

Are you a youth in foster care?

Take this free online course to learn more about online safety!



You and Social Media: Create, Connect, Protect



Designed for youth ages 14 and up, this eLearning explores the role of social media in identity, relationships, and self-expression.

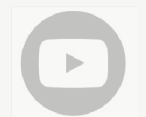
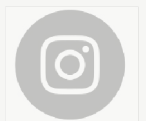
Through interactive activities and relatable scenarios, you will see how choices online can impact future

opportunities and relationships. The course also

encourages open communication with caregivers and

caseworkers, highlighting the importance of partnership and

support in navigating digital life.



Access the training here:
tinyurl.com/CWSE5506



VIRGINIA DEPARTMENT OF
SOCIAL SERVICES