

### CSA 201 CSA Basics-Can CSA Pay?

Connections Matter
2022 Children's Services Act Conference
November 1-2, 2022

Presented by Carol Wilson Senior Program Consultant, OCS



# Recap from CSA 101

- CSA as a System of Care (SOC)
  - Importance of multidisciplinary service planning and provision in local communities
- How funding affects eligibility for CSA
  - Creation of the "state pool"

- Who is eligible for CSA
- Title IV-E and CSA





### **CSA** as a System of Care

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"If we want to succeed as a team, we need to put aside our own selfish, individual interests and start doing things my way."



### **State Pool of Funds**





# Who's eligible?











VIRGINIA DEPARTMENT OF SOCIAL SERVICES



# Today's Workshop

- Focus will be on "Can CSA pay for \_\_\_\_\_?"
- Does it seem like sometimes CSA can pay for a service, but other times CSA can't pay for the same service in what appears to be a similar situation?
- Decision tree to help us think critically and logically to make and document decisions
  - How statutory provisions affect service and funding decisions
  - How other factors (e.g., other partner child-serving agency requirements/policy and their responsibilities) influence CSA



### **State-Local Policies**

- This workshop will provide information on what state policies and laws allow.
- Local CPMTs may make policies which affect what your locality will pay for under CSA or require specific actions to be taken prior to use of CSA funds. (e.g., clinical evaluation before paying for inpatient substance abuse for a parent)
- But...sometimes people think what they have in local policy <u>IS</u>
  the state policy or law and it's not (e.g., could be outdated,
  could have been in place so long everyone assumes it's "state
  policy")
  - So, if there's a question, ask OCS!!

### Title IV-E and CSA



### What is Title IV-E of the Social Security Act?

- Since 1980, Title IV-E has been a Federal program to provide states with financial assistance in funding <u>maintenance</u> for foster care placements
- Children must be determined eligible based on AFDC rules (pre-1996 program)/TANF
- Eligibility is determined by LDSS, usually local Benefits staff or an individual designated to oversee IV-E



### Two Funding Sources for FC Maintenance in Virginia

Federal Title IV-E (federal and state)



Children's Services Act (state and local)

• Purpose of maintenance is to support or "maintain" the foster child's placement in the foster home.



# Title IV-E Pays Maintenance Costs for IV-E Eligible Children

- IV-E Maintenance includes:
  - Basic maintenance payment
  - Enhanced maintenance payment as determined by the VEMAT
  - Clothing allowance for foster child
  - Personal incidentals (not a separate payment)
  - Childcare if the foster parent works or to attend specific activities (e.g., court hearing for child)
  - Transportation for the child to visit parents
  - Transportation for Best Interest Determination (BID) placements



### CSA Pays Maintenance Costs for Non-IV-E Children

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### Title IV-E and CSA

- CSA mirrors the IV-E definition of "maintenance" for non-IV-E children
- CSA supports equal treatment of children in foster care regardless of funding source (local, state or federal)
- IV-E has specific requirements in place to protect children who are involved with the child welfare agency and away from their families
  - Protection from harm, e.g., approval or licensing of foster homes
  - Permanency requirements and timeframes to ensure children do not "languish" in foster care



### Maintenance vs. Services

- CSA pays maintenance for non title IV-E children
- CSA pays for services for all foster children

 There are times when IV-E or CSA maintenance cannot cover a specific cost, but it can be considered a CSA service if recommended by FAPT



# Example-Services

Travel for parents or other relatives to visit children is not covered by *maintenance* so IV-E will not pay.

### BUT

It is definitely a *service* that CSA may provide through the FAPT and CPMT to promote family reunification.



### **Example-Services**

- Childcare is a maintenance cost to support the foster home if the foster parents are employed
- Can childcare be provided as a service through CSA?
  - Social has social or developmental delays-documentation needed
  - Transition home on trial placement (short-term)
  - All CSA requirements apply (on IFSP/service plan, FAPT review, CPMT approval, etc.)



### Title IV-E and CSA

- Can CSA pay when Title IV-E denies?
- It depends.
- Two factors:
  - 1. IV-E foster care does not pay for services; but CSA does pay for services for foster children.
  - 2. If IV-E won't pay a maintenance cost because requirements for safety or permanency are not met, or local agency was not timely, CSA cannot pay.



### Example-Maintenance

- What if a local DSS wants to place a child in an unapproved or unlicensed foster home?
  - IV-E will not pay maintenance.
  - CSA will not pay maintenance.
  - Why?
- Rule is in place to protect the child from possible harm.



