

Evidence-Based Programs



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Topics include:

- What is an Evidence Based Program (EBP)?
- What are the key features of programs that are ‘evidence-based?’
- What is an EBP registry and how will Virginia use it?
- Why is fidelity important?
- What are some lessons learned from existing implementation efforts that relate to the success and sustainability of EBPs?

EBA supports families and strengthens communities through the high-quality implementation of evidence-based programs. With backgrounds in social services, juvenile justice, evidence-based programs, information technology, and human resources, EBA's multi-disciplinary team brings years of experience in evidence-based program implementation and management.

Washington, DC

- 8 EBPs
 - 1 MST/ 2 FFT
- 25+ providers
- Served 2500 + youth & families since 2010

Florida

- 5 EBPs
- 12 providers
- 10,000+ hi-risk youth
- Achieved a 75% success rate
- Recidivism ↓ 41%
- Saved > \$250 mil

Georgia

- 5 EBPs
- 3,000 + youth
- Reduce placements by 31% in EBA communities compared to those without EBA support.

We Produce Exceptional Results

"EVIDENCE-BASED"

**YOU KEEP USING THAT WORD. I DO NOT THINK
IT MEANS WHAT YOU THINK IT MEANS.**

What is an
Evidence-Based
Program?



How many Skittles?

How many Skittles?

= 184.484



Components of Evidence-Based Practices

Specific

- The problem, outcomes, population, and intervention method are clearly defined.

Evaluated

- Studies found the intervention to produce both valid and reliable results. This includes a random-control trial (two RCT for Model+ Programs).

Impact

- The positive outcomes can be attributed to the program (and not other factors) without harm. This includes a sustained positive outcome for at least 12 months after discharge for Model+ Programs.

Dissemination

- The program can be readily shared in other contexts including administration, organization, and training support.

Generalized

- The evaluation has been replicated by an independent researcher to find similar results.

Well Supported

- Improved outcome must be based on the results of at least 2 studies that used a random control or quasi-experimental trial
- Carried out in a usual care or practice setting
- Sustained effect for at least one year beyond the end of treatment

Supported

- Improved outcome must be based on the results of at least one study that used a random control or quasi-experimental trial
- Carried out in a usual care or practice setting
- Sustained effect for at least 6 months beyond the end of treatment

Promising

- Improved outcomes must be based on at least one study that use some form of control group

Evidence-Based Models

Where to find them?

