

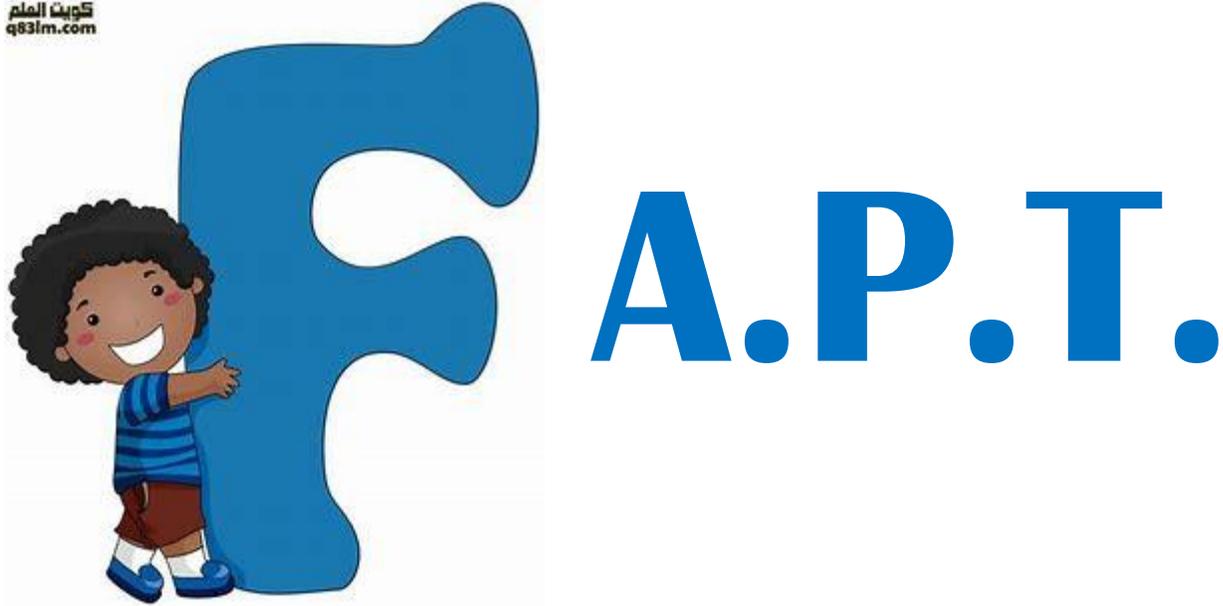
THE FAMILY FRIENDLY FACT



FAMILY ASSESSMENT AND PLANNING TEAM

The Family Assessment and Planning Team, shall assess the strengths and needs of troubled youths and families who are approved for referral to the team and identify and determine the complement of services required to meet these unique needs.

