



Youth and Family Training Institute

PH: 1-866-462-3292
E-MAIL: YFTI@upmc.edu

Define specific behavior (frequency, intensity, duration)

Before

Triggers and Setting Events

- What makes behavior more likely to occur?
- Who and what makes things worse?
- What happens right before?

During

Function of the Behavior

Best guess why?



What does it look like when the behavior is beginning?

After

Response from environment

Reinforcers and Consequences

- What is reinforcing the behavior?
- Does the event get talked about or ignored?

What are the exceptions?

What or who makes it better?

What has worked?

Strengths for Planning

Prevention Steps

What will be done to prevent identified trigger

Early Intervention

Teach and Reinforce a Replacement Behavior

Intervention Steps

Crisis Plan & Change Environmental Response

Any Natural Supports?

Who can help?