Supporting Students Experiencing Homelessness: What Family Assessment and Planning Teams Need to Know PAMELA KESTNER, MSW HOMELESS OUTCOMES COORDINATOR PATRICIA A. POPP, PH.D. STATE COORDINATOR, EHCY PROGRAM

Virginia's Homeless Outcomes Initiative

Governor McDonnell Issued Executive Order No.10

#### Established Housing Policy Framework for the Executive Branch

#### Purpose of the Housing Policy Framework:

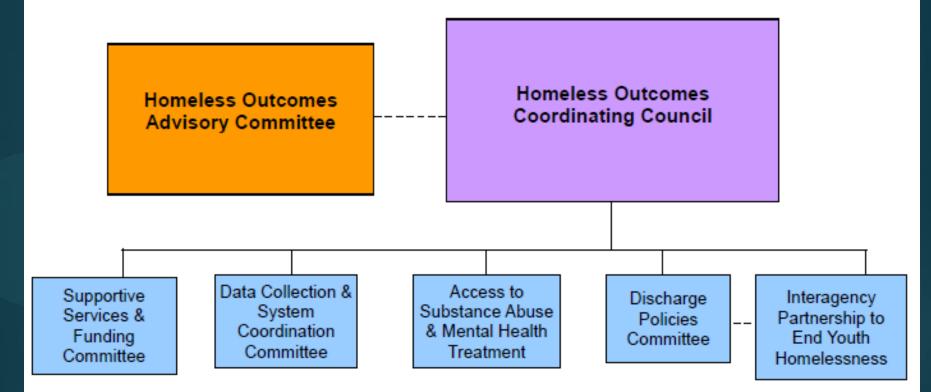
- Establish broad goals and policy direction related to housing policy
- Coordinate a comprehensive and effective housing policy with other public policy areas and initiatives across multiple secretariats within the executive branch

Secretariats			
Commerce & Trade	Health & Human Resources	Public Safety	Veterans & Homeland Security

## Homeless System Transformation

- Homeless reduction efforts are a significant part of the overall state housing policy
- Governor McDonnell established a goal of reducing homelessness by 15% during his administration
- Homeless Outcomes Advisory Committee established key strategies to improve outcomes for homeless citizens
  - Increase number of permanent supportive housing units
  - Increase flexible funding and support for rapid rehousing
  - Improve statewide data collection and system coordination
  - Increase access to substance abuse and mental health treatment
  - Improve discharge policies and procedures for foster care, hospitals, mental health facilities and correctional facilities

#### Homeless Outcomes Initiative Structure



## Homeless Coordinating Council

- State Homeless Coordinating Council has focused on each of the Outcomes Plan strategies
- Improved coordination across state agencies, regions and local service providers is having an impact
- A significant part of this effort has been on moving to national best practices such as rapid rehousing
- State effort has included both redirection of existing resources and new funding

## Focus on Families

Freddie Mac Foundation Grant

- Three Years \$1 million/year
- Commonwealth partnered with National Alliance to End Homelessness and Virginia Coalition to End Homelessness
- Reduction of Family Homelessness in Virginia
  - Shift in Resources
  - Shift in Practice Rapid Re-Housing
- Rapid Re-Housing Challenge
  - House families as quickly as possible over 100 days
     October 17, 2013 January 24, 2014

