



An Overview of Medicaid Community Mental Health, and Substance Abuse Services

Presented by the Behavioral Health Unit

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Objectives of Today's Training

- Community Mental Health Services:
 - Children's Services
 - "Everyone" Services
- Community Substance Abuse Services
- Service Description
- Eligibility Criteria



Community Mental Health Services

Children's Services: Under Age 21

- Intensive In-Home Services (IIH)
- Therapeutic Day Treatment (TDT)
- Community-Based Residential - Levels A & B
- Requirement for Independent Clinical Assessment for individuals under the age of 21 seeking IIH, TDT, or Mental Health Support.



Community Mental Health Services

“Everyone” Services

- Mental Health Support – training & supports
- Psychosocial Rehabilitation – education & practice
- Day Treatment/Partial Hospitalization - groups
- Intensive Community Treatment - individual
- Crisis Intervention - prevention
- Crisis Stabilization – crisis has occurred
- Mental Health Case Management



Community Substance Abuse Services

Services for all ages:

- Substance Abuse Case Management
- Substance Abuse Crisis Intervention
- Substance Abuse Intensive Outpatient
- Substance Abuse Day Treatment
- Substance Abuse Residential Treatment for Pregnant Women



INTENSIVE IN-HOME SERVICES (assessed by licensed staff, in- home counseling by both licensed and non-licensed staff)



Intensive In-Home Services

Service Description: Intensive, time limited interventions provided typically (but not solely) in the residence of a child or adolescent under age 21 who is at risk of being moved into an out-of-home placement, or who is being transitioned to home from out-of-home placement due to a documented medical need of the child.



IIH Service Description

This service provides:

- Crisis treatment
- Individual and family counseling
- Communication counseling
- Case management activities
- Coordination with all other services child receives
- 24-hour emergency response



IIH Eligibility Criteria

- Clinical necessity which arises from a severe condition due to a mental, behavioral or emotional illness must be demonstrated; and
- This condition results in significant impairments in major life activities
- *Two* of the following must be clearly documented for the individual on a continuing or intermittent basis.....



IIH Eligibility Criteria

1. Problems in establishing or maintaining interpersonal normal relationships such that the individual is at risk of hospitalization or out-of-home placement because of conflicts with family or community;
2. Show such inappropriate behavior that repeated interventions by mental health, social services or judicial system are necessary; or
3. Demonstrate such difficulty in cognitive ability that they are unable to recognize personal danger or recognize significantly inappropriate social behavior.



THERAPEUTIC DAY TREATMENT (offered before, during, or after school)



Therapeutic Day Treatment

Service description:

A combination of psychotherapeutic interventions combined with education and mental health treatment offered in programs of two or more hours per day with groups of children and adolescents up to age 21



TDT Eligibility Criteria

Individual demonstrates a:

- Mental, behavioral or emotional illness resulting in significant functional impairments in major life activities (psychiatric diagnosis required)
- Impairment has become more disabling over time (within the past 30 days)
- Requires significant intervention services offered over a period of time that are supportive and intensive



TDT Eligibility Criteria

1. Problems in establishing / maintaining interpersonal normal relationships such that the individual is at risk of hospitalization or out-of-home placement because of conflicts with family or community;
2. Show such inappropriate behavior that repeated interventions by mental health, social services or judicial system are necessary; or
3. Demonstrate such difficulty in cognitive ability that they are unable to recognize personal danger or recognize significantly inappropriate social behavior.



RESIDENTIAL SERVICES: LEVEL A AND B GROUP HOMES



Residential Services Levels A and B

Service description: A combination of therapeutic services for children & adolescents in a residential setting. Only programs with 16 or fewer beds are eligible to provide this service.



