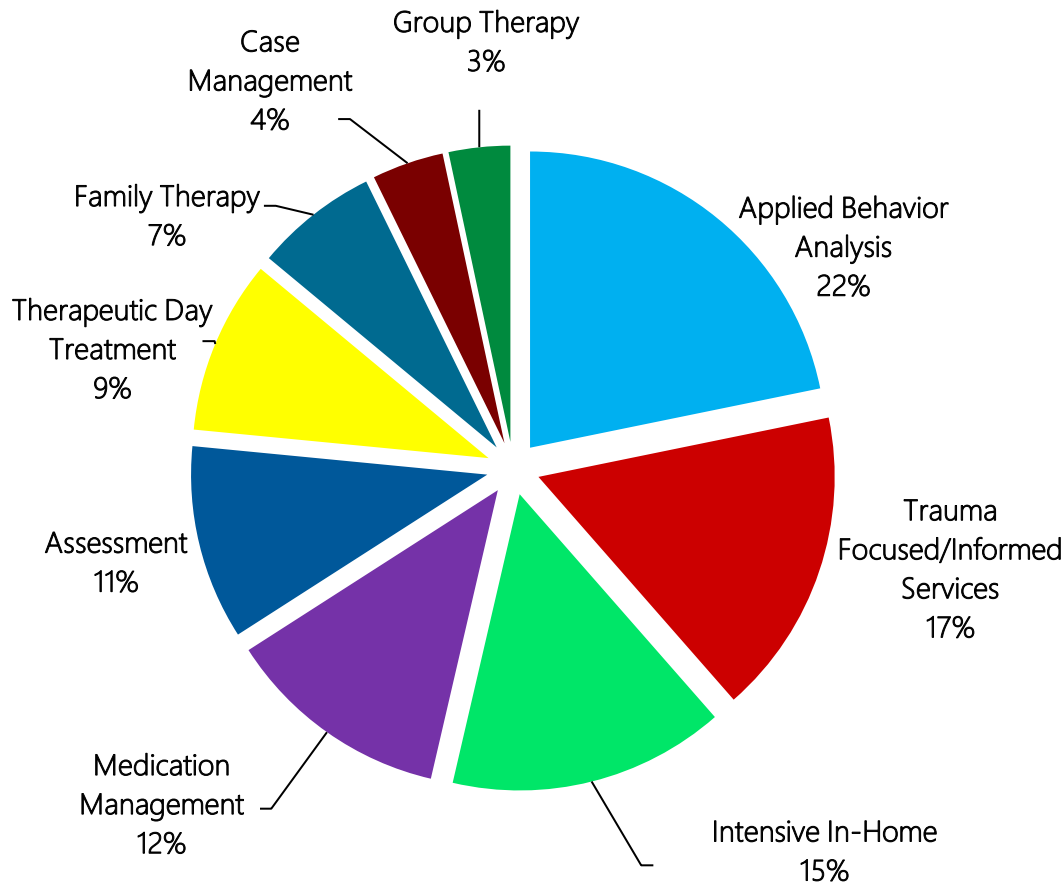
Service Group	Order of Prevalence	
	FY2021	FY2023
Community-Based Behavioral Health	1	1
Crisis	4	2
Foster Care	2	3
Residential	7	4
Evidence-Based Behavioral Health	5	5
Educational	6	6
Family Support	3	7
Other	7	8

Note: If a locality selected at least one critical service gap within the service type groups displayed above, they were counted for this measure. The number of responding localities represents the count of localities that submitted survey responses; bar chart values represent the percentage of responding localities with a critical gap identified for that service type.

Number of Responding Localities: 103

Statewide: Gaps for Top-Reported Service Type

Community-Based Behavioral Health Services
(Responses for Service Type, FY2023)

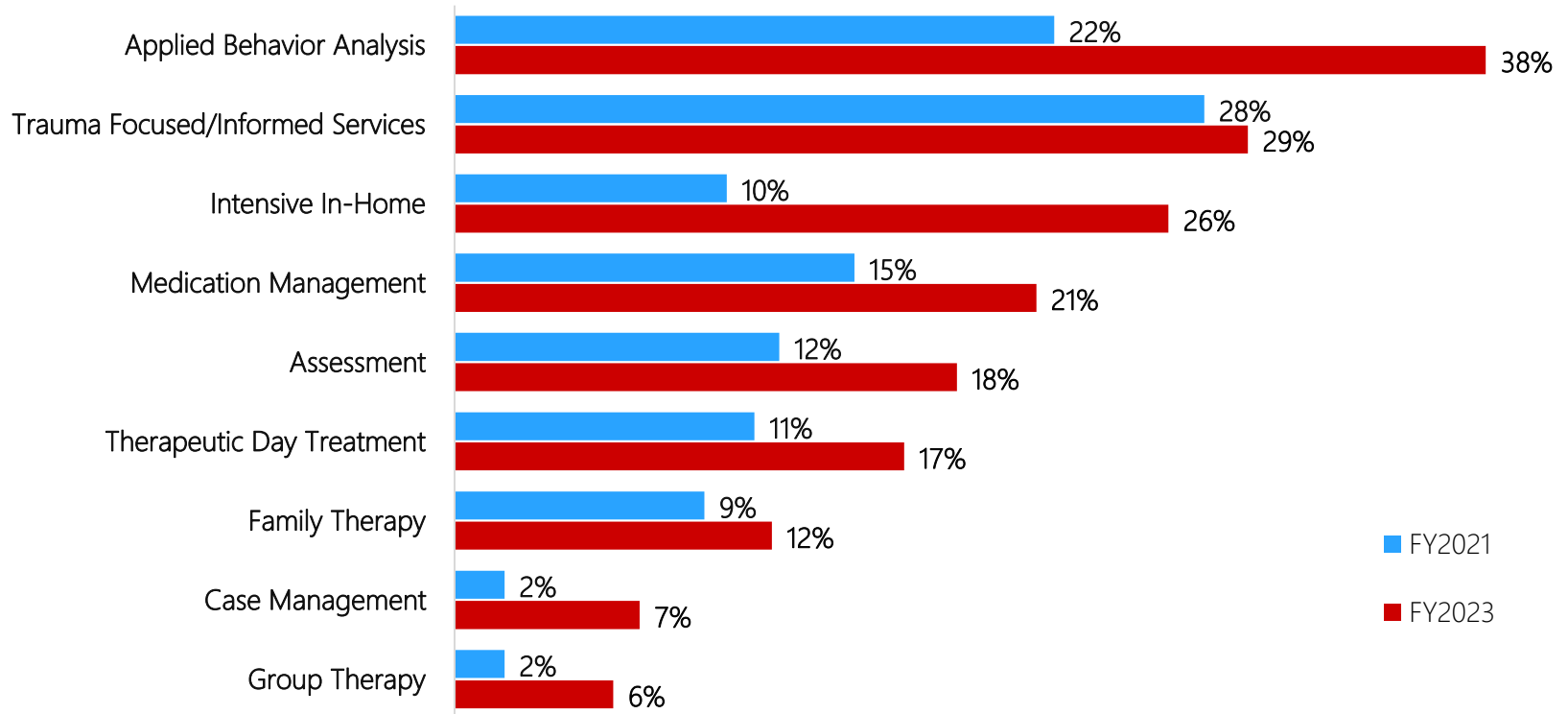


Community-Based Behavioral Health	Last Full Survey (FY2021)	Current Survey (FY2023)
Applied Behavior Analysis	20%	22%
Trauma Focused/Informed Services	25%	17%
Intensive In-Home	9%	15%
Medication Management	13%	12%
Assessment	11%	11%
Therapeutic Day Treatment	10%	9%
Family Therapy	8%	7%
Case Management	2%	4%
Group Therapy	2%	3%

Number of Responses: 120 (FY2021); 178 (FY2023)

Statewide: Percentage of Localities with Gap (Community-Based Behavioral Health)

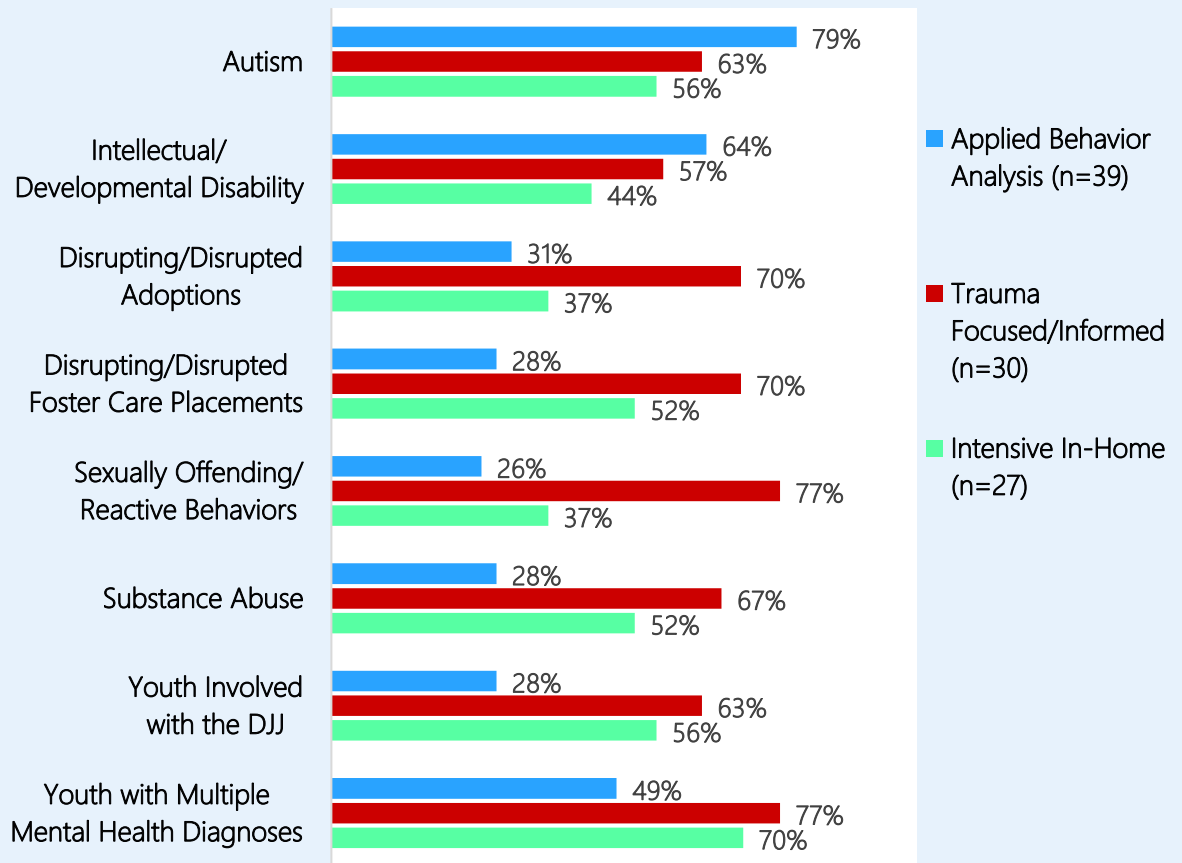
Percentage of Localities Reporting Service as Critical Gap
(Community-Based Behavioral Health)