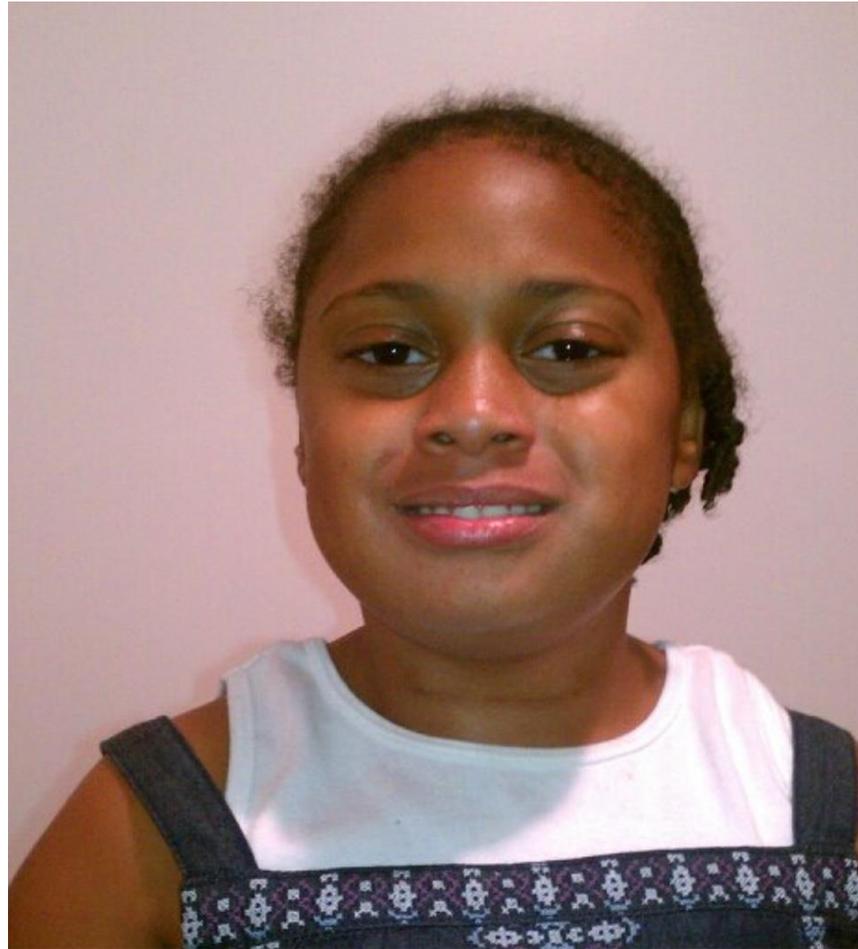




Take Aways:

- Share ideas and provide food for thought about current FAPT practices
- Provide tips of how to enhance your engagement of families in your work with families

TALYA'S STORY



Tia



- Who was the existing support system?
- Prior to FAPT, what services had been in place?
- As a parent what was it like to initially ask for help?
- What was the experience like when first navigating the system?