Residential Services Level A and B

This service provides the child with structure for:

- Daily activities (not including personal care)
- Psycho-educational activities (not educational only)
- Therapeutic supervision
- Psychiatric treatment to ensure the attainment of therapeutic mental health goals as identified on the treatment plan



Level A and B Eligibility Criteria

Individuals qualifying for this service must demonstrate medical necessity for the service arising from a condition due to mental, behavioral, or emotional illness, which results in significant functional impairments in major life activities in the home, school, at work, or in the community



Level A and B Eligibility Criteria

- Medically stable, but requires intensive interventions in order to comply with mental health treatment
- Needs cannot be met with a less intense service
- Service at this level is expected to improve the child's condition or prevent regression so that the services will no longer be needed



INDEPENDENT ASSESSMENT REQUIREMENT FOR IIH, TDT, AND MENTAL HEALTH SUPPORT (only for those under age 21)



Independent Assessment

Individuals under age 21 who wish to receive IIH, TDT, or Mental Health support services must first obtain an independent assessment from a licensed MH professional at a CSB.

Assessment can recommend any services.



Independent Assessment

CSB recommendation transmitted to service authorization contractor, which makes final determination. If parents/guardians wish to obtain non-recommended services, they may submit additional information to SA contractor.



"EVERYONE" SERVICES (for all ages)



MENTAL HEALTH SUPPORT

(training and supports to enable individuals to live independently)



Mental Health Support

Service description: Mental health support services are training and support to enable individuals with significant psychiatric functional limitations to achieve and maintain community stability and independence in the most appropriate, least restrictive environment. The treatment focus is on assisting the client with independent living skills and is therefore appropriate for older adolescents and adults.



MHS Description

Agencies must provide training in or reinforcement of functional living skills and appropriate behavior related to the individual's:

- health & safety
- activities of daily living
- use of community resources
- assistance with medication management, and
- monitoring health, nutrition & physical condition



MHS Eligibility Criteria

- Clinical necessity which arises from a condition due to a mental, behavioral or emotional illness resulting in significant functional impairments in major life activities
- Individuals must meet at least two of the following on a continuing or intermittent basis.....



MHS Eligibility Criteria

- Experiencing difficulty in establishing or maintaining normal interpersonal relationships to such a degree that they are at risk of hospitalization, homelessness, or isolation from social support
- Exhibit such inappropriate behavior that repeated interventions by the mental health, social services, or judicial system are necessary



MHS Eligibility Criteria, Cont'd.

- Exhibit difficulty in cognitive ability such that they are unable to recognize personal danger or recognize significantly inappropriate social behavior
- Require help in basic living skills, such as
 - maintaining personal hygiene
 - preparing food & maintaining adequate nutrition or
 - managing finances to such a degree that health or safety is jeopardized



PSYCHOSOCIAL REHAB

(group education and practice of independent living skills)



Psychosocial Rehab

Service description: Psychosocial rehabilitation services is a program of two or more consecutive hours per day provided to groups of individuals in a non-residential setting. Services include assessment, education about mental illness, medications to prevent relapse & opportunities to learn and use independent living skills.



PSR Eligibility Criteria

- Clinical necessity which arises from a condition due to a mental, behavioral or emotional illness resulting in significant functional impairments in major life activities
- Individuals must meet at least two of the following on a continuing or intermittent basis...



PSR Eligibility Criteria, Cont'd.

- Have difficulty in establishing or maintaining normal interpersonal relationships to such a degree that they are at risk of hospitalization or out-of-home placement because of conflicts with family or community;
- Require help in basic living skills such as maintaining personal hygiene; preparing food & maintaining adequate nutrition; managing finances to such a degree that health or safety is jeopardized



PSR Eligibility Criteria, Cont'd.

- Exhibit such inappropriate behavior that repeated interventions by the mental health, social services or judicial system are necessary
- Exhibit difficulty in cognitive ability such that they are unable to recognize personal danger or recognize significantly inappropriate social behavior



PSR Eligibility Criteria, Cont'd.

Individuals must also meet **one** of the following....

- Past long-term or repeated psychiatric hospitalization;
- Lack daily living skills & interpersonal skills;
- Have a limited or nonexistent support system
- Be unable to function in the community without intensive intervention
- Require long-term services to be maintained in the community



DAY TREATMENT FOR ADULTS / PARTIAL HOSPITALIZATION (intensive group activities to stabilize psychiatric conditions)



Day Tx/Partial Hospitalization

Service description: Day treatment/partial hospitalization services available to adults shall be time limited interventions that are more intensive than outpatient services and are required to stabilize an individual's psychiatric condition. The services are delivered when the individual is at risk of psychiatric hospitalization or is transitioning from a psychiatric hospitalization to the community.



