

## Digital Safety & Connection: Supporting Youth in Safe Social Media Use



Social media can be both a powerful connector and a source of risk for children and youth. This interactive eLearning helps Resource Families, Caregivers, and Family Services Specialists recognize the unique risks and benefits of social media, while providing practical ways to support safe and positive online engagement.

## Learners will explore:

- real-world scenarios
- · practice decision- making
- gain strategies to move from monitoring toward mentoring youth in their digital lives.

The course emphasizes trauma-informed approaches and youth perspectives, culminating in a tailored Digital Engagement Action Plan that learners can put into practice immediately.



Search the Commonwealth of Virginia Learning Center for CWSE5505





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