Common Registries Available



BLUEPRINTS

WWW.BLUEPRINTSPROGRAMS.ORG/



CALIFORNIA
CLEARING HOUSE

WWW.CEBC4CW.ORG/



Children's Bureau
ABT Associates

Let's take a look together

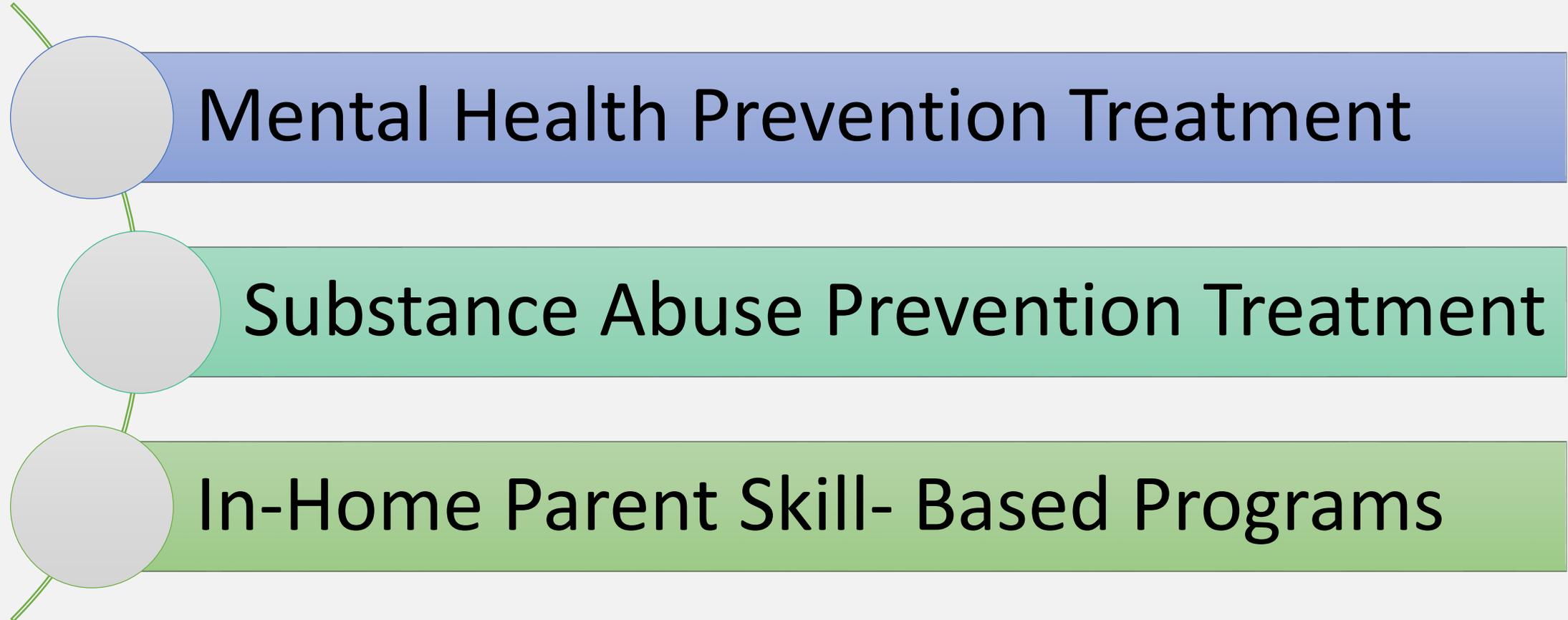


<p>BLUEPRINTS PROGRAMS WHO WE ARE</p>  <p>BLUEPRINTS FOR HEALTHY YOUTH DEVELOPMENT helps you easily identify evidence-based programs that help young people reach their full potential. Get ahead of serious challenges that influence children's success with programs that have the highest standards for promoting prosocial behavior, academic success, emotional well-being, physical health and positive relationships. More about evidence-based programs here.</p>	<p>EVIDENCE-BASED PROGRAMS REVIEWED BY BLUEPRINTS PREVENT:</p>  <p>BULLYING IN SCHOOLS YOUTH VIOLENCE TEEN SUBSTANCE ABUSE ANTISOCIAL, AGGRESSIVE BEHAVIOR CHILDHOOD OBESITY SCHOOL FAILURE DELINQUENCY YOUTH DEPRESSION/ANXIETY</p>	<p>LEARN MORE ABOUT BLUEPRINTS VIEW VIDEOS</p>    <p>WHY USE BLUEPRINTS HOW BLUEPRINTS HELPS</p>
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We review and rate programs that promote positive youth development.
Find a program that matches your needs with the tools below or [VIEW ALL PROGRAMS](#) »

<p>SEARCH ALL CRITERIA STEP BY STEP</p> <p>This approach walks you through our PROGRAM SELECTOR to view all criteria IN 4 EASY STEPS.</p> <p>START >></p>	<p>SEARCH ALL CRITERIA AT ONCE</p> <p>This approach allows you to view all criteria of our PROGRAM SELECTOR AT ONCE.</p> <p>START >></p>	<p>SEARCH BY KEYWORD</p> <p>USE TERMS AND PHRASES to search our database.</p> <p>Enter Keyword... >></p> <p>Optional: Narrow search to a specific category: <input type="text"/></p>
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IV-E Reimbursable Services, through Families First



Trauma Informed

Initial List of Services Under Review

Mental Health

Parent-Child Interaction Therapy
Trauma-Focused Cognitive Behavioral Therapy
Multisystemic Therapy
Functional Family Therapy

Substance Abuse

Motivational Interviewing
Multisystemic Therapy
Families Facing the Future
Methadone Maintenance Therapy

In-Home Parent Skill-Based

Nurse-Family Partnership
Healthy Families America
Parents as Teachers

Kinship Navigator

Children's Home Inc. Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-Tech)
Children's Home Society of New Jersey Kinship Navigator Model

Borrowed
from VA DSS

Why buy-in?