## RESULTS

## In 100 Days Virginia Rapidly Re-Housed...

### **545 Families Statewide!**

## Definitions of Homelessness

#### HUD

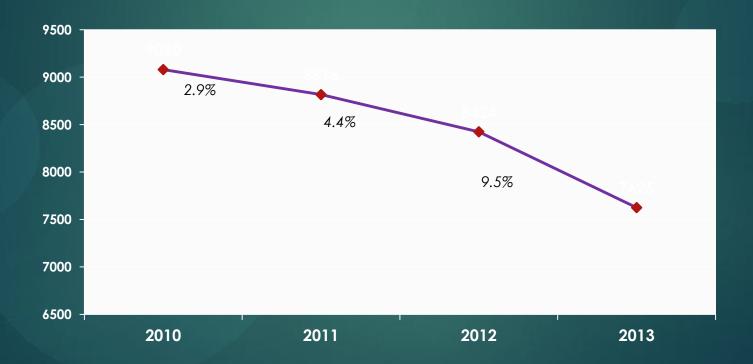
- A person is considered homeless only when s/he lives:
- On the street,
- In a place not meant for human habitation (e.g. cars, campsites, and abandoned buildings), in an emergency shelter,
- In transitional or supportive housing (for people coming from streets or shelter), or
- In any of the above places prior to entering a hospital/institution for short-term (30 days or less).
- A person is also considered homeless if he/she is being
- Evicted within a week from a private dwelling, or
- Discharged within a week from an institution where they stayed long term, 31 days or more, and a housing plan is not provided as part of discharge planning.

#### **McKinney-Vento Act**

- Homeless children are "individuals who lack a fixed, regular, and adequate nighttime residence." The act provides examples of children who would fall under this definition:
- Children and youth sharing housing due to loss of housing, economic hardship or a similar reason
- Children and youth living in motels, hotels, trailer parks, or camp grounds due to lack of alternative accommodations
- Children and youth living in emergency or transitional shelters
- Children and youth abandoned in hospitals
- Children and youth awaiting foster care placement
- Children and youth whose primary nighttime residence is not ordinarily used as a regular sleeping accommodation (e.g. park benches, etc)
- Children and youth living in cars, parks, public spaces, abandoned buildings, substandard housing, bus or train stations
- Migratory children and youth living in any of the above situations

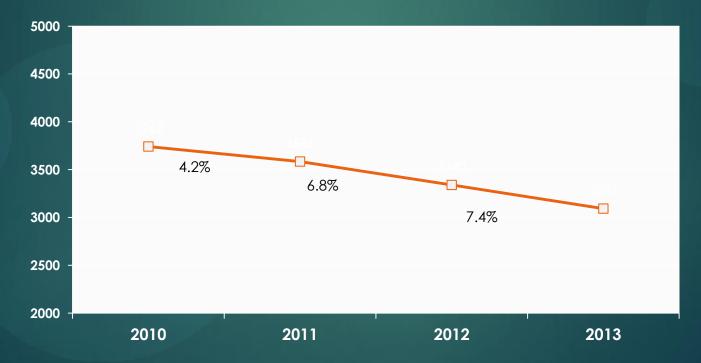
## 16% Reduction in Homelessness

16% Decrease in Total Homeless Individuals



## 17% Reduction in Family Homelessness

17% Decrease in Persons in Households with Adults and Children



## Positive Results for Other Populations

**Homelessness by Subpopulation** 



## What Works...

### The Stars are Aligned

System Transformation Moving from Reactive to Proactive Approach

Federal Level – HUD New HEARTH Act

Opening Doors – Federal Plan

State Level – DHCD shifted resources & approach

- Homeless Outcomes Advisory Committee Report (Virginia's Plan)
- Local/Regional Continuum of Care Consortia also shifting priorities and working more collaboratively
  - 10 Year Plan to End Homelessness