Day Tx/Partial Hospitalization

Day Treatment/Partial Hospitalization services are programs of two or more consecutive hours per day

- May be scheduled multiple times per week; and
- Provided to groups of individuals in a non-residential setting



Day Tx/Partial Hospitalization

Agencies must provide intensive, comprehensive, and multi-disciplinary treatment. Psycho-education provided on mental health topics to improve the recipient's behavioral, mental or emotional condition. Education may include:

- communication skills
- problem solving skills
- anger management
- interpersonal communication



Day Tx/Partial - Eligibility Criteria

- Clinical necessity which arises from a condition due to a mental, behavioral or emotional illness resulting in significant functional impairments in major life activities
- Individuals must meet at least two of the following on a continuing or intermittent basis...



Day Tx/Partial – Eligibility Criteria

- Experiencing difficulty in establishing or maintaining normal interpersonal relationships to such a degree that they are at risk of hospitalization, homelessness because of conflicts with family or community
- Exhibit such inappropriate behavior that repeated interventions by the mental health, social services, or judicial system are necessary



Day Tx/Partial – Eligibility Criteria

- Exhibit difficulty in cognitive ability such that they are unable to recognize personal danger or recognize significantly inappropriate social behavior
- Require help in basic living skills such as:
 - maintaining personal hygiene
 - preparing food & maintaining adequate nutrition or
 - managing finances to such a degree that health or safety is jeopardized



INTENSIVE COMMUNITY TREATMENT (ICT)

(individual psychotherapy, med
mgmt, and case management
outside the clinic setting)



ICT

Service description: ICT is an array of mental health services for individuals with a serious emotional illness who need intensive levels of support & service in their natural environment to permit or enhance functioning in the community. It is provided through a designated multi-disciplinary team of mental health professionals. It is available either directly or on call 24 hours per day, seven days per week.



ICT Eligibility Criteria

The individuals must meet one or more of the following criteria:

- Is at high-risk for psychiatric hospitalization or for becoming/remaining homeless or required intervention by the mental health or criminal justice system due to inappropriate social behavior
- Has a history (3 months or more) of a need for intensive mental health treatment or co-occurring serious mental illness & chemical addiction and demonstrates a resistance to seek out and utilize appropriate treatment options.



CRISIS INTERVENTION (crisis prevention)



Crisis Intervention

Service description: Direct mental health care, available 24 hours a day, 7 days per week, to provide assistance to individuals experiencing an acute mental health dysfunction requiring immediate clinical attention



Crisis Intervention

The objectives of crisis intervention services are:

- To prevent exacerbation of a condition;
- To prevent injury to the recipient or others;
and
- To provide treatment in the least restrictive setting



Crisis Intervention Eligibility Criteria

- Marked reduction in the recipient's psychiatric, adaptive or behavioral functioning or an extreme increase in personal distress
- Can be provided for an individual with co-occurring mental health and substance abuse services as long as treatment for the substance abuse is intended to positively impact the mental health condition



CRISIS STABILIZATION (addressing a current crisis)



Crisis Stabilization

Service description: Direct mental health care to non-hospitalized individuals of all ages who are experiencing an acute crisis of a psychiatric nature that may jeopardize their current community living situation



Crisis Stabilization

Goals of the service are to:

- Avert hospitalization or re-hospitalization;
- Provide normative environments with a high assurance of safety & security;
- Stabilize individuals in psychiatric crisis;
- Mobilize the resources of the community, family members & others for on-going maintenance & rehabilitation.



Crisis Stabilization Eligibility Criteria

- Marked reduction in the recipient's psychiatric, adaptive or behavioral functioning or an extreme increase in personal distress
- Can be provided for an individual with co-occurring mental health and substance abuse services as long as treatment for the substance abuse is intended to positively impact the mental health condition



Crisis Stabilization Eligibility Criteria

- Clinical necessity which arises from a condition due to an acute crisis of a psychiatric nature that puts the individual at risk of psychiatric hospitalization
- Individuals must meet at least two of the following at the time of admission to the service...