As a Provider

As a Funder

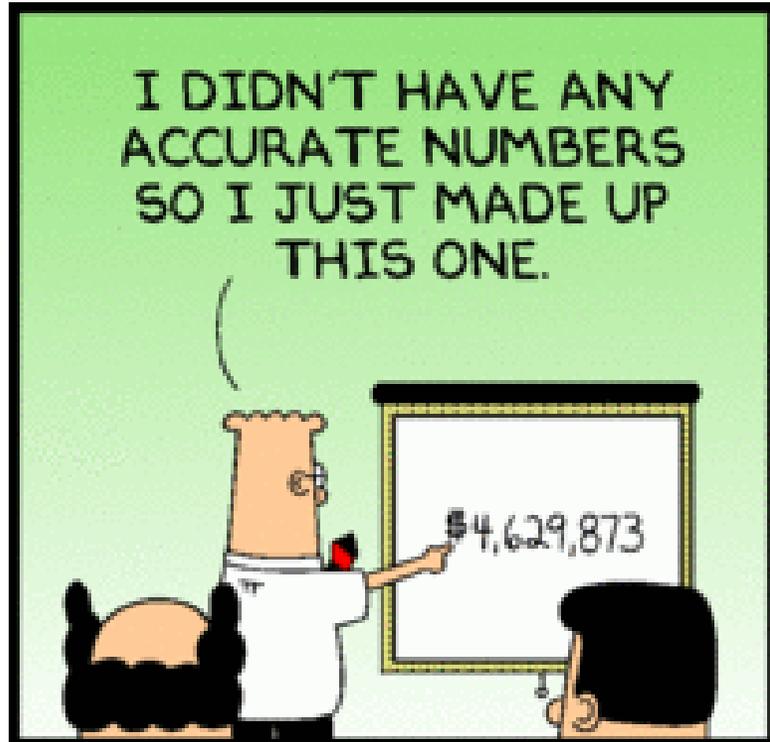


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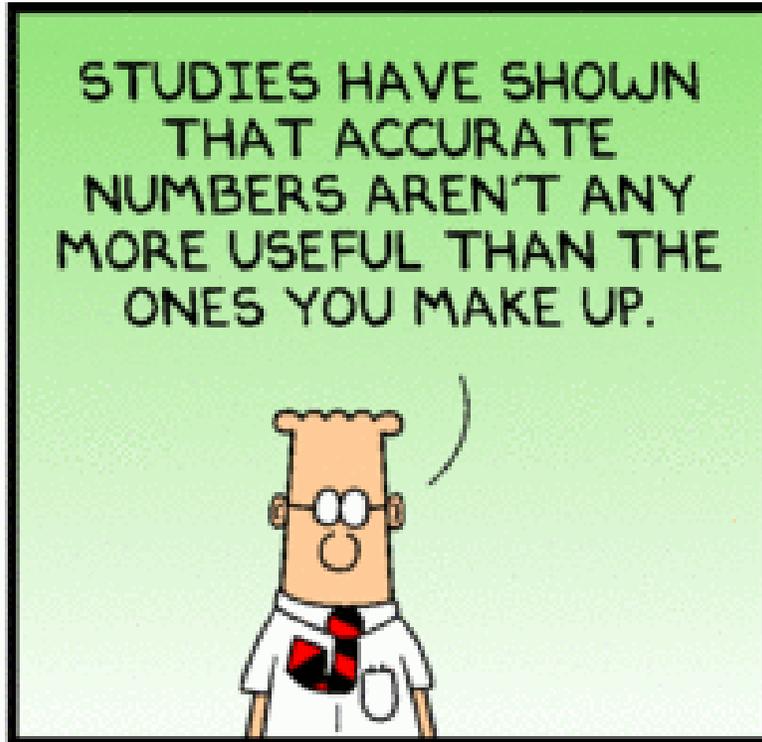
Lessons Learning

Fidelity Matters

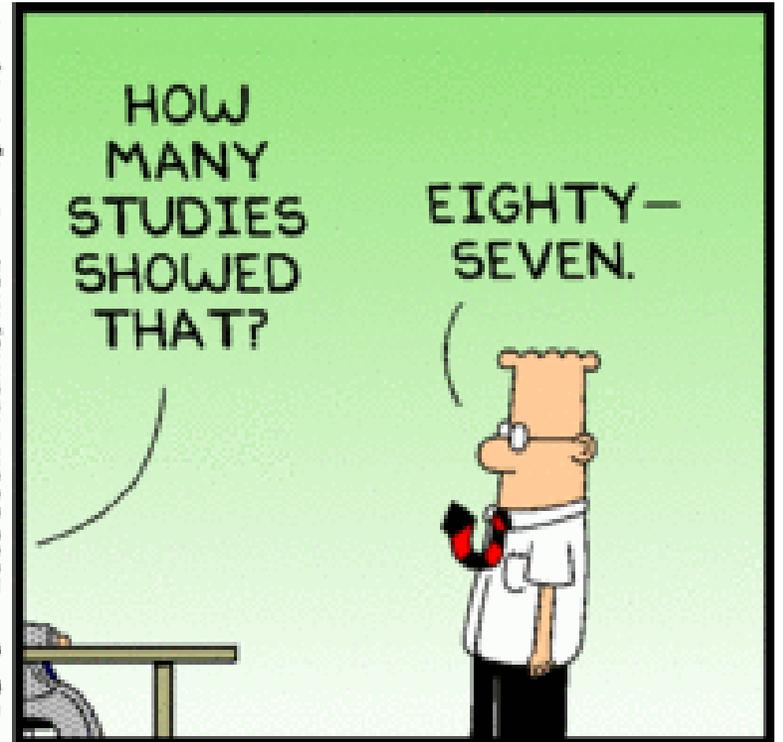
Ask to see and review the data.



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Have Realistic Expectations



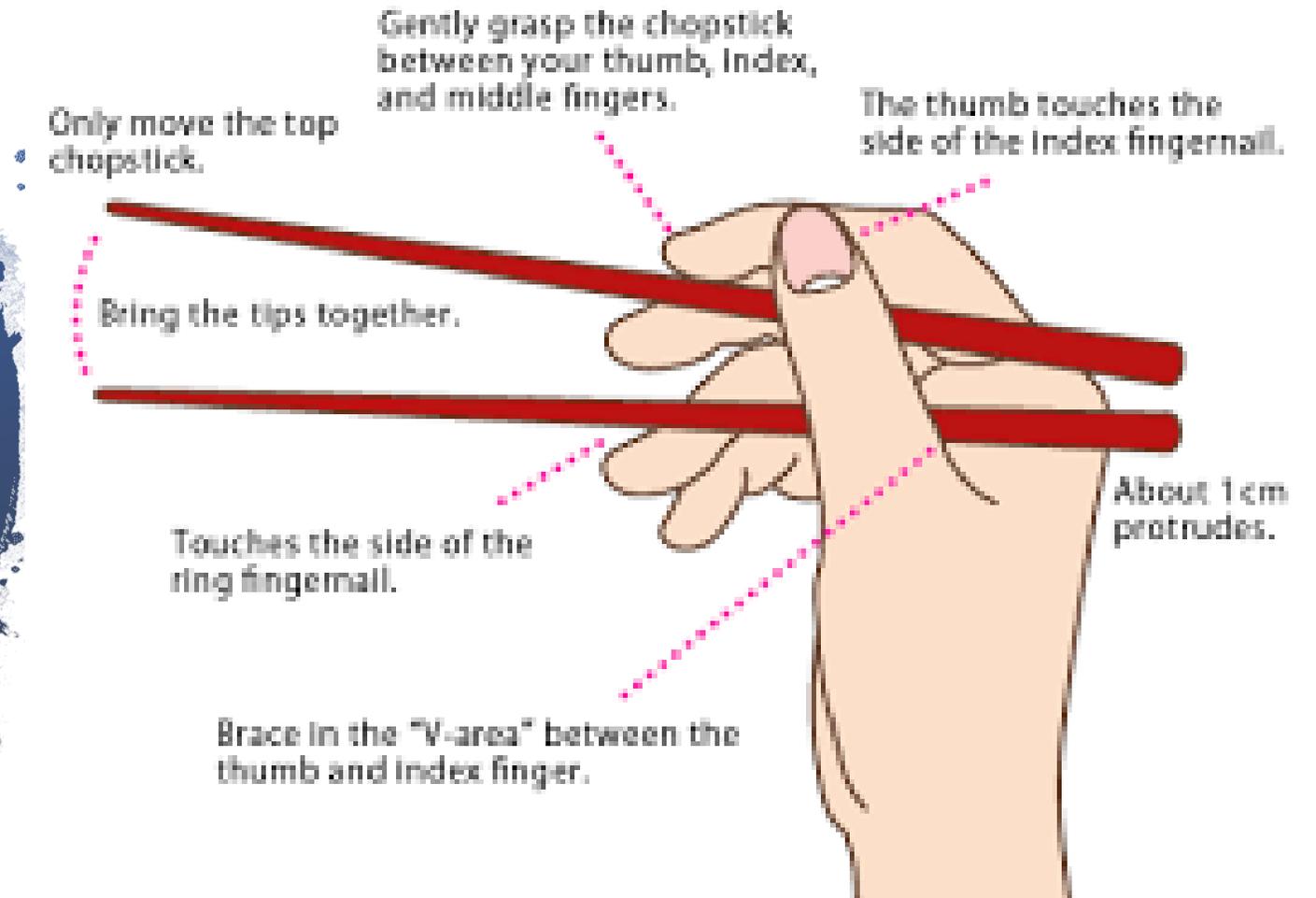
One more great
service is not better,
it's only more.