### Example-Maintenance

- What if an Annual Judicial Review (AJR) is not held for a child in a timely manner?
  - IV-E disallows maintenance payment
- Can CSA pay?
  - No. Why?
  - Because the AJR is a mechanism for the court to provide oversight and to plan permanency for the child
  - CSA, like IV-E, will pay going forward once the hearing takes place



### Title IV-E and CSA

- CSA cannot be used to circumvent IV-E requirements
- For example, IV-E will not pay for a foster child's placement in a childcare program that is not on the "legally operating" list maintained by VDSS/VDOE
  - Can CSA be used?
    - No. This childcare requirement is in place to protect the child in foster care. Use of state funding to "get around" this safety requirement is not permissible.



# Title IV-E and the Family First Prevention and Services Act (FFPSA)

- Enacted by Congress in 2018, FFPSA allows for the first time for IV-E funds to be expended on services to prevent foster care placement
- But FFPSA funds can only be used for specific evidence-based services
  - Well Supported or Promising
  - 50% have to be well supported



# Family First Prevention Services Act (FFPSA)

- States must request federal approval to offer specific evidence based services; in Virginia those services currently are:
  - Multisystemic Therapy (MST)
  - Functional Family Therapy (FFT)
  - Parent Child Interaction Therapy (PICT)
- Effective July 1, 2021 in Virginia



### FFPSA (Con't.)

- Additional services requested for approval in VA
  - Brief Family Strategic Therapy
  - Home Builders
  - Family Check up
  - Motivational Interviewing

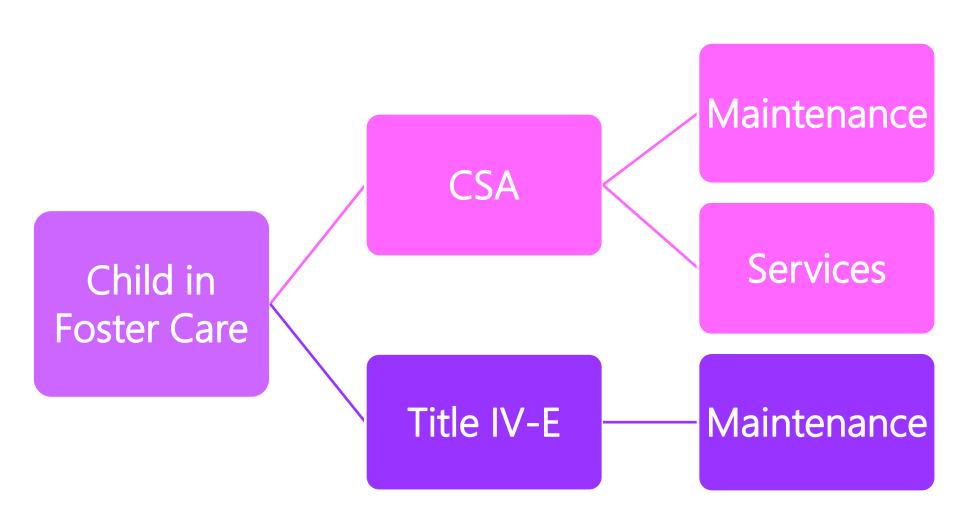


### FFPSA (Con't.)

- Eligibility for title IV-E foster care prevention
  - Must meet definition of a Candidate for Foster Care or a Reasonable Candidate
  - VDSS Prevention Plan
  - CANS assessment required



### Summary







- CSA is governed by:
  - State law (the Code of Virginia)
  - Policies adopted by the State Executive Council (SEC)
  - Guidance issued by OCS



 CSA "follows" partner agency law, regulations, policy and law

 CSA cannot be used to circumvent another agency's requirements

• Examples?



- CSA is:
  - state supervised, locally administered:
    - Standard expectations and requirements from state law and SEC policy
    - Intentional local flexibility as to how CSA is administered because:
      - Each locality knows its resources and its needs
      - Each locality pays a match on all CSA services



- State CSA requirements include:
  - Service plan
  - Mandatory uniform assessment instrument (CANS)
  - CPMT must develop interagency policies in a variety of areas (e.g., fiscal, FAPT referral, Utilization Review)

#### **BUT**

- If not in conflict with state and federal law and policies, localities may develop their own policies
- Because of local variation, always best to check with OCS





# It's not magic...





### Or a maze...





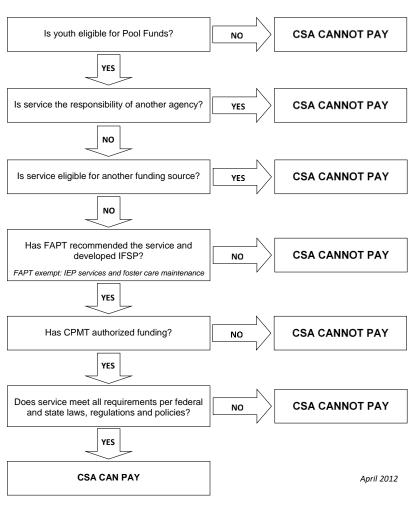
- The answer to this question is not guess work or magic
- It is based upon the requirements established by the Children's Services Act.

