

Family Support PARTNERS OF VIRGINIA

Putting Youth and Young Adults in the Driver's Seat of Their Care

> CSA Conference November 1, 2022

ENGAGE. EDUCATE. EMPOWER.

This breakout session is brought to you by a partnership between the Office of Child & Family Services at the Department of Behavioral Health and Developmental Services, Family Support Partners of Virginia, and NAMI VA – Youth MOVE Virginia.







TODAY'S FOCUS

- Overview of Youth peer support in Virginia
- Insight from Young Adults on their system(s) experience and recovery journeys.









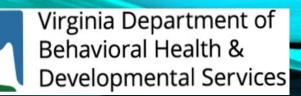
HOW DID WE GET HERE?

YOUTH PEER SUPPORT IN VIRGINIA



Family Support

PARTNERS OF VIRGINIA



VIRGINIA'S SYSTEMS OF CARE

A broad, flexible and effective array of services and supports that is coordinated across multiple stakeholder agencies, culturally and linguistically competent and builds partnerships with families at both the service delivery and policy levels.



http://www.vasystemofcare.org/







Children's Services Act 1993

 Creation of Children's Services Act (Code of Virginia §2.2-5200) Partnership between state/local government to create a collaborative system of child-centered. family- focused and community-based services and funding addressing strengths and needs of troubled youth in Virginia.

SOC Planning Grant 2011[^]

1-year grant funded by SAMHSA*.
Grounded in SOC philosophy targeting children and youth with serious emotional disturbances and their families.
Strategic plan for improving and expanding services developed by crossagency team. SOC Expansion/ Implementation Grant 2012

- 4-year grant funded by SAMHSA
- 14 localities funded to expand SOC through Intensive Care Coordination to provide High Fidelity Wraparound (HFW)
- •HFW is a family driven, strengthsbased care coordination process that embodies the SOC values and principles at the service level for children and families facing mental health challenges.

SOC Expansion and Sustainability Grant 2016

- 4-year grant funded by SAMHSA.
- 42 localities funded to provide HFW
- •14 localities funded (localities from 2012 grant) to provide Family Support Partner Services as either a stand-alone service or in addition to other community-based services for youth and families.

http://www.vasystemofcare.org/soc-history-in-virginia/

^Grant funding received by the Virginia Department of Behavioral Health and Developmental Services from the Substance Abuse and Mental Health Services Administration (SAMHSA)*.













December: DBHDS -Creating Opportunities Peer Workforce Development Advisory Group created

Review of national and international training programs January: DBHDS – The Office of Recovery Services incorporated the perspective of individuals with lived experience in policy development and strategic planning

Implementation of the VA Peer Recovery Specialist Certification process Key stakeholders participated in reviewing and providing feedback to create a basic Mental Health Substance Abuse Peer Recovery Specialist Training manual that is unique to VA



Family Support Partners of Virginia





PARENT LEADERS IN VIRGINIA



- In 2011, National Alliance on Mental Illness

 Virginia (NAMI VA) was awarded a grant through DBHDS to develop a statewide family network
- Designed to support, educate, and empower other families with children and youth with mental health needs while also promoting family-driven and youthguided policy throughout the childserving systems.

https://namivirginia.org/virginia-familynetwork/





Youth MOVE (Motivating Others through Voices of Experience) is a platform for young people to share their stories and inspire others. YMV is Virginia's Statewide Youth Network and voice for young people with systems experience. In addition to the mental health system, YMV is open to youth and young adults (ages 14-29) who have experience in the child welfare, education, or juvenile justice systems, including foster care and substance use/recovery services.





SUPPORT FOR YOUTH & YOUNG ADULTS

- Created in 2014 through support with DBHDS
- Youth Advisory Council 15 members
- Social media presence

https://namivirginia.org/youth-move-virginia/





YOUNG PEOPLE IN RECOVERY



https://www.saara.org/ypr







Virginia Department of Behavioral Health & Developmental Services

Young People in Recovery (YPR) is a national organization that provides resources for individuals who are in or are seeking recovery. The resources available through YPR include All-Recovery Meetings, pro-social events, workshops, and advocacy opportunities. These resources are age-friendly and promote the idea that recovery can be exciting and fun. Young People in Recovery envisions a world where all young people can thrive in their recovery and be able to meet their full potential.

TODAY'S PANELISTS

Ashley Fitzkee, PRS, YSP; Young People in Recovery Coordinator

Kathryn Shackleford, R-CPRS, YSP



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TO KNOW THE ROAD AHEAD, ASK THOSE COMING BACK ~Chinese Proverb

What Questions Can I Answer for You?









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