Crisis Stabilization Eligibility Criteria

- Experiencing difficulty in maintaining normal interpersonal relationships to such a degree that they are at risk of hospitalization, homelessness or isolation from social supports
- Exhibit such inappropriate behavior that immediate interventions by the mental health, social services, or judicial system are necessary



Crisis Stabilization Eligibility Criteria

- Exhibit difficulty in cognitive ability such that they are unable to recognize personal danger or recognize significantly inappropriate social behavior
- Experiencing difficulty in ADLs such as
 - maintaining personal hygiene
 - preparing food & maintaining adequate nutrition, or
 - managing finances to such a degree that health or safety is jeopardized



MENTAL HEALTH CASE MANAGEMENT



Mental Health Case Management

Service Description: Mental health case management services assist individual children and adults in accessing needed medical, psychiatric, social, educational, vocational, and other supports essential to meeting basic needs.



MHCM Eligibility Criteria

- Serious Mental Illness - Adults 18 years and older with severe and persistent mental or emotional disorders that seriously impair their functioning in such primary aspects of daily living
 - Personal relations
 - Self-care skills
 - Living arrangements
 - Employment

Must have a major mental disorder diagnosed using the DSM-IV



MHCM – Eligibility Criteria

Level of Disability – evidence of severe and recurrent disability resulting from mental illness that results in functional limitations in major life activities. Must meet at least two of the following criteria:

1. Unemployed, employed in a sheltered setting or supportive work situation; has markedly limited or reduced employment skills; or has a poor employment history
2. Requires public financial assistance to remain in the community and may be unable to procure such assistance without help



MHCM Eligibility Criteria

3. Has difficulty establishing or maintaining a personal social support system;
4. Requires assistance in basic living skills such as personal hygiene, food preparation, or money management; or
5. Exhibits inappropriate behavior that often results in intervention by the mental health or judicial system



MHCM Eligibility Criteria

- Serious Emotional Disturbance – Children ages birth through 17 who have a serious mental health problem that can be diagnosed under the DSM-IV
- Must exhibit all of the following:
 - a. Problems in personality development and social functioning that have been exhibited over at least one year's time; and



MHCM Eligibility Criteria

- b. Problems that are significantly disabling based upon the social functioning of most children of that age; and
- c. Problems that have become more disabling over time; and
- d. Service needs that require significant intervention by more than one agency



MHCM Eligibility Criteria

At Risk of Serious Emotional Disturbance

Children ages birth through seven are considered at risk of developing emotional disturbances if they meet at least one of the following criteria:

- a. The child exhibits behavior or maturity that is significantly different from most children of that age and which is not primarily the result of developmental disabilities or intellectual disability/mental retardation;



MHCM Eligibility Criteria

- b. Parents, or persons responsible for the child's care, have predisposing factors themselves that could result in the child developing serious emotional or behavioral problems; or
- c. The child has experienced physical or psychological stressors that have put him or her at risk for serious emotional or behavioral problems



SUBSTANCE ABUSE SERVICES



SUBSTANCE ABUSE CASE MANAGEMENT



SA Case Management

Service description

- SA Case Management assists with accessing needed substance abuse, medical, psychiatric, social, educational, vocational services & other supports essential to meeting basic needs
- If client has co-occurring mental health and SA disorders, the case manager should address both the MH & SA disorders
- Only one type of case management may be billed at one time



SA Case Mgmt Eligibility Criteria

- Recipient must meet DSM-IV-TR diagnostic criteria for Axis I substance-related disorder. Nicotine or caffeine abuse or dependence is not covered.
 - Must require case management based on an appropriate assessment and supporting documentation
 - Must be an “active client,” -- requires regular direct or client-related contacts, communication or activity



SUBSTANCE ABUSE CRISIS INTERVENTION



SA Crisis Intervention

Service description: Crisis Intervention services are SA treatment interventions available 24/7 to provide assistance to individuals experiencing acute dysfunction related to substance use which requires immediate clinical attention

The objectives are:

- To prevent exacerbation of a condition;
- To prevent injury to the recipient or others; and
- To provide treatment in the least restrictive setting.