Populations with Gaps in Community-Based Behavioral Health Services: Statewide

Lack of Access for Populations in Localities Reporting Top Service Gaps (Community-Based BH)

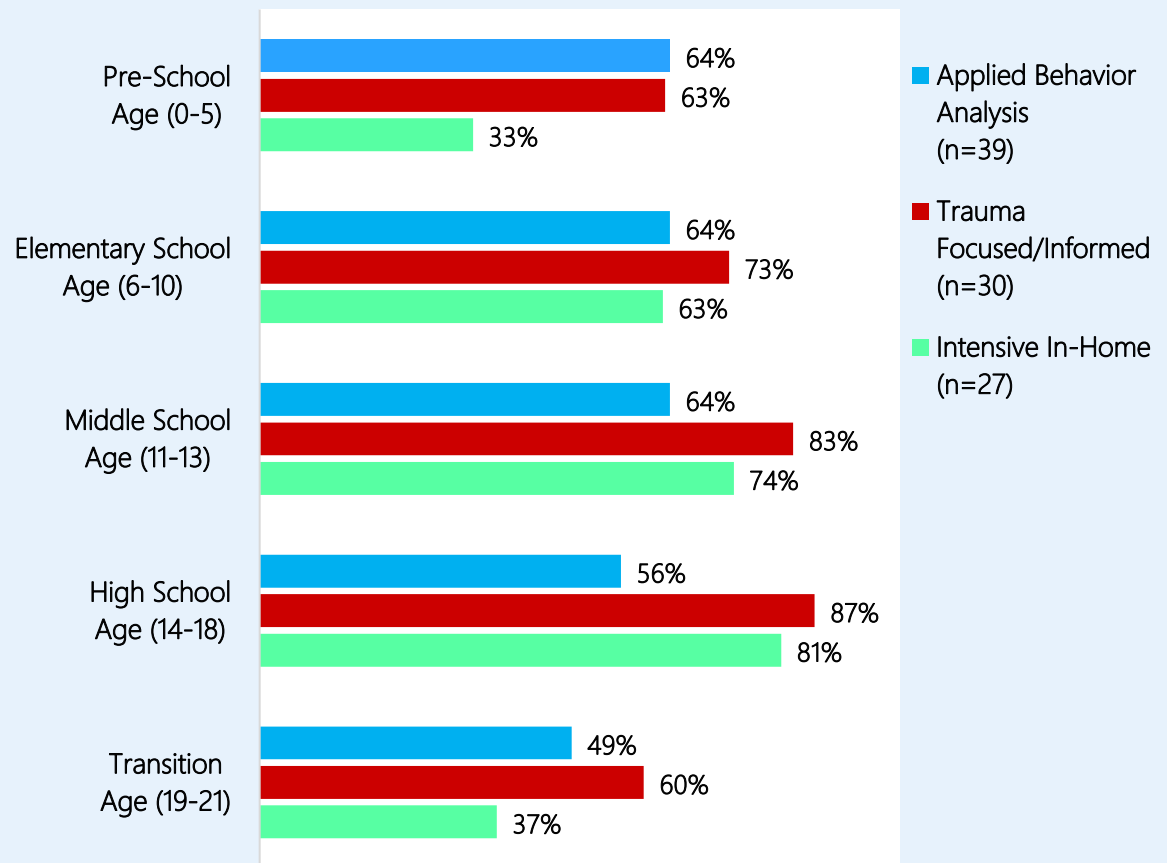
Top Three Populations with Gaps in Service Type	Percent of Responding Localities (n=83)
Autism	75%
Intellectual/Developmental Disability	66%
Youth with Multiple Mental Health Diagnoses	65%



Age Groups with Gaps in Community-Based Behavioral Health Services: Statewide

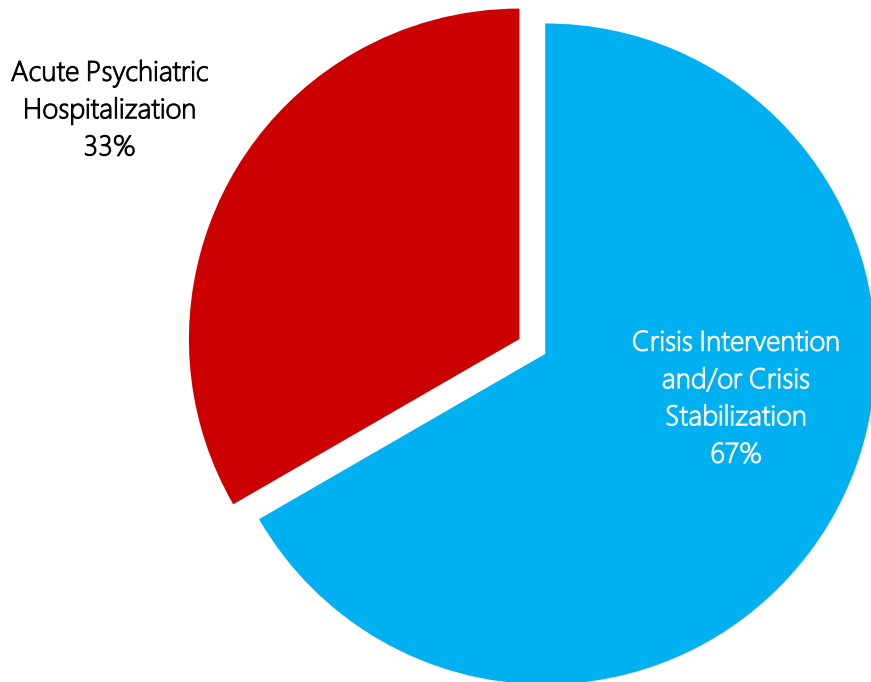
Lack of Access for Age Groups in Localities Reporting Top Service Gaps (Community-Based BH)

Top Three Age Groups with Gaps in Service Type	Percent of Responding Localities (n=83)
Middle School Age (11-13)	73%
High School Age (14-18)	72%
Elementary School Age (6-10)	67%



Statewide: Gaps for 2nd Top-Reported Service Type

Crisis Services
(Responses for Service Type, FY2023)

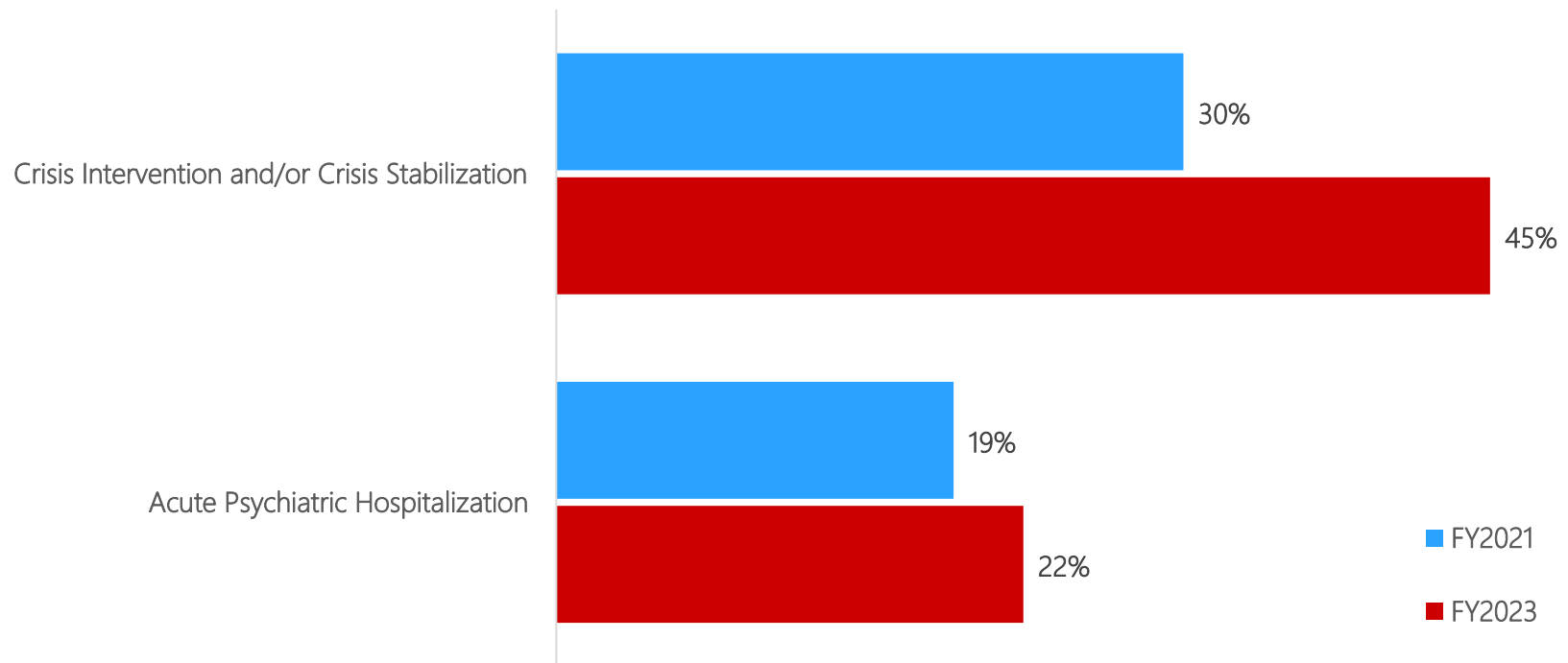


Crisis Services	Last Full Survey (FY2021)	Current Survey (FY2023)
Crisis Intervention and/or Crisis Stabilization	62%	67%
Acute Psychiatric Hospitalization	38%	33%

Number of Responses: 52 (FY2021); 69 (FY2023)

Statewide: Percentage of Localities with Gap (Crisis)