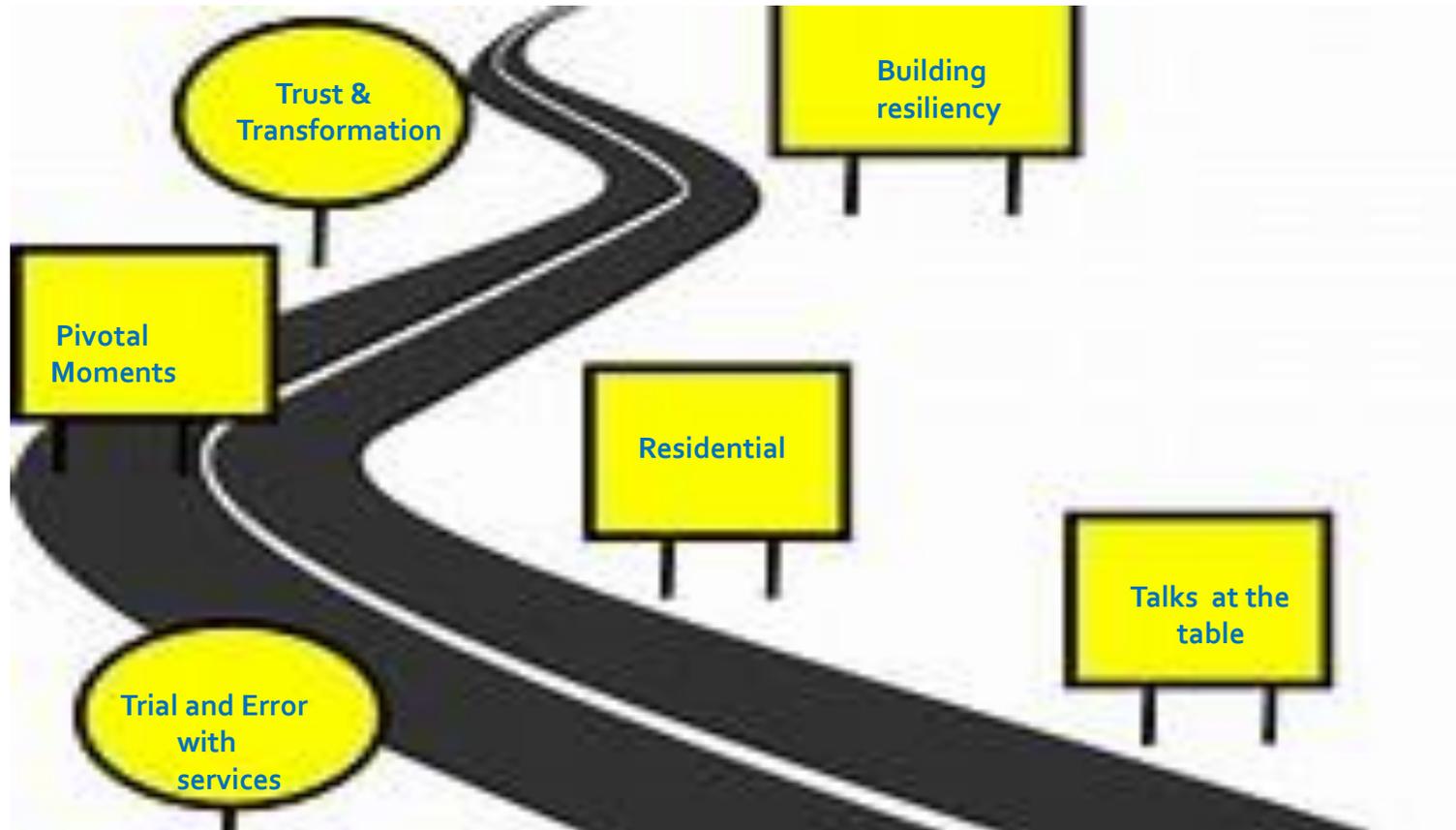
THE WEB OF CONFUSION





The Fullers meet
FAPT

The FAPT Journey



Dr. Michael Ungar, Ph.D : What is Resilience

- <https://youtu.be/15D1QuNLHoc>

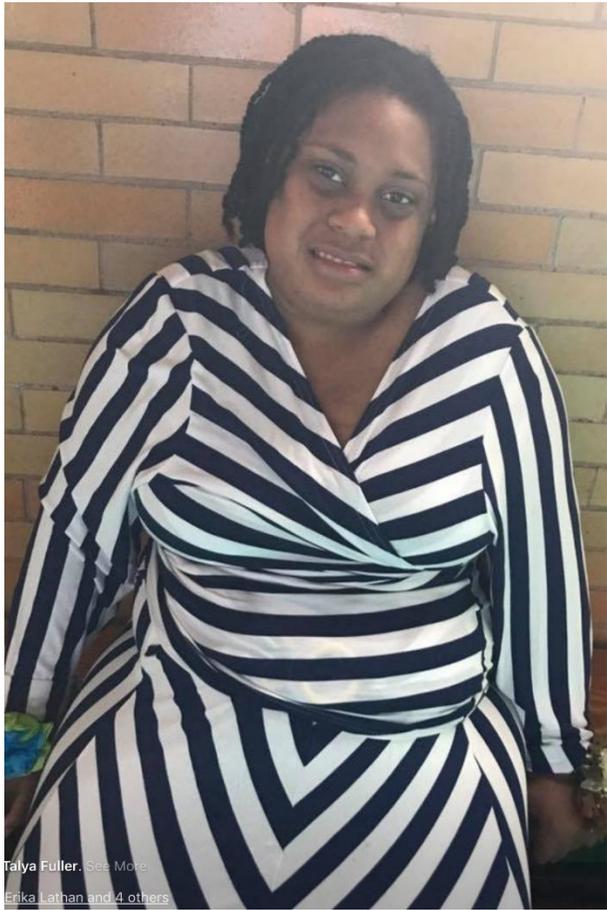
Life after residential

Some Successes....



Some Obstacles





Talya Fuller, See More
Erika Lathan and 4 others





Family Engagement begins before FAPT

Points for people to remember when preparing your families for FAPT:

- Outline what your role / responsibility is to them as their FAPT case manager
- Assist them by explaining where FAPT is located, where to go the day of the meeting, and arrange to meet them in the lobby to wait for the case to be heard.
- Tell them who will be in the room and what agencies are represented.
- Explain what the purpose of FAPT is and what role FAPT plays for them:
- Reinforce that FAPT's role is to partner with them to identify the strengths and needs and recommend services that would assist them in getting their needs met.
- Encourage them to bring supports, speak openly, and to advocate for their needs
- Encourage them to be an active participant in all areas of service planning and treatment
- Prepare them with what questions they might be asked during the meeting and why that information is needed.

Be prepared to have discussions in FAPT related to difficult issues. Prepare your families to have discussions related to topics such as these:

- Families should be prepared to talk about their needs
- When a family is not engaged in services
- When a facility is not delivering the quality of service expected
- When information needed to do service planning is missing or not being communicated
- When the service is not working, has gone on too long, or needs revision
- Discussion of safety risks
- Discussion of the need for services to increase or decrease based on need (ie: discharge planning to a less restrictive setting or increasing to a more restrictive setting)

As the case manager who is leading the family through this process, remember what FAPT is not.

While it is a time to address and discuss difficult issues needed to formulate a good service plan... FAPT is not:

- a therapy session
- an appropriate place to drop unexpected information that the family / team is not prepared for
- a time to talk at length about details that are not relevant to FAPT's role and purpose.
- a time to discuss past or recent trauma in depth. Be aware and sensitive to the family's current emotional state – and the fact that we are in a position to re-traumatize our families by having them re-tell their story over and over or by disclosing sensitive information without their prior consent