SA Crisis Intervention Eligibility Criteria

- SA Crisis Intervention services are provided following a marked reduction in the recipient's psychiatric, adaptive, or behavioral functioning or an extreme increase in personal distress
- If an individual has co-occurring mental health and substance use disorders, integrated treatment for both disorders is allowed within Substance Abuse Crisis Intervention Services



SUBSTANCE ABUSE INTENSIVE OUTPATIENT



SA Intensive Outpatient

The provision of coordinated, intensive, comprehensive, multidisciplinary treatment through a combination of diagnostic, medical, psychiatric, and psychosocial interventions. Intensive outpatient services include assessment, treatment planning, counseling, medication monitoring, behavior management, and psycho-education.



SA Intensive Outpatient Eligibility Criteria

- Recipient must meet DSM-IV-TR diagnostic criteria for Axis I substance-related disorder. Nicotine or caffeine abuse or dependence are not covered. American Society of Addiction Medicine (ASAM) criteria is used to determine the appropriate level of treatment.
- If individual has co-occurring mental health / substance use disorders, integrated treatment for both disorders is allowed within SA IOP treatment.



SUBSTANCE ABUSE DAY TREATMENT



SA Day Treatment

Service description: Day treatment is the provision of coordinated, intensive, comprehensive, and multidisciplinary treatment through a combination of diagnostic, medical, psychiatric, and psychosocial interventions. Day Treatment services include assessment, treatment planning, counseling, medication monitoring, behavior management, and psycho-education.



SA Day Treatment Eligibility Criteria

- Recipient must meet DSM-IV-TR diagnostic criteria for Axis I substance-related disorder. Nicotine or caffeine abuse or dependence is not covered. American Society of Addiction Medicine (ASAM) criteria will be used to determine the appropriate level of treatment.
- If individual has co-occurring mental health / substance use disorders, integrated treatment for both disorders is allowed within SA Day Treatment.



SUBSTANCE ABUSE RESIDENTIAL TREATMENT FOR PREGNANT WOMEN



SA Residential Treatment - Pregnant Women

Service description: Comprehensive and intensive intervention services in residential facilities, other than inpatient facilities, for pregnant and postpartum women with serious substance abuse problems for the purposes of improving the pregnancy outcome, treating the substance abuse disorder, strengthening the maternal relationship with existing children and the infant, and achieving and maintaining a sober and drug-free lifestyle.



SA Residential Treatment - Pregnant Women-Eligibility

- Woman must agree to participate in developing and complying with treatment plan; utilize measures to negotiate changes in her treatment plan; fully participate in treatment; and complete treatment.
- The woman must be pregnant at admission and intend to complete the pregnancy



SA Residential Treatment-Pregnant Women-Eligibility

- The woman must:
 - Have used alcohol or other drugs within six weeks before referral to program;
 - Be participating in less intensive treatment for SA and be assessed as a high risk for relapse without more intensive intervention and treatment; or
 - Within 30 days of admission, have been discharged from a more intensive level of treatment
- The woman must be under the active care of a Medicaid participating physician who has privileges at a Medicaid participating hospital



OPIOID TREATMENT



Opioid Treatment

Service description: Major substance abuse treatment and psychiatric, psychological and psychoeducational modalities to include: individual, group counseling and family therapy; education about the effects of alcohol and other drugs on the physical, emotional, and social functioning of the individual; relapse prevention; occupational and recreational therapy, or other therapies.



Opioid Treatment, Eligibility Criteria

- Meet DSM diagnostic criteria for an Axis I Substance Use Disorder, with the exception of nicotine or caffeine abuse or dependence. American Society of Addiction Medicine (ASAM) criteria will be used to determine the appropriate level of treatment.
- If an individual has co-occurring mental health and substance use disorders, integrated treatment for both disorders is allowed within Opioid Treatment.



**Email any questions related to
Behavioral Health Policy to:
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