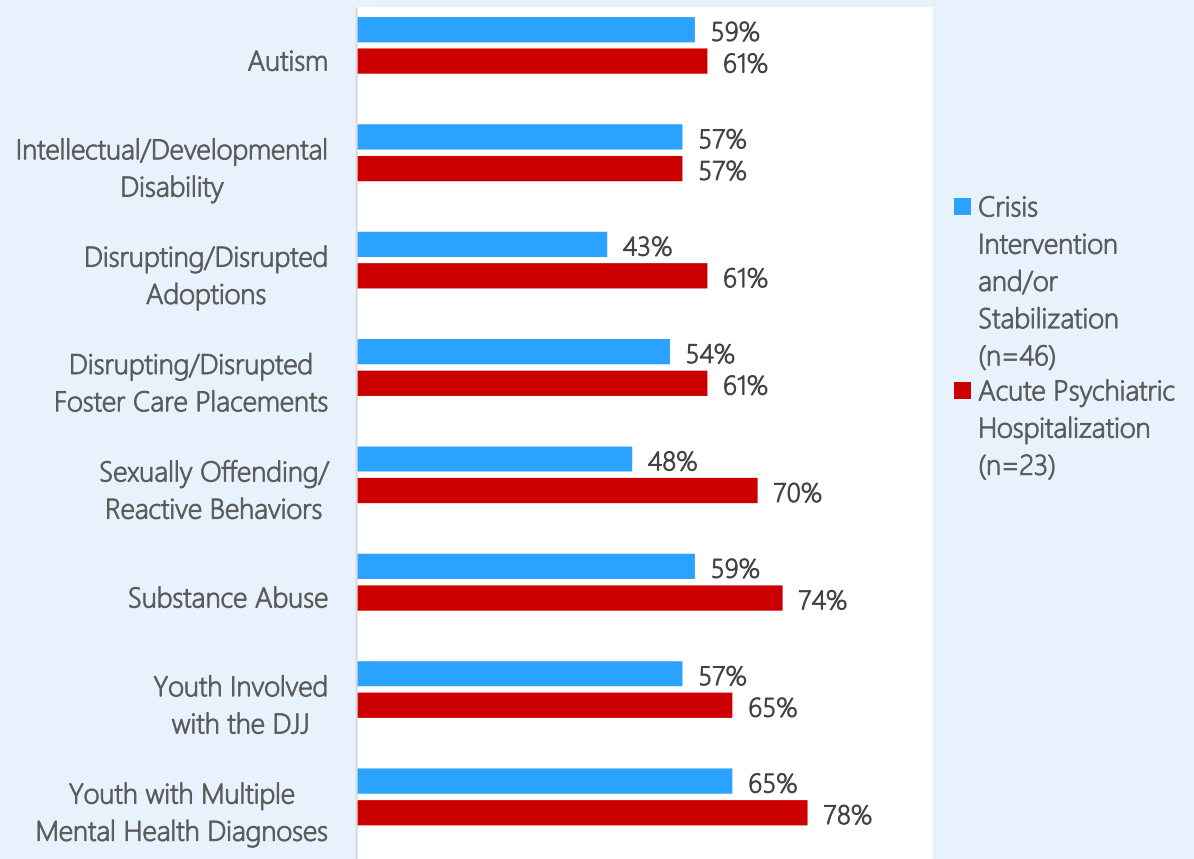
Percentage of Localities Reporting Service as Critical Gap (Crisis)



Populations with Gaps in Crisis Services: Statewide

Top Three Populations with Gaps in Service Type	Percent of Responding Localities (n=61)
Youth with Multiple Mental Health Diagnoses	72%
Substance Abuse	66%
Youth Involved with Juvenile Justice System	64%

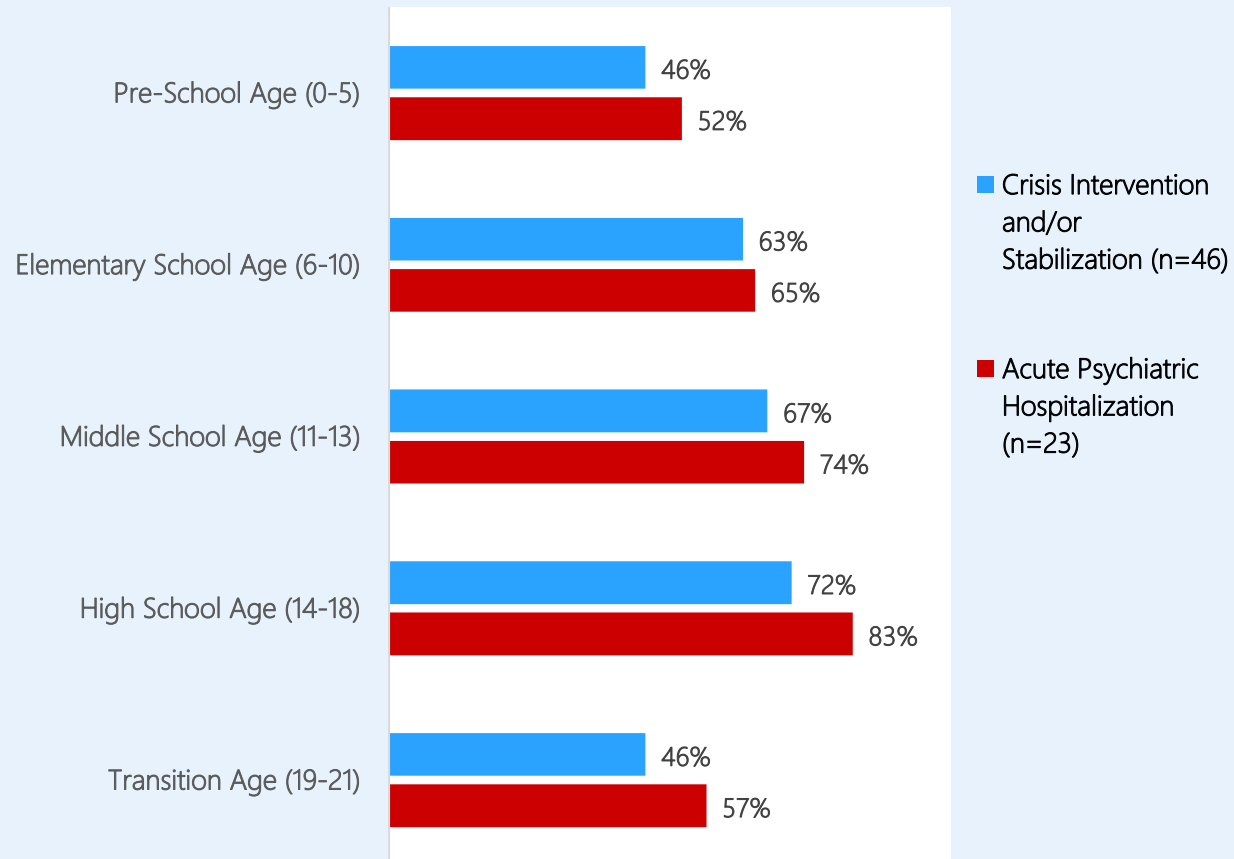
Lack of Access for Populations in Localities Reporting Crisis Service Gaps



Age Groups with Gaps in Crisis Services: Statewide

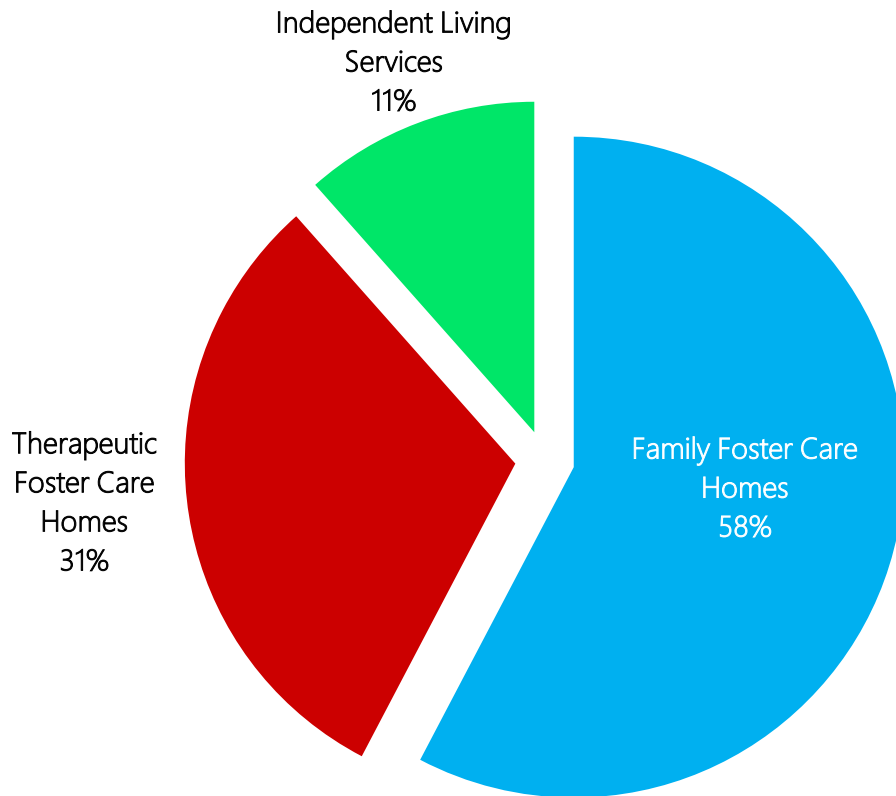
Lack of Access for Populations in Localities Reporting Crisis Service Gaps

Top Three Age Groups with Gaps in Service Type	Percent of Responding Localities (n=61)
High School Age (14-18)	75%
Middle School Age (11-13)	72%
Elementary School Age (6-10)	66%



Statewide: Gaps for 3rd Top-Reported Service Type

Foster Care Services
(Responses for Service Type, FY2023)

