



# Relationship Transforms Community

**OPEN TABLE**<sup>®</sup>  
RELATIONSHIP TRANSFORMS COMMUNITIES.<sup>™</sup>

# Workshop Learning Objectives

- 1) How to define relational & social capital.
- 2) How Open Table discovered the potential of relational & social capital.
- 3) A case history and evidence of the impact of relational & social capital.
- 4) How areas around the country are using relational & social capital through Open Table models.















# Moving From What We Have To Who We Are



SCARCITY.

ABUNDANCE.

# Never Enough.



What is the value of the  
Relational & Social Capital of  
the people in our  
communities?

What We Know +  
Who We Know

# What You Know.



# Who You Know.



How Much  
Social Capital

Do **50**

Community  
Members  
Have?

**1,700+ Years**

Job or Life Skills: 3,500 Years

**1,200+**

Direct Community Connections

**31,000+**

Indirect Community Connections

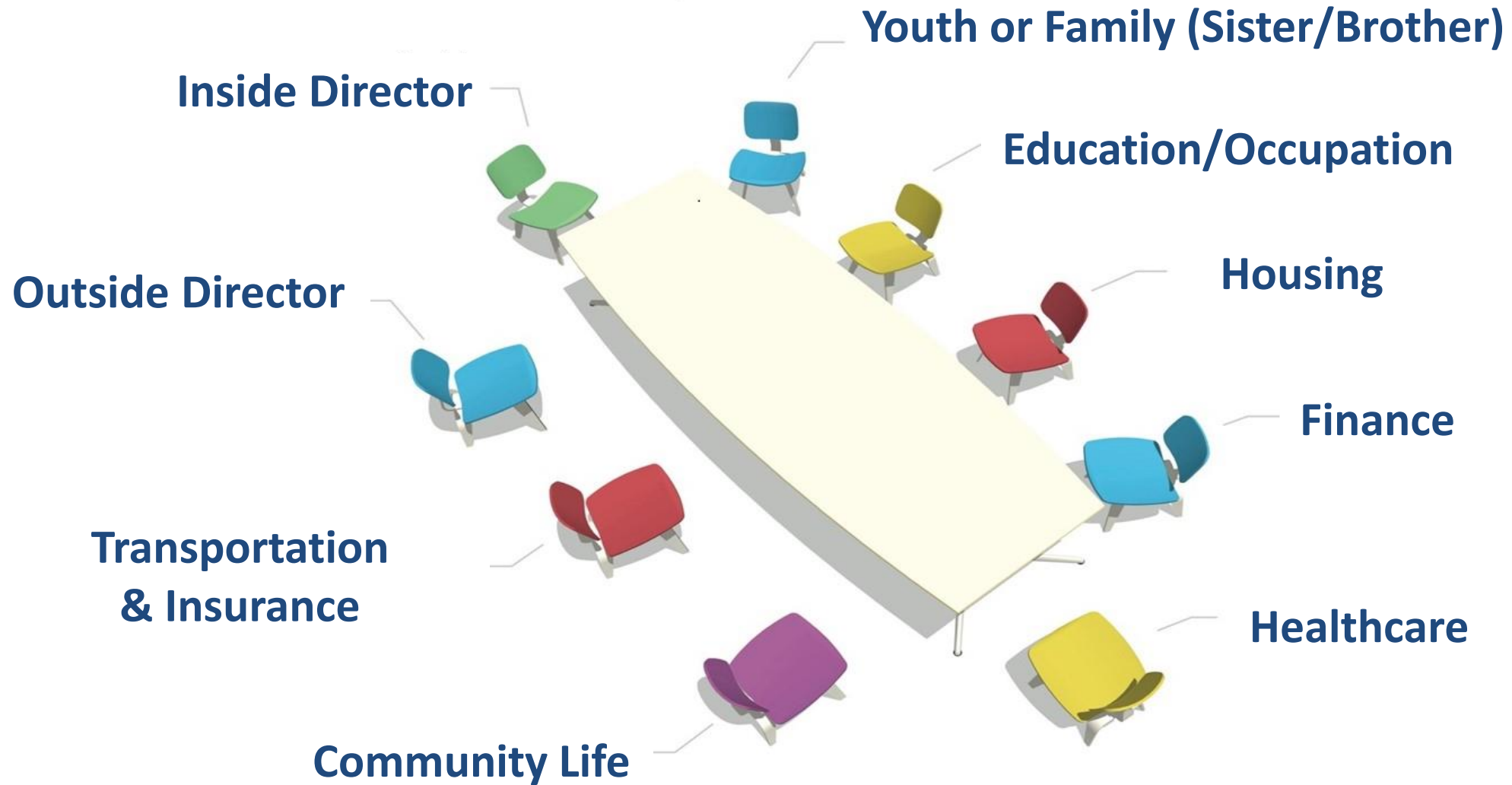
**More Than Enough.**






# The Model





# About Tables:

- 1) A licensed model
  - 2) Online training with payment of \$10 per month or \$120
  - 3) 6-12 volunteers per table
  - 4) Everyone is a generalist, roles not based on profession
  - 5) One-hour weekly meetings for a year
  - 6) Life happens, occasional missed meetings understood
  - 7) Intentional relationship building outside of meetings
  - 8) Relationship for a lifetime!
- 
- A diverse group of people, including men and women of various ethnicities, are gathered around a table in a bright, modern meeting room. They are all smiling and cheering, with many raising their fists in the air, suggesting a successful meeting or a moment of triumph. The background shows large windows with a view of greenery outside.



**95% are still in relationship**  
with one or more table members two years later



# Discovery Dilemma Journey



# Youth Aging Out

The Highest Risk Population for:

Poverty

Unemployment

Incarceration

Homelessness

**Families at risk of out-of-home placement**



# Goals & Lessons Learned

- Avoid hospitalization
- Escape homelessness
- Learn to be a good mom
- Reunification
- Other goals met
- Lessons Learned
- What's next



Jessica



# Social Capital Discussion

- What were the four main social capital goals Jessica had for her Open Table?
- When Jessica met her Open Table she had several things going on in her life. What were some of the things she mentioned that access to social capital could have helped her address?
- However, in her brief video, what did she say was the most important things she obtained from her Table experience?
- Understanding that this was a short video clip and does not list out all of the things accomplished during the Table journey, what additional types of things did the Table likely help her with?
- At the end of the video, Jessica mentioned that she had two long term goals. What were they?



# Discussion

- What is the greatest challenge your agency faces in meeting the needs of children and families?
- How could this challenge bring the community together?