Apply the requirements to determine the answer.





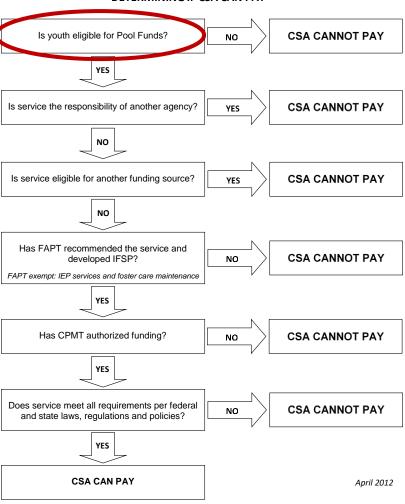
#### **DETERMINING IF CSA CAN PAY**







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# Who's eligible?



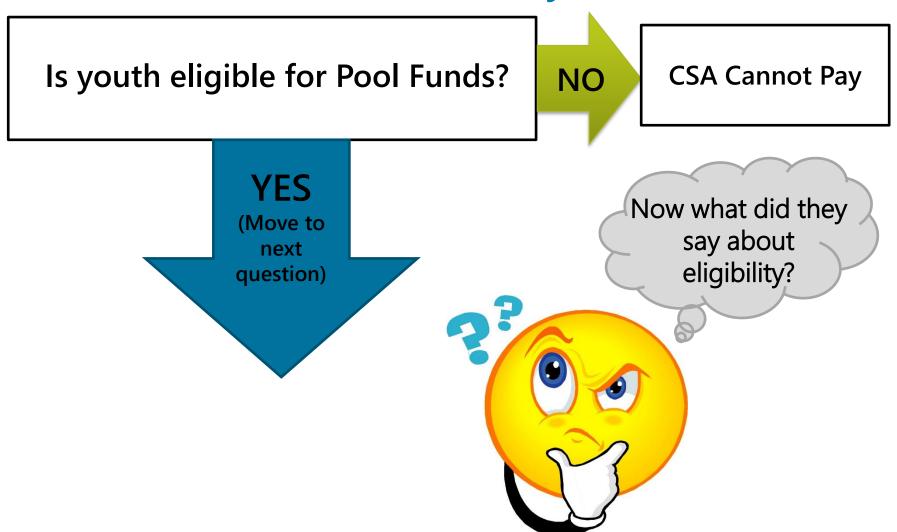






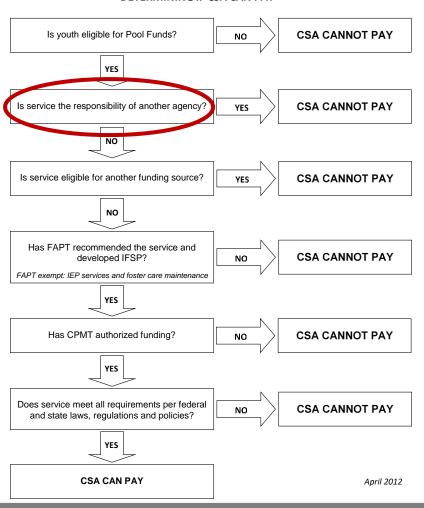














Is service the responsibility of another agency?

(Code of Virginia §2.2-5211D)

YES

**CSA Cannot Pay** 

NO (Move to next question) Does this fall within the routine scope of responsibility of the schools, LDSS, DJJ, or the CSB?



### Responsibility of another agency?

COV § 2.2-5211 D.

"....However, the community services board, the local school division, local social services agency, court service unit or Department of Juvenile Justice shall continue to be responsible for providing services identified in individual family service plans that are within the agency's scope of responsibility and that are funded separately from the state pool. (Emphasis added)

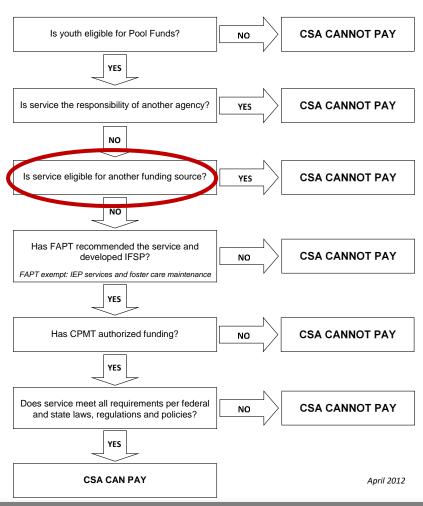


## Responsibility of Another Agency?

- Part of that agency's mission
- Described in that agency's laws, regulations, policy or guidance
- Agency receives funding for that function
- Examples?
  - Case manager visits to families
  - Case manager travel to visit foster children in out of home placement
  - Private day transportation









# Is service eligible for another funding source?

(SEC Policy-4.4; Appropriations Act Item 274 E.)

YES

**CSA Cannot Pay** 

NO
(Move to next question)

Can this service be funded through another funding stream such as Medicaid or DD Waiver?





# **Exploring Other Funding Sources**

- Is CSA "funding of last resort?"
  - NO, but CSA should not be the automatic "default" funder if other resources are available and may be used.
  - CPMTs should planfully determine how they wish to use the various resources available to their agencies and community. Funding streams may be obligated for specific purposes.



## **Exploring Other Funding Sources**

- FAPT members should be aware of their agency's funding sources and how those sources may be used
- The possibility of other funding should be explored and documented. However, exploration of other funding streams should <u>not</u> delay the provision of services to a child and family. If time is needed to get another funding stream in place, CSA may pay initially (if FAPT recommends) until the other funding stream is accessed



### Examples of Other Funding Sources...

- Title IV-E Foster Care
- Title IV-E Evidence Based Prevention Services
- Promoting Safe and Stable Families (PSSF)
- Chafee IL Services
- Chafee Education Training Voucher (ETV)
- Adoption Assistance
- Mental Health Initiative
- Virginia Juvenile Community Crime Control Act (VJCCCA)
- Transitional Services Fund
- Private Health Insurance



#### Other Funding Sources-Appropriations Act Item 282

#### Medicaid

"D. Community Policy and Management Teams shall use Medicaid-funded services whenever they are available for the appropriate treatment of children and youth receiving services under the Children's Services Act. Effective July 1, 2009, pool funds shall not be spent for any service that can be funded through Medicaid for Medicaid-eligible children and youth except when Medicaid-funded services are unavailable or inappropriate for meeting the needs of a child." (emphasis added)



#### "Unavailable or Inappropriate"?

- "Unavailable" could mean that
  - There is no Medicaid provider of that service is within reasonable travel distance (greater than 50 miles)
  - Medicaid providers of that service have long waiting lists and child/family need intervention right away
- "Inappropriate" means the service does not "fit" the need. For example,
  - Use of IHH for solely abuse/neglect cases
- Locality <u>must</u> document why non-Medicaid provider was used if CSA is accessed for a Medicaid service for a Medicaid eligible child.

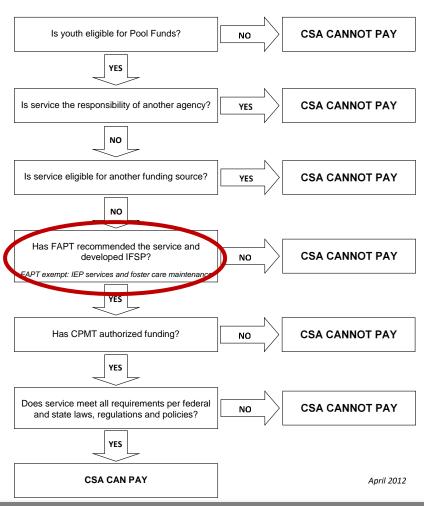


#### What Does Medicaid Cover? (Examples)

- Community based services such as
  - Intensive In-home
  - Therapeutic Day Treatment
  - Mental Health Skill Building
- Treatment costs in group homes (TGHs)
- Room, board and treatment in Psychiatric Residential Treatment Programs (PRTFs)
- Addiction and Recovery Treatment Services (ARTS)









# Has FAPT recommended the service and developed the IFSP?

(Code of Virginia § 2.2-5209)

IEP
Foster Care Maintenance if local CPMT policy permits

Yes (Move to next question) No

**CSA Cannot Pay** 

Was this case reviewed by FAPT? Did FAPT recommend these services in the IFSP?