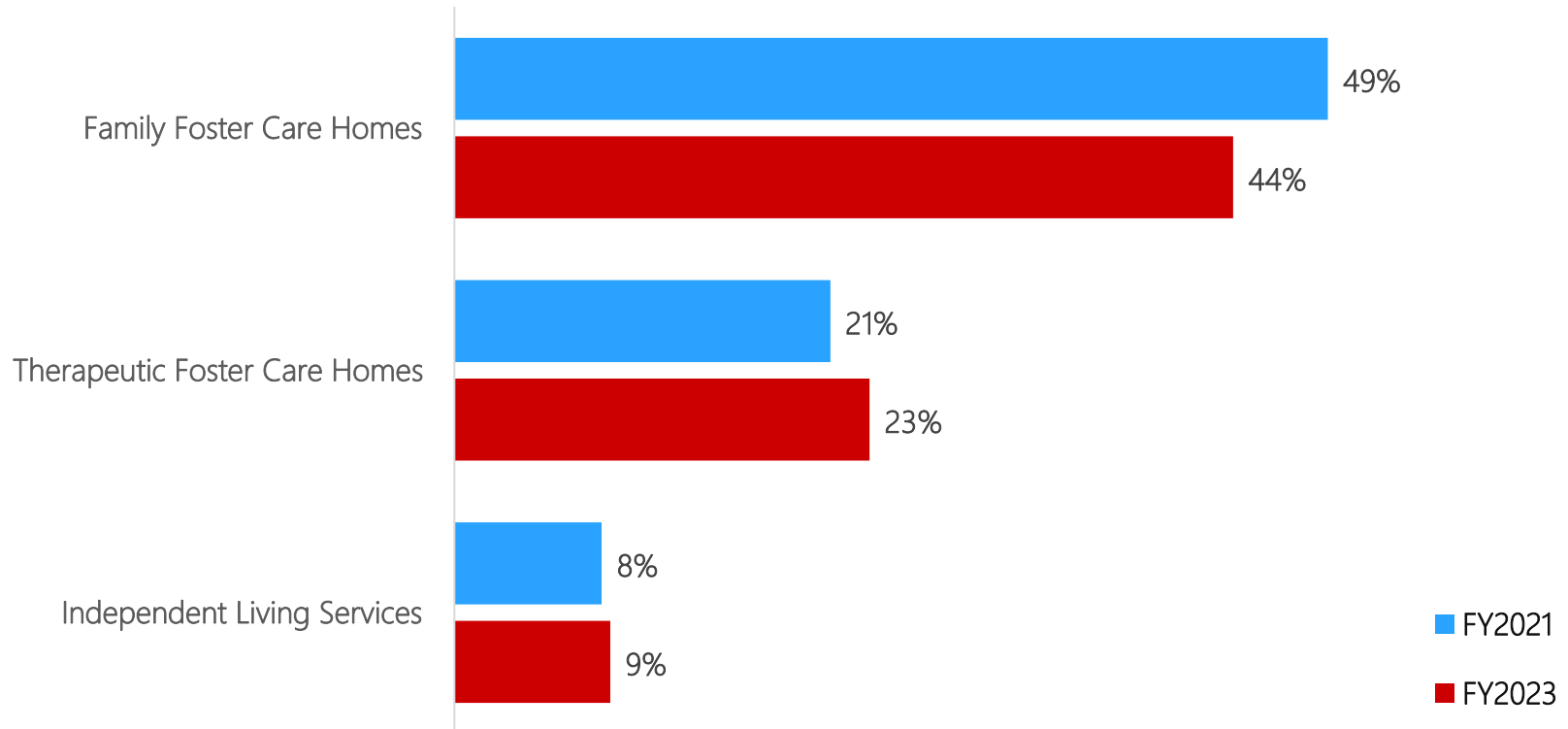


Foster Care Services	Last Full Survey (FY2021)	Current Survey (FY2023)
Family Foster Care Homes	62%	58%
Therapeutic Foster Care Homes	27%	31%
Independent Living Services	11%	11%

Number of Responses: 85 (FY2021); 78 (FY2023)

Statewide: Percentage of Localities with Gap (Foster Care)

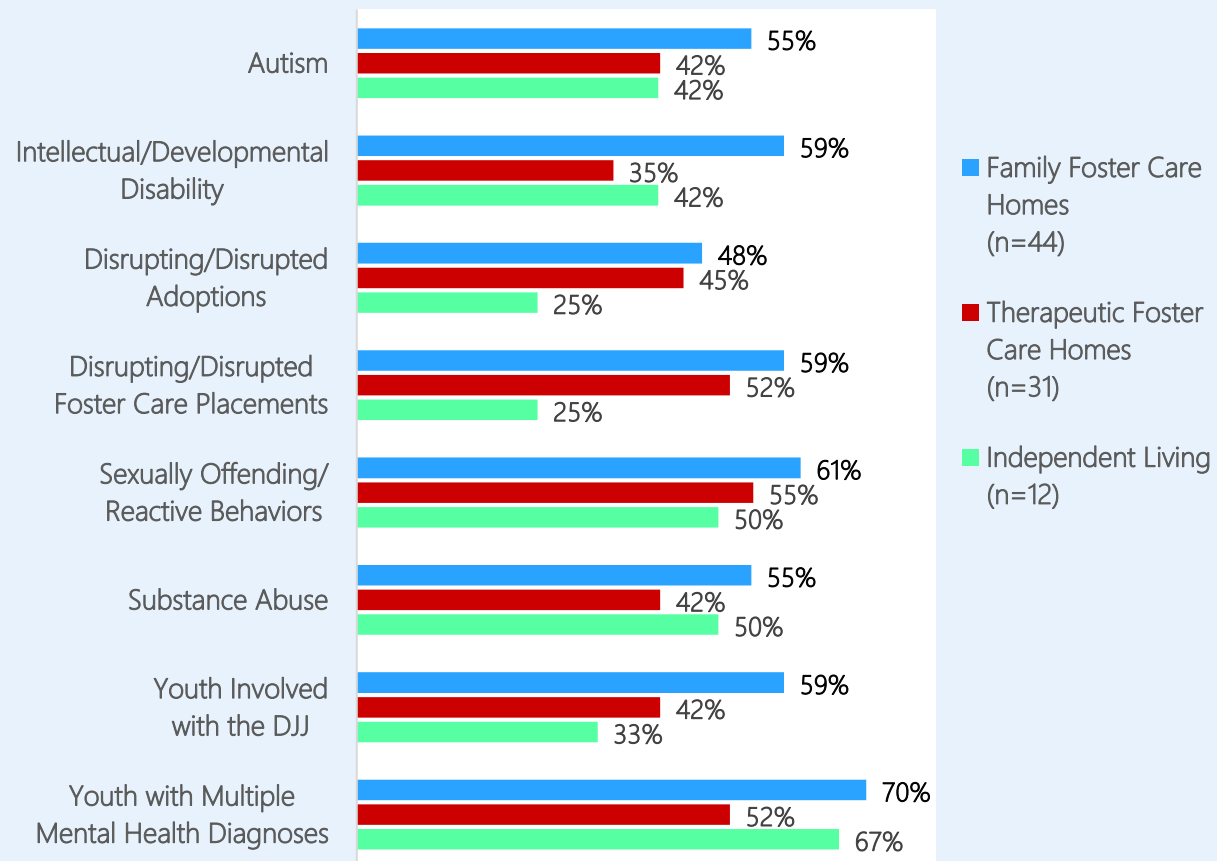
Percentage of Localities Reporting Service as Critical Gap
(Foster Care)



Populations with Gaps in Foster Care Services: Statewide

Lack of Access for Populations in Localities Reporting Foster Care Service Gaps

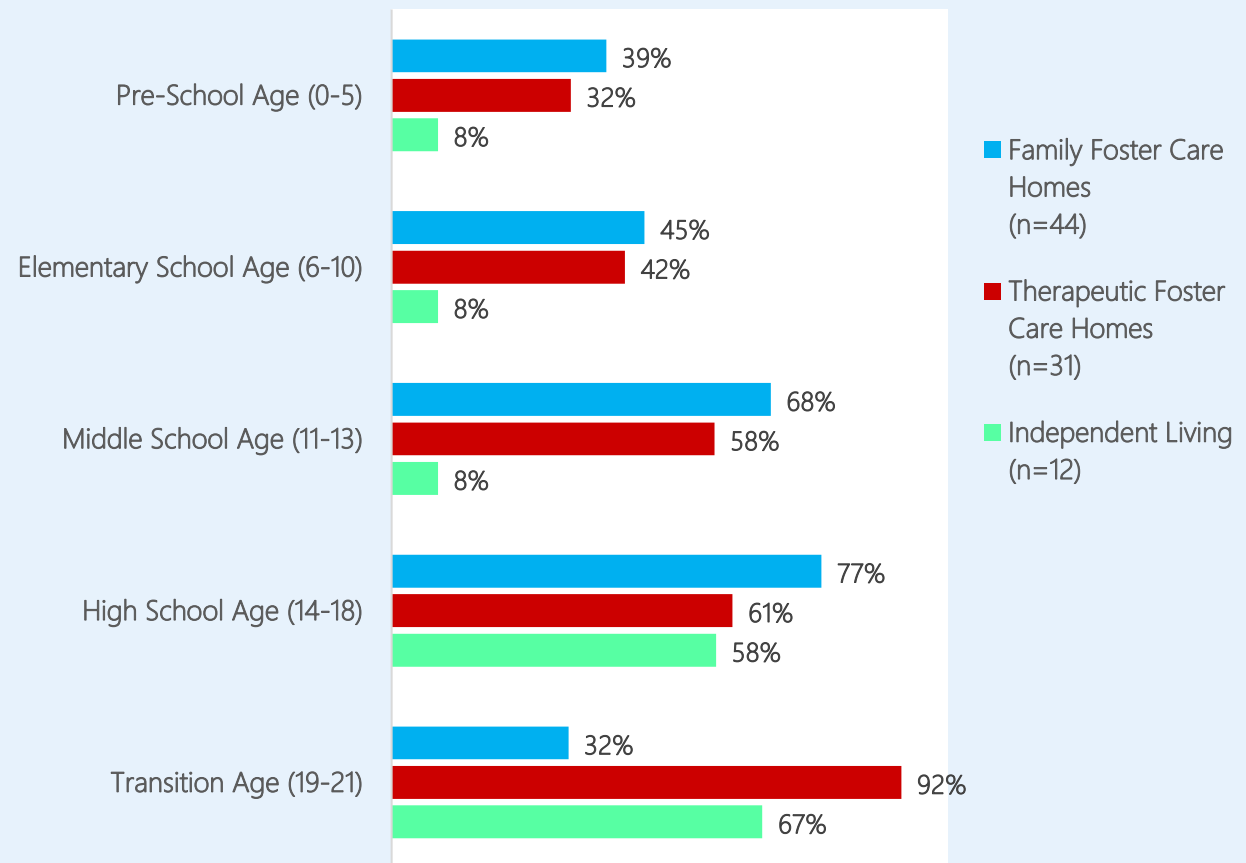
Top Three Populations with Gaps in Service Type	Percent of Responding Localities (n=58)
Youth with Multiple Mental Health Diagnoses	66%
Sex Offending/Sexually Reactive Behaviors	64%
Substance Abuse	59%
Youth Involved with the Juvenile Justice System	59%