Utilization numbers matter.

Use the Right EBP

at the right time,
for the right youth.



DRAMATIC COST SAVINGS FOR COMMUNITIES

MST[®]
Services

MST DELIVERS
**SUPERIOR CLINICAL
& FINANCIAL RESULTS**
RELATIVE TO INCARCERATION AND
ALTERNATIVE TREATMENTS

UP TO
\$23.59
ROI FOR EVERY
DOLLAR SPENT

UP TO
\$200K
NET BENEFIT
PER YOUTH

**Journal of Family Psychology*

JUMPING BEAN

I am a **BEANDITO**.

First, I was an egg laid in a Sebastiana tree in Mexico by a Laspeyresia moth.

Then I hatched into a caterpillar.

Now I live inside a seed pod.

I jump because I am eating the seed inside and am spinning a cocoon.

To make me jump, hold me gently in your hand to warm me up.

Eventually, I will turn into a tiny, harmless moth and, when this happens, set me free to fly away.

Don't worry, I am USDA approved.

I hate clothes and am completely non-toxic and harmless.

For care and cool Beandito stories go to:

www.JBEAN.com



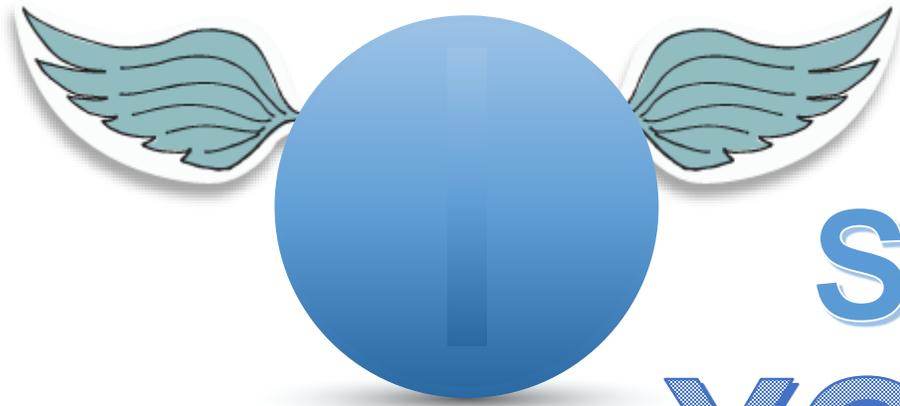
CRISPIDO BEANDITO

Jumping Bean

Be willing to try something new:
Don't be a 'Mexican Jumping Bean'

A few last notes

- Be informed
- Review the registries
- Attend Stakeholder meetings and maintain on-going communication with providers



**SPREAD
YOUR WINGS
AND TRY
Something New**



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SUPPORTING FAMILIES, STRENGTHENING COMMUNITIES.

www.evidencebasedassociates.com/

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