#### **FAPT Review**

Code of Virginia §2.2-5209

"...Except for cases involving only the payment of foster care maintenance that shall be at the discretion of the local community policy and management team, cases for which service plans are developed outside of this family assessment and planning team process or approved collaborative, multidisciplinary team process shall not be eligible for state pool funds." (Italics added)



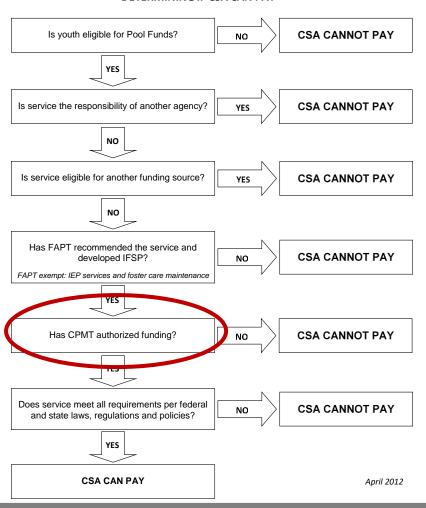
#### Exemptions to FAPT Review?

Maintenance if the CPMT has a written policy to that effect

- IEP cases (private placement) if the CPMT has a written policy to that effect
- Emergency placements and services (FAPT must review within 14 days)

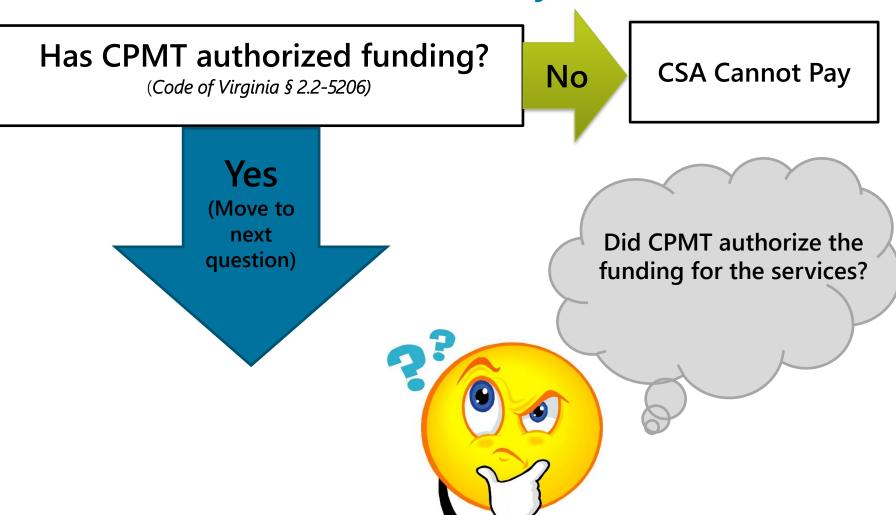












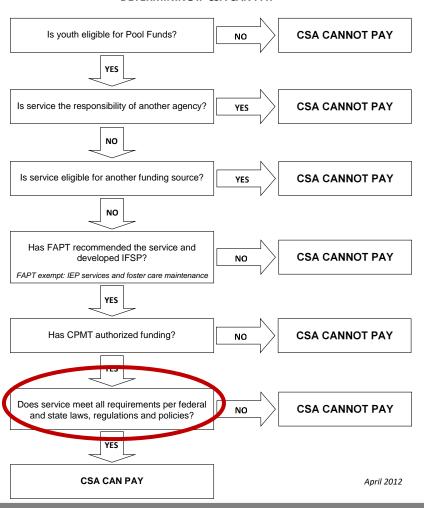


### **CPMT Authorization of Funding**

• The COV §2.2-5206 (9) requires that the CPMT "shall authorize and monitor the expenditure of funds by each family assessment and planning team or a collaborative, multidisciplinary team process approved by the Council..."









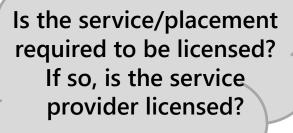
Does service meet all requirements per federal and state laws, regulations and policies?

(Code of Virginia § 2.2-2648)

No

**CSA Cannot Pay** 

Yes Guess what...





## Requirements of Law, Regulation and Policy

- Services must be appropriately licensed or approved
- State Executive Council (SEC) policy re: Denial of Funds
  - If a service requires licensure in VA, then it must be licensed for CSA funds to be accessed
- CSA policy must be consistent with other partner agency policies; CSA cannot be used to circumvent their requirements
  - For example, childcare must be on the VDSS/VDOE "legally operating" list for IV-E or CSA to be used



#### CSA Can Pay!!!



 If the decision is made that CSA can pay, document reasons and be confident in your decision making!!

 CSA is intended to provide services to youth and families!!!



#### Thank you!

Contact Information

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