Age Groups with Gaps in Foster Care Services: Statewide

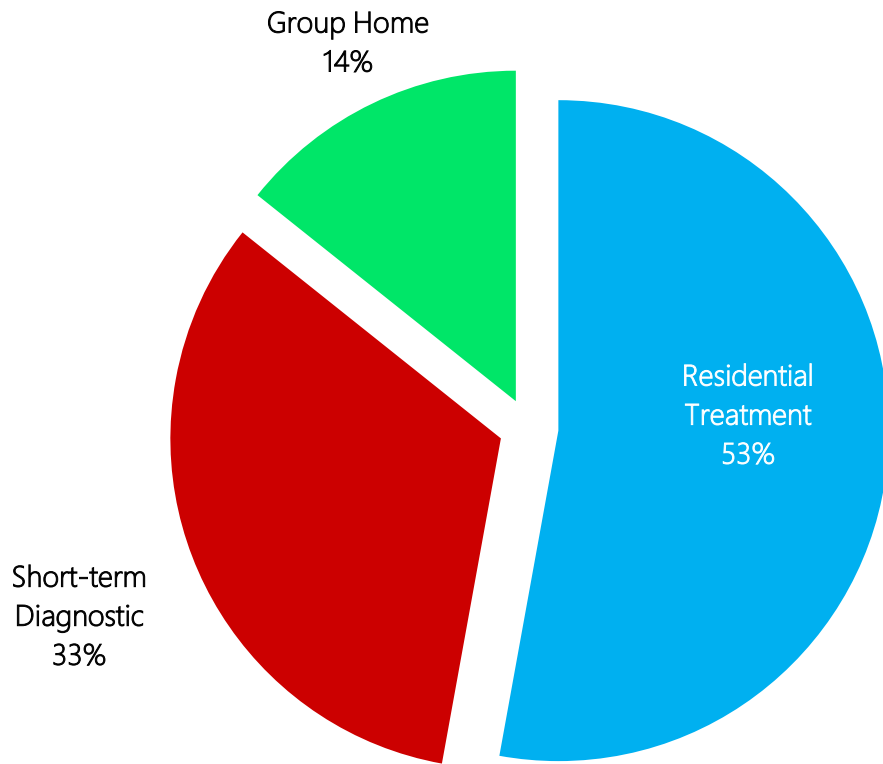
Top Three Age Groups with Gaps in Service Type	Percent of Responding Localities (n=58)
High School Age (14-18)	76%
Middle School Age (11-13)	67%
Elementary School Age (6-10)	45%

Lack of Access for Populations in Localities Reporting Foster Care Service Gaps



Statewide: Service Gaps for 4th Top-Reported Service Type

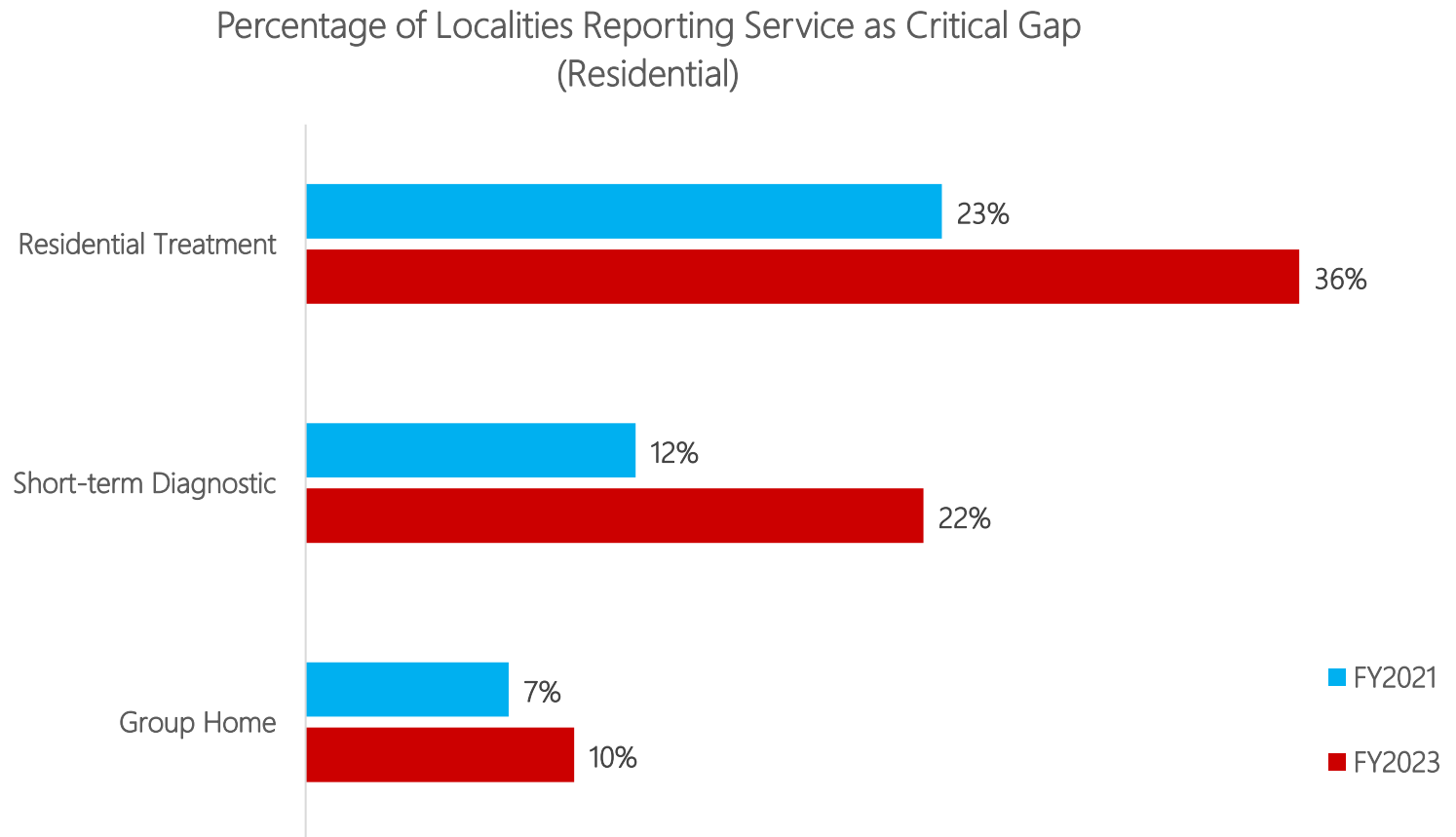
Residential Services
(Responses for Service Type, FY2023)



Residential	Last Full Survey (FY2021)	Current Survey (FY2023)
Residential Treatment	54%	53%
Short-term Diagnostic	28%	33%
Group Home	17%	14%

Number of Responses: 46 (FY2021); 70 (FY2023)

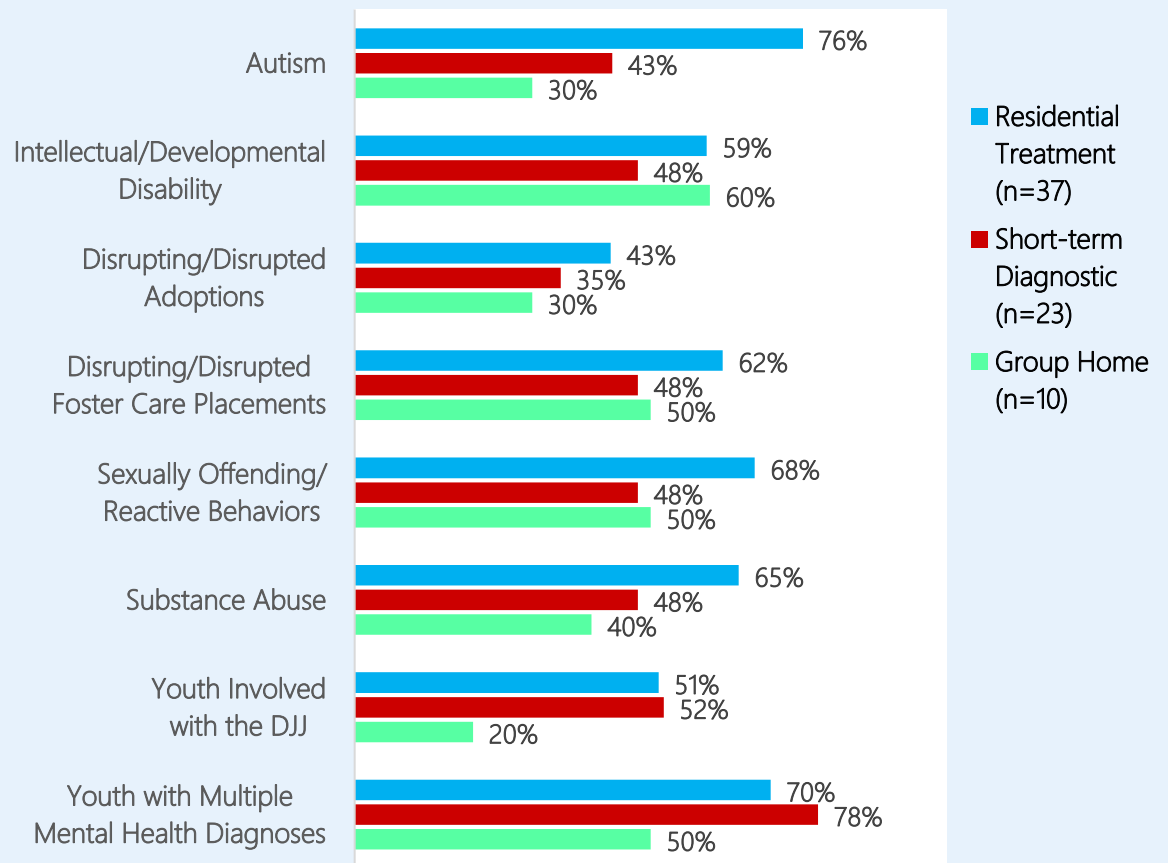
Statewide: Percentage of Localities with Gap (Residential)



Populations with Gaps in Residential Services: Statewide

Top Three Populations with Gaps in Service Type	Percent of Responding Localities (n=54)
Youth with Multiple Mental Health Diagnoses	74%
Autism	70%
Sex Offending/Sexually Reactive Behaviors	65%