## Housing: A Key Component to Improving Families' Outcomes

Strong & Stable Families

Employment

Education

Preventing the removal of children

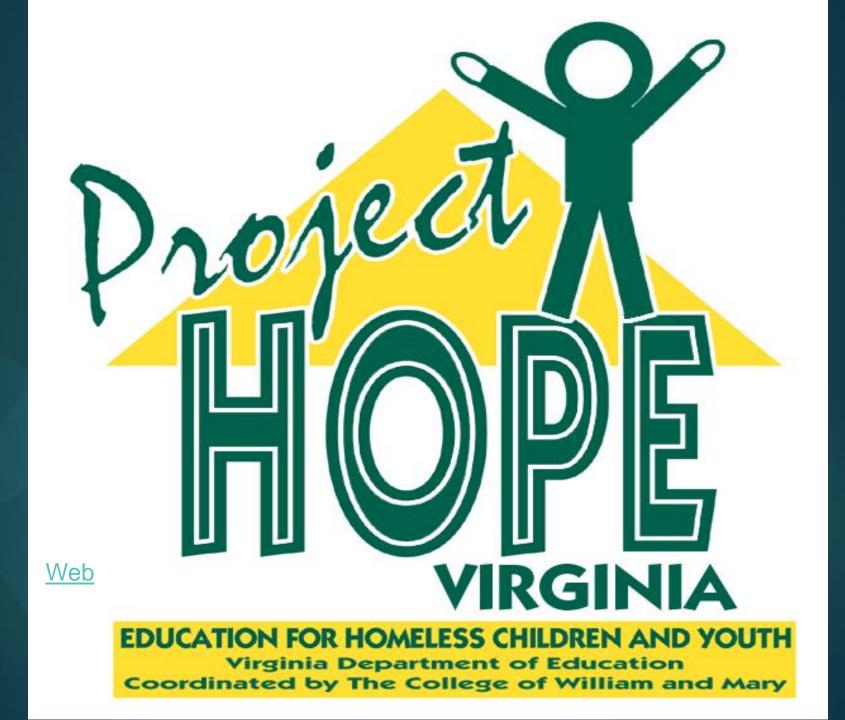
## Utilizing Mainstream Resources

#### **TANF & Rapid Re-Housing Pilot Projects**

- Identify model strategies currently operated by local departments of social services (DSS) in Virginia
- Encourage other local DSS offices across the state to implement similar strategies
- Explore using TANF and/or other resources differently to improve homeless families' housing/employment outcomes
- Ensure TANF and/or other resources are reaching homeless families
- Collect data that demonstrates how using TANF Diversionary Assistance and other existing resources for rapid re-housing is effective

## Project HOPE-Virginia's Education for Homeless Children and Youth Program





### Causes and Impact of Homelessness

- Causes
  - Poverty
  - Substance Abuse
  - Domestic
     Violence
  - Mental Illness
  - Affordable Housing
  - Physical Illness
    Economic crises
    Natural disasters

- Impact
  - Absenteeism is greater
  - Developmental delays occur at 4 times the rate reported for other children
  - Learning disabilities identified at double the rate
  - Twice as likely to repeat a grade

McKinney-Vento Homeless Assistance Act Education for Homeless Children and Youth (EHCY) Program

> Title X, Part C 2001 Reauthorization of the Elementary and Secondary Education Act

## McKinney-Vento Act, EHCY

Reauthorizes the Stewart B. McKinney Act, originally enacted in 1987 Provides states with funding to support local grants and statewide initiatives Requires educational access, attendance, and success for homeless children and youth

The child's classroom may be the **only** place where the child can experience quiet, interact with children his/her age, and experience success...

School is the most **normal** activity that most children experience collectively...For homeless children it is much more than a learning environment. It is a place of safety, personal space, friendships, and support.

Oakley & King, 2000

#### Defining homelessness for EHCY

- An individual who lacks a fixed, regular, and adequate nighttime residence, including children and youth :
  - sharing housing due to loss of housing or economic hardship
  - living in motels, hotels, trailer parks, or camping grounds due to lack of alternative adequate housing
  - Iving in emergency or transitional housing (What about housing first?)

## Defining (cont'd)

Including children and youth : – abandoned in hospitals

- awaiting foster care

 having a primary nighttime residence that is a public or private place not designed for, or ordinarily used as, regular sleeping accommodations

## Defining (cont'd)

 living in cars, parks, public spaces, abandoned buildings, substandard housing, bus or train stations

-migratory students meeting the description

-unaccompanied youth meeting the description of homeless

## Fixed, Regular, and Adequate



- Fixed: Stationary, permanent, and not subject to change
- Regular: Used on a predictable, routine, or consistent basis (e.g., nightly)
- Adequate: Sufficient for meeting both the physical and psychological needs typically met in home environments

Can the student go to the SAME PLACE (fixed) