

Sustaining and Enhancing Systems of Care During Turbulent Times

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Today's Presentation . . .

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- Research and related literature & takeaways on coping with turbulence and uncertainty
- Key coping principles and strategies
- Examples of presenters' efforts during these conditions
- Sources of current turbulence ~ national and local levels
- Participants examples of current challenges
- Brainstorm ways to help participants deal with their challenges
- Recap and synthesis of presentation
- Input from participants on lessons learned

Example of Preparing for a Future Threat to a Public Behavioral Health Facility

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- Early warning signs
- Getting ready for a potential threat
- The threat
- Our response
- Outcome
- Lessons learned

Example of Preparing for a Future Threat due to Local Funding Reductions ~ “Doomsday(s) Budget”

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- Preparing for the threat
- The threat
- Our response
- Outcome
- Lessons learned

Sources of Current Turbulent Times for CSA personnel, consumers, organizations, systems

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- National/Federal
 - Political polarization/anti-healthcare human services policy/orientation
 - Cutback in federal funding/grants
 - Potential economic turndown and resulting stresses/hardships leading to more emotional/behavioral challenges for children and adults
 - Dysfunctional Congress limiting budget and policy progress

Sources of Turbulent Times for CSA personnel, consumers, organizations, systems

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State/local

- Residual effects of the pandemic
- Cutback in state and local funding
- Impact of loss of jobs in health/human service organizations on resource/service delivery capacity
- Potential loss of resiliency among leadership and staff due to added professional and personal stressors
- Impact of turmoil, loss of services and other economic pressures on consumers
- Tendency for agency/organizational leadership to retreat to their own individual/organizational vested interests, moving away from collaborative efforts
- Reduced functioning of local government due to political turmoil, anti-health/human services policy, and reduced funding
- Lack of preparation for dealing with turmoil/crisis

How the Past Informs the Future

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- Origin and purpose of CSA
- Maintaining a Focusing on Principles/Values

Balance is Required

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- Appropriate attention to integrity and survival of participating organizations
- Deal with tensions constructively
- Considerable negotiation and compromise
 - Local-State authority/roles
 - Fiscal vs service goals
 - Agency autonomy/convenience vs complexity of collaboration
 - Regulation/accountability vs flexibility and unique local structure/culture



Looking to the Future . . .

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- CSA continues to achieve positive results, continues to receive political support, and since its inception has responded to changing demands and conditions.
- CSA's implementation has never been without challenges.
- Aspects of CSA's forward path might have uncertainty and continue to change, however what is certain is that you must be a part of that!

Your “Balancing Act” Experiences?

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Your “Balancing Act” Experiences?

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- Comments and questions about this presentation
- Soliciting input on your issues and ideas