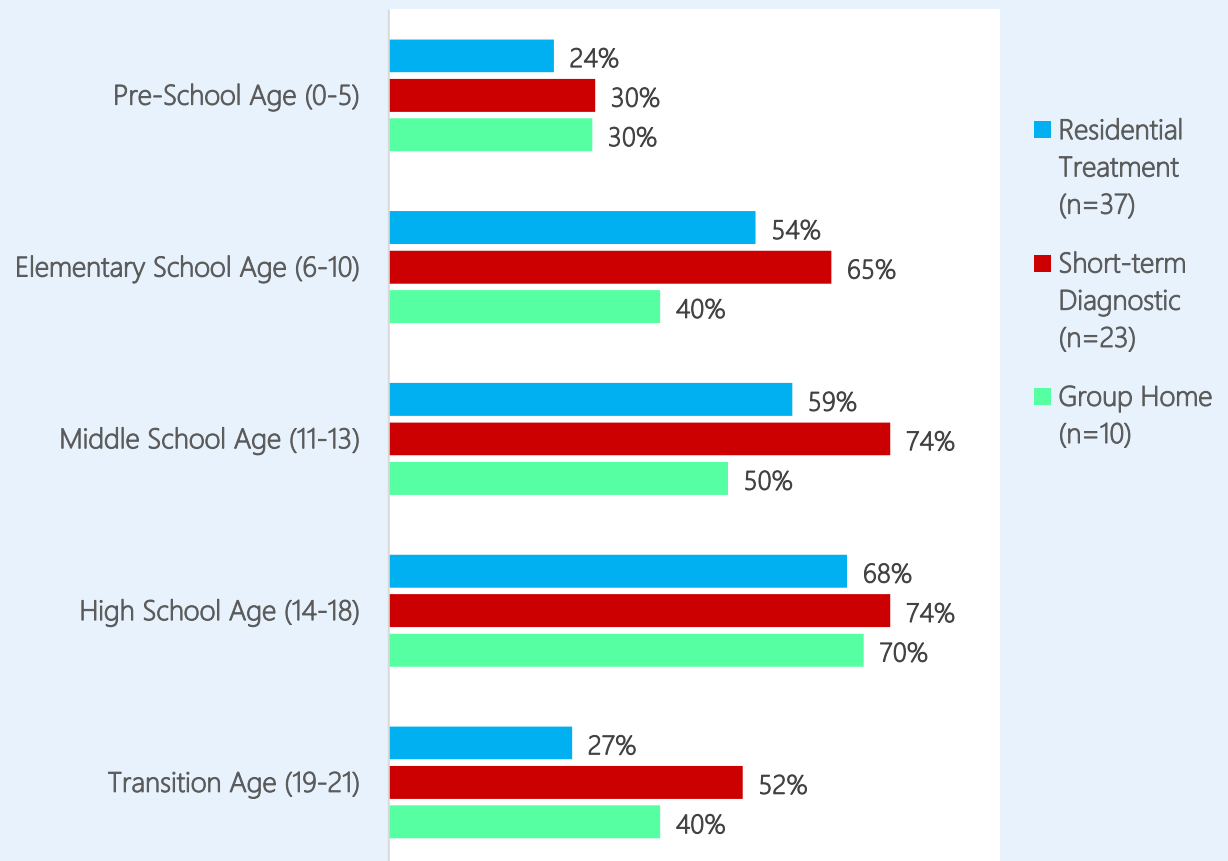
Lack of Access for Populations in Localities Reporting Residential Service Gaps



Age Groups with Gaps in Residential Services: Statewide

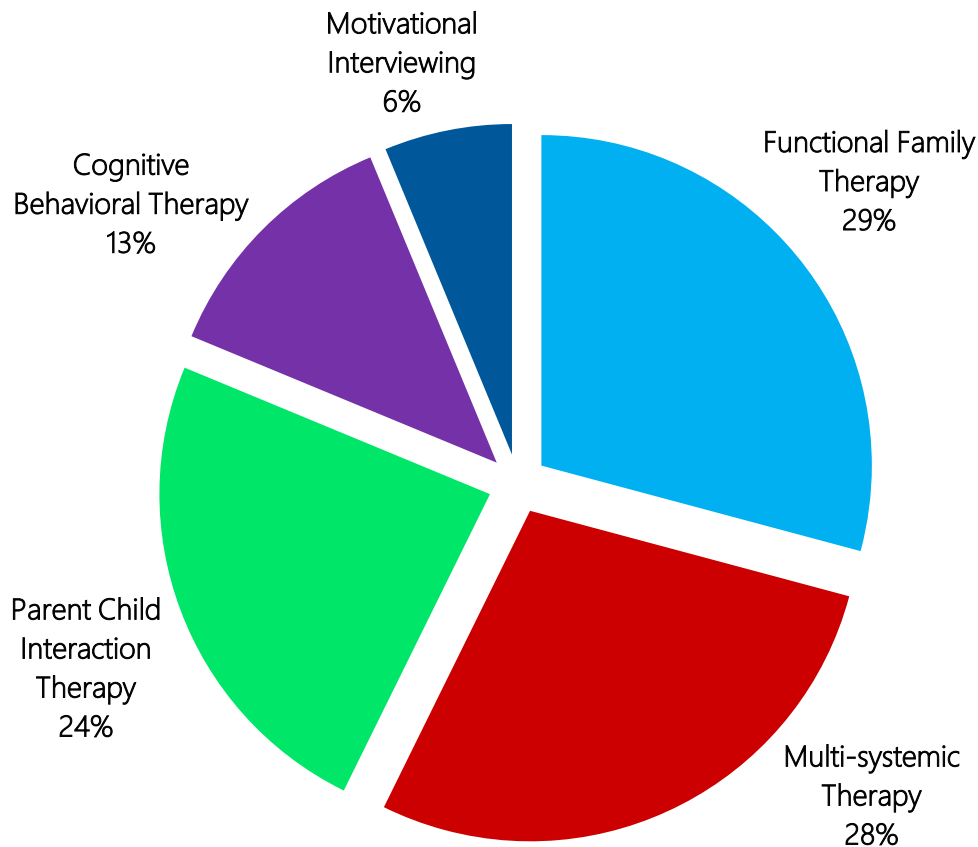
Lack of Access for Populations in Localities Reporting Residential Service Gaps

Top Three Age Groups with Gaps in Service Type	Percent of Responding Localities (n=54)
High School Age (14-18)	74%
Middle School Age (11-13)	67%
Elementary School Age (6-10)	61%



Statewide: Service Gaps for 5th Top-Reported Service Type

Evidence-Based Behavioral Health
(Responses for Service Type, FY2023)

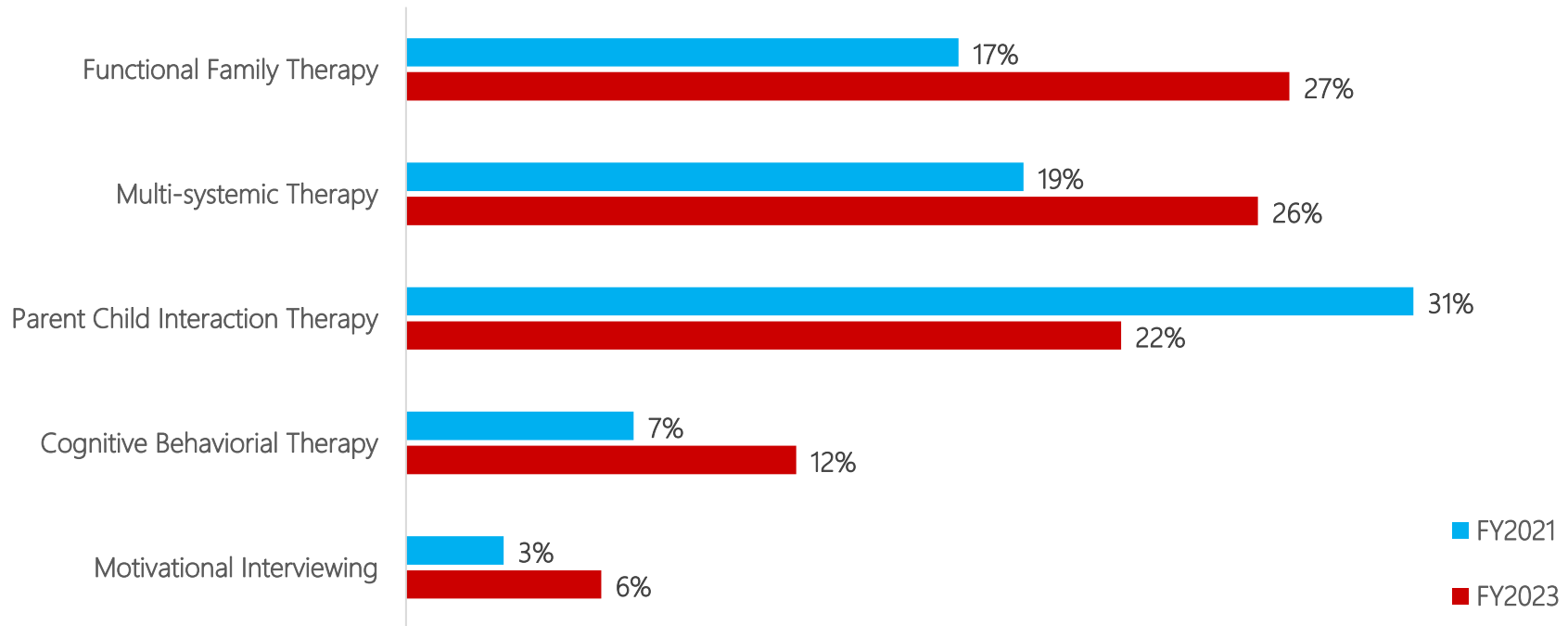


Evidence-Based Behavioral Health	FY21 %	FY23 %
Functional Family Therapy	22%	29%
Multi-systemic Therapy	25%	28%
Parent Child Interaction Therapy	40%	24%
Cognitive Behavioral Therapy	10%	13%
Motivational Interviewing	3%	6%

Number of Responses: 83 (FY2021); 96 (FY2023)

Statewide: Percentage of Localities with Gap (Evidence-Based Behavioral Health)