- What steps would you take to organize social capital around this challenge?
- Other ideas for engaging the community around this social challenge?



## Recent Studies on Open Table

- © The open table, inc. 2018

- ▶ In 2015, Open Table completed a study of 2013 graduates, looking at two years after graduation (VanDenBerg and Katov, 2015)
- ▶ In 2016, Open Table completed an extensive study of Essential Model Features (Marks, VanDenBerg, and Katov, 2016)
- ▶ In 2016, Open Table completed a study of the impact on table member faith and spirituality post Open Table participation.
- ▶ In 2011, the City of Phoenix completed a return on investment study.

***What do table members bring to the table experience that contribute to model effectiveness?***

- © The open table, inc. 2018

**TMs bring intellectual and social capital as well as personal experiences.**

- ▶ 63% of TMs noted that they utilized their community and faith connections to help the BS meet his/her goals;
- ▶ 50% used skills from work or educational training;
- ▶ 44% shared personal experiences. Sharing experiences such as how they coped with their own poverty can be powerful for BSs to experience, and helped build mutuality.

## Key Findings- Closed-ended questions

- © The open table, inc. 2018

- ▶ 95% of young adults/families remained in relationship with their Table members.
- ▶ 85% of the graduates had a better job and/or were in a college or technical school after their Table experiences ended.
- ▶ 95% of respondents reported that they were optimistic about their future ability to be self-supported.
- ▶ 95% of respondents noted that they would like to serve on a Table to help someone else in the future.

## What Outcomes do BSs gain from Open Table participation?

- © The open table, inc. 2018

### The most frequent outcomes identified by BSs were:

- ▶ Being part of a new family or extended family (91%)
- ▶ A more positive view of the future and personal character growth (82%)
- ▶ Enhanced self-confidence (73%) and spiritual growth (54%).

# City of Phoenix ROI Study

For every \$ invested families are \$7.44 better off.

“...over twenty-five times better off than the financial investment made by Open Table and its partners.

Federal  
Department  
of Health and  
Human  
Services

---

Subject Matter Expert on  
Social Capital

---

Expert Panel on Grass Roots  
Development of Social Capital

---

Social Capital Training: Family  
and Youth Services Bureau

Substance  
Abuse and  
Mental Health  
Services  
Administration  
– CMHS:  
Systems of  
Care

---

Open Table trained as a  
relational and social capital  
model in 2 statewide and 14  
county Systems of Care grant  
sites.

---

Developing social capital  
training with the TA  
Network/CMHS for Systems of  
Care.



# BUSINESS SECTOR. PENNSYLVANIA



© Open Table, 2019

© Open Table, 2018

# METRO HEALTH.

HEALTHCARE  
SECTOR, OHIO



© Open Table, 2019

© Open Table, 2018



# Relationship Transforms Community

**OPEN TABLE**<sup>®</sup>  
RELATIONSHIP TRANSFORMS COMMUNITIES.<sup>™</sup>