



Intercept

LASTING. POSITIVE. IMPACT.

Effective Interventions to Promote Academic Success for Students with Mental Illness

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Today's Discussion

- Barriers to Student Success
- Statistics
- Shared Goals
- Influencing Academic Achievement
- Mental Health Services - Provided by School Systems & Providers
- Therapeutic Day Treatment
- Promising Practices



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Barriers to Student Success

- Culture
- Language
- Barriers/ESL
- Environmental
- Family Engagement
- Poverty
- Families in Transition
- Truancy
- Individual Disabilities
- Mental Illness

Virginia Statistics

- Schools/Students
 - (FY 16)– 2,107 / 1,274,419
 - (FY 17)– 2,108 / 1,281,689
- Students with Disabilities (FY 16) – 168,943
 - Specific Learning Disability – 54,763
 - Other Health Impairment – 33,336
 - Autism (includes all Autism Spectrum Disorders) – 19,566
 - Emotional Disturbance – 9,500
- Free/Reduced Lunch (FY 16) – 534,761 (41.96%)
 - Free – 458,540 (35.98%) / Reduced – 76,221 (5.98%)

Virginia Statistics

- Number of Truant Students (FY 16) - 51,001
- Disciplinary Incidents (FY 16) - 168,915

Type	2015 - 2016 Disciplinary Outcomes	
	Count	Percentage
SHORT - TERM SUSPENSION (OUT OF SCHOOL)	151,876	89.91
NONE	9,450	5.59
LONG - TERM SUSPENSION (OUT OF SCHOOL)	4,389	2.6
MODIFIED EXPULSION TO SUSPENSION	1,521	0.9
SPECIAL EDUCATION IN - SCHOOL SUSPENSION	1,269	0.75
EXPULSION	381	0.23
SPECIAL EDUCATION INTERIM PLACEMENT - LEA	29	0.02
SPECIAL ED INTERIM PLACEMENT – OFFICE	*	*

Virginia Statistics - Children's Services Act (CSA)

- FY17 Expenditures
 - Count – 15,738
 - Expenditures – \$391 million
- Wrap Around Services for Students with Disabilities
 - Count- 443
 - Expenditures - \$2.6 million
- Private Day Placement
 - Count – 3,816
 - Expenditures - \$156 million
- Congregate Education Placement
 - Count - 487
 - Expenditures - \$18.2 million

Shared Goals - Reductions

- Truancy
- Short-Term Suspension
- Long-Term Suspension
- Homebound as Transitional Service
- Special Education - Private Day Placement
- Special Education - Congregate Education Placement
- School Expulsion

How Can You Influence Academic Achievement?

- Implementing Mental Health Support & Services
 - School
 - Home
 - Community

Mental Health Support & Services Provided by School Systems

- Personnel

Behavioral Support Specialist	Special Education Case Manager
School Psychologist	Truancy Prevention Staff
School Social Worker	School Counselor

- Programming

- Grant Funded Initiatives

- PASS – Positive Alternative to School Suspension Program

- Public/Private Partnerships

- EVMS/United Way/Norfolk Public Schools
 - Carilion Clinic/Roanoke City Public Schools

Mental Health Services Provided by Community Agencies

Therapeutic Day Treatment -

Mental health counseling services rendered to students that are experiencing behavioral and/or emotional issues within the school setting.

- Providers (CSBs & Private Providers)
 - Contract/MOU with
 - One or more providers
- Funding:
 - Medicaid
 - CSA based on locality
- How Are Youth Identified by the School?



Therapeutic Day Treatment

- Benefits
 - No Cost to Schools
 - A Prevention Service
 - Evidence Based Programming
 - Virginia Tiered System of Support
 - Trauma Informed Care
 - Cognitive Behavioral Therapy
 - Outcome Driven
 - Increase School Attendance
 - Reduce Disciplinary Referrals
 - Improve Academic Success

Therapeutic Day Treatment

- Benefits
 - Providers Can Offer Additional Supports
 - Year round programming
 - After school therapeutic programs
 - Care coordination and transportation
 - New Medicaid Requirements
 - Plus 1 Services
 - Medication Management
 - Outpatient Counseling
 - Intensive In-Home Services
 - Requires “Counseling” Component
 - Increased Family Engagement
 - Innovative Services Offered In School
 - Tele-Psychiatry
 - Tele-Counseling

Therapeutic Day Treatment

- Challenges
 - Medicaid ONLY Service
 - New Medicaid Requirements – Increase in Denials
 - Plus 1 Services Not Readily Accessible
 - Parent Refusals
 - “Too Much” or “Too Busy”
 - Cost – Transportation
 - Stigma
 - Mental Health
 - “Don’t believe in Medications”
 - Cultural
 - Distrust of Agencies / Service Providers
 - Requires “Counseling” Component

Additional Services in the Home/Community (Access Point)

- Medication Management
- Crisis Stabilization/Intervention
- Outpatient Counseling
 - Individual/Family/Groups
 - Intensive Outpatient Programs
 - Partial Hospitalization Programs
- Substance Abuse Services
 - Individual/Family/Groups
 - Intensive Outpatient Programs
 - Partial Hospitalization Programs
- Intensive In-Home Services
- Home Based Services
- Mental Health Skill Building
- Mentoring
- Parenting Services
 - Individual/Family/Groups
- Congregate Settings (Level B & C)
- Partial & Acute Hospitalization
- Volunteer Opportunities
- Other Community Agencies, Organizations & Supports

Promising Practices

- Tele-Psychiatric Services
- Tele-Counseling Services
- Crisis Stabilization Services

Direct mental health care to individuals (of all ages) experiencing an acute crisis of a psychiatric nature that may jeopardize their current community living situation. Staff provide brief therapeutic interventions to stabilize individuals.

- Center based crisis services now utilized at a school suspension alternative
 - Students must meet criteria for crisis stabilization
- How did a community based service find it's way in to the school?



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Outcomes

- Preliminary Results
 - Total number referred to program - 115
 - Total number served - 94
 - Avg number of days - 12 days



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Scenario

- Brandon
 - 16 yo African American Male
 - Urban area
 - General Education Population
 - Currently Receives TDT for Anxiety, Depression
 - Goals (Impulsivity, Mood Regulation)
 - Suspected Early Childhood Trauma
 - Plus One Services is Medication Management through Pediatrician



Questions?



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