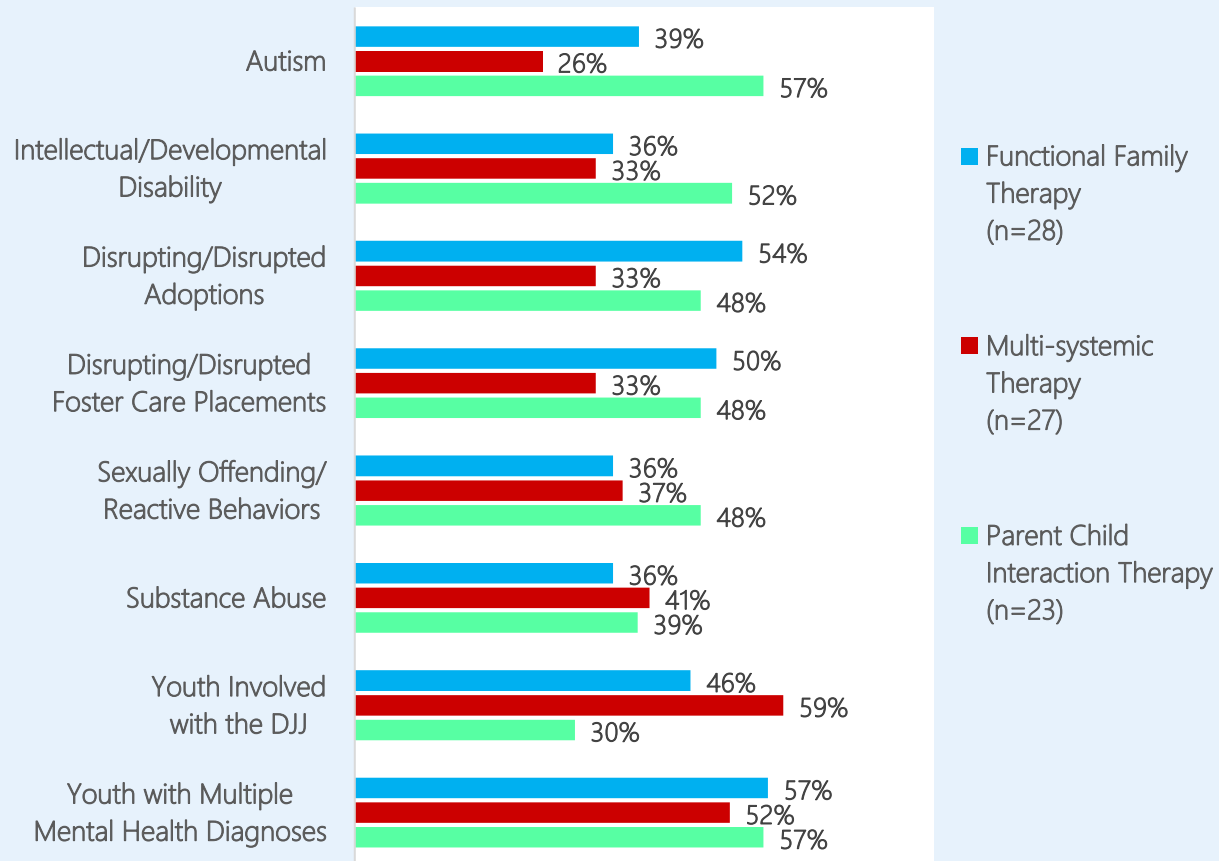
Percentage of Localities Reporting Service as Critical Gap (Evidence-Based Behavioral Health)



Populations with Gaps in Evidence-Based Behavioral Health Services: Statewide

Lack of Access for Populations in Localities Reporting Top Service Gaps (Evidence-Based Behavioral Health)

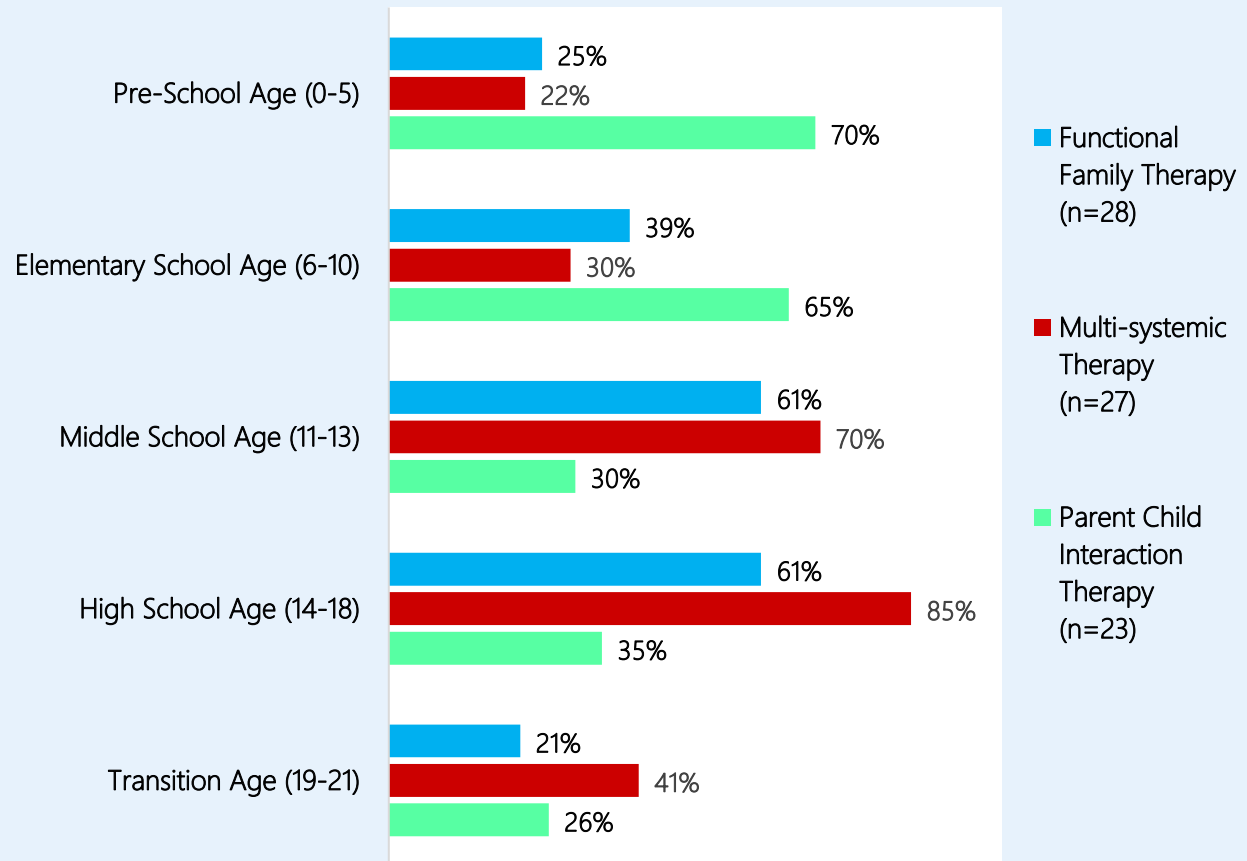
Top Three Populations with Gaps in Service Type	Percent of Responding Localities (n=54)
Youth with Multiple Mental Health Diagnoses	63%
Youth Involved with Juvenile Justice System	61%
Potentially Disrupting or Disrupted Adoptions	52%



Age Groups with Gaps in Evidence-Based Behavioral Health Services: Statewide

Lack of Access for Populations in Localities Reporting Top Service Gaps (Evidence-Based Behavioral Health)

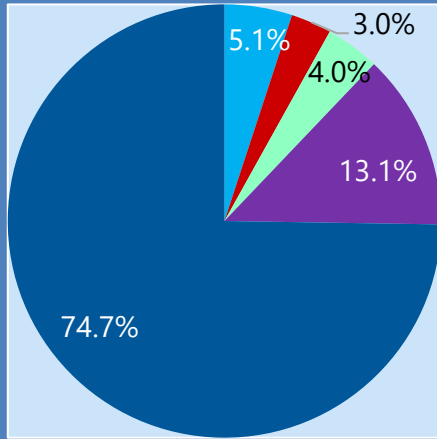
Top Three Age Groups with Gaps in Service Type	Percent of Responding Localities (n=54)
High School Age (14-18)	70%
Middle School Age (11-13)	61%
Elementary School Age (0-5)	50%



Impact of Barrier on the Ability to Develop Services: "Provider Availability"

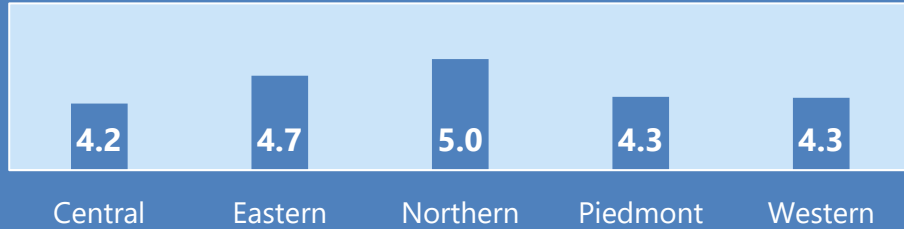
Indicate the level of impact Provider Availability had on your community's ability to develop the services that you have identified:

- 1 - "Not At All"
- 2
- 3
- 4
- 5 - "A Great Deal"



Statewide
Average:
4.5

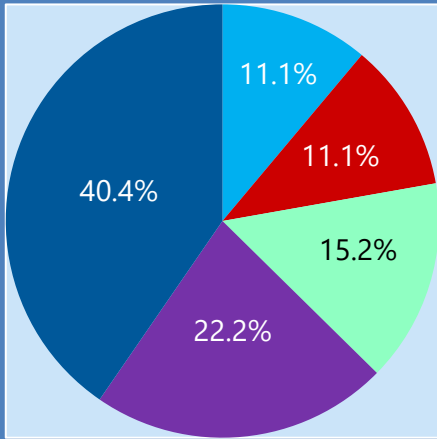
Average Ratings, by Region



Impact of Barrier on the Ability to Develop Services: "Lack of Transportation"

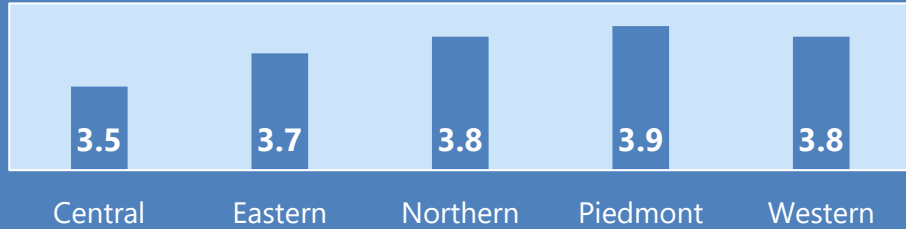
Indicate the level of impact the Lack of Transportation had on your community's ability to develop the services that you have identified:

- 1 - "Not At All"
- 2
- 3
- 4
- 5 - "A Great Deal"



Statewide Average: 3.7

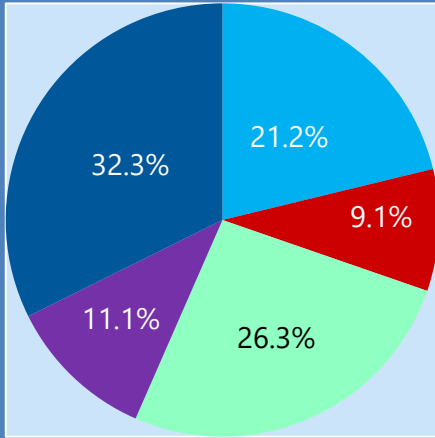
Average Ratings, by Region



Impact of Barrier on the Ability to Develop Services: *"Lack of Funding"*

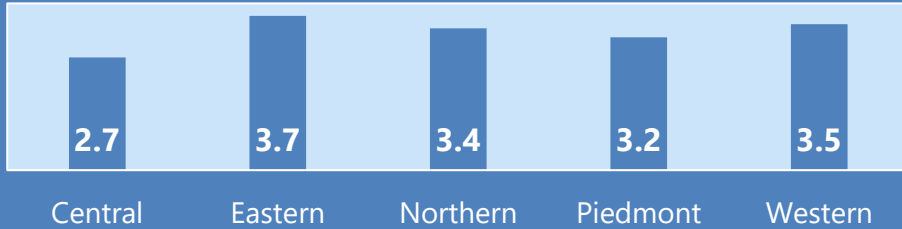
Indicate the level of impact the Lack of Funding had on your community's ability to develop the services that you have identified:

- 1 - "Not At All"
- 2
- 3
- 4
- 5 - "A Great Deal"



Statewide Average: 3.2

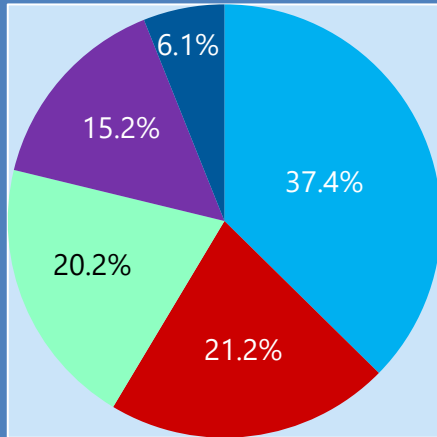
Average Ratings, by Region



Impact of Barrier on the Ability to Develop Services: "Need For Collaboration and Consensus"

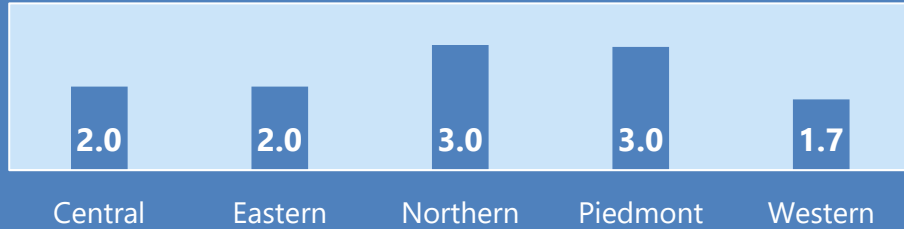
Indicate the level of impact the Need For Collaboration and Consensus had on your community's ability to develop the services that you have identified:

- 1 - "Not At All"
- 2
- 3
- 4
- 5 - "A Great Deal"



Statewide Average: 2.3

Average Ratings, by Region

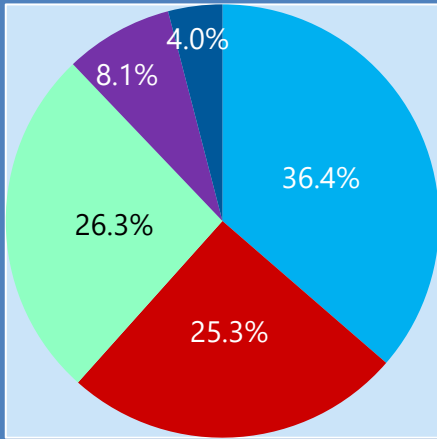


Impact of Barrier on the Ability to Develop Services:

“Need for More Information and Data”

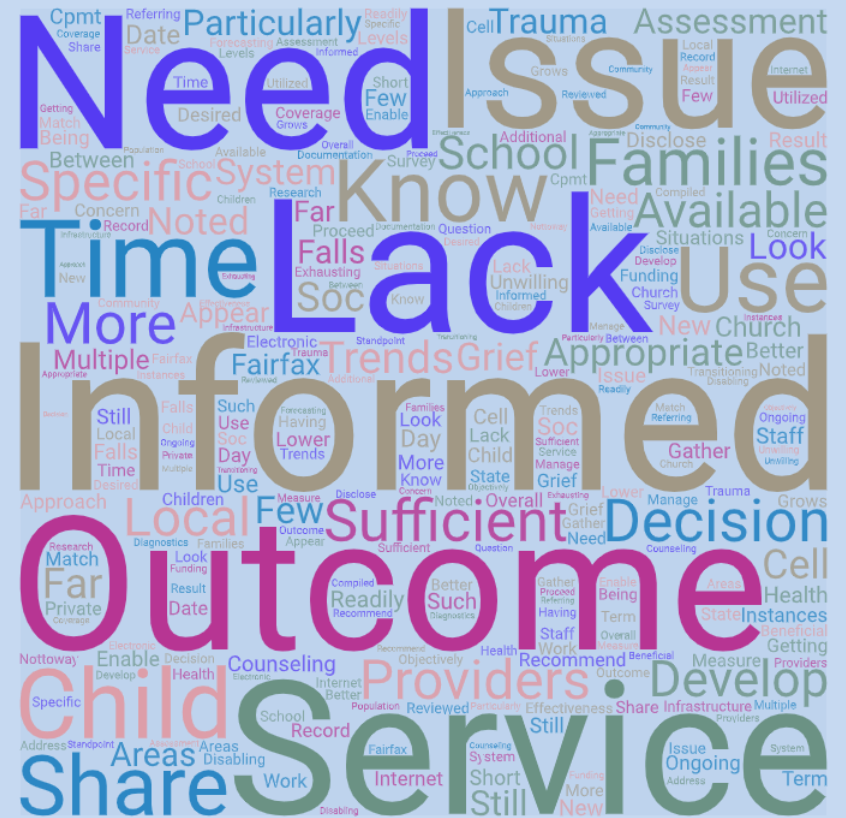
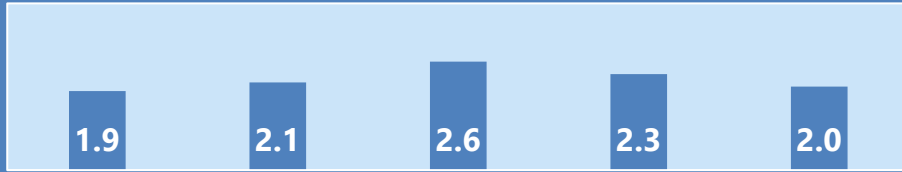
Indicate the level of impact the Need for More Information and Data had on your community's ability to develop the services that you have identified:

- 1 - "Not At All"
- 2
- 3
- 4
- 5 - "A Great Deal"



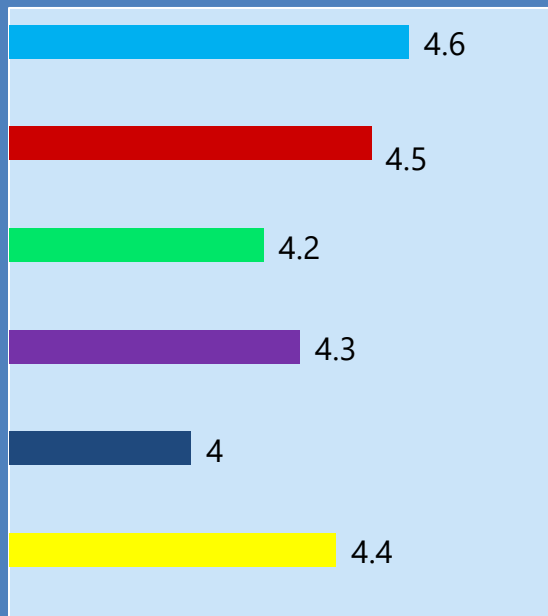
**Statewide
Average:
2.2**

Average Ratings, by Region



Impact of Barrier on the Ability to Develop Services: "Other Barriers"

Indicate the level of impact the Other Barriers had on your community's ability to develop the services the you have identified (% of responses):

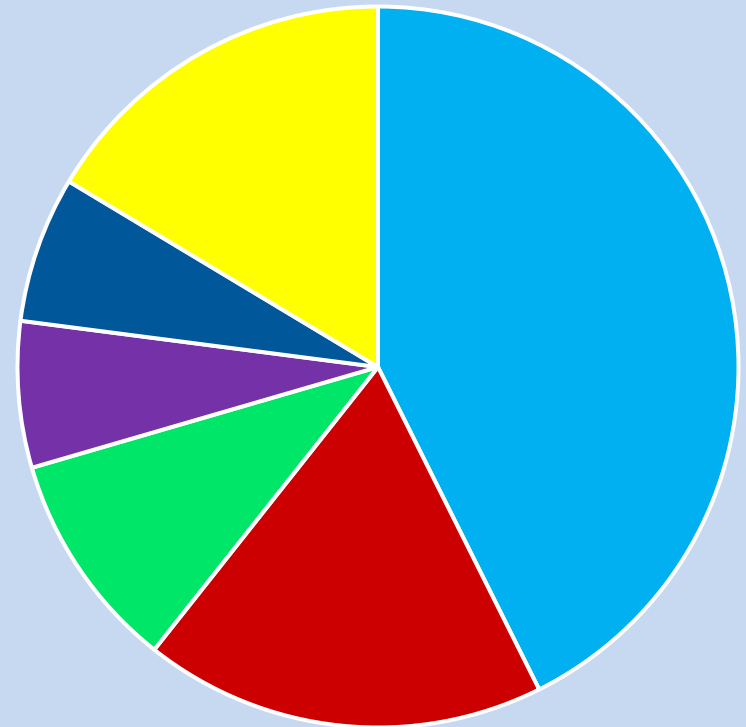


1="Not at all"

5="A great deal"

Prevalence Among "Other Barriers" Responses

- Workforce Training and Shortages
- Culturally Appropriate, Multi-lingual Resources
- COVID Effect, Younger Mental Health Issues
- Family Engagement
- Internet
- Other*



Note: 61 Other Barriers were offered by 58 localities

* Other responses included Housing, Medicaid dentistry, socioeconomic issues such as High Poverty and Low Educational Attainment, and Attachment-Focused Training

Conclusions

- Gaps in Community-Based Behavioral Services were the most prevalent statewide and in 3 out of 5 regions.
- In FY2021, Family Foster Care Homes was selected as the top individual service gap in the Commonwealth, out of 31 identified. This year, Crisis Intervention and/or Crisis Stabilization is the top individual service gap and Family Foster Care Homes is second.
- Crisis Intervention and/or Crisis Stabilization and Applied Behavior Analysis were in the top three most prevalent individual services for 3 out of 5 regions.
- Autism was the top population affected by at least one service gap statewide (identified by 89 localities, or 86%). This was higher than last year's top population of Youth with Multiple Mental Health Diagnoses (identified by 85% of responding localities this year).

Conclusions (continued)

- High School Age children (14 – 18) were the age group selected most often statewide, and in every region. This was the same as FY2021 results.
- Barriers Weighted by Ranking in Order from Highest to Lowest
 - Provider Availability
 - Lack of Transportation
 - Lack of Funding
 - Need for Collaboration and Consensus
 - Need More information and Data
- Over 80% of localities initiated actions over the past year to address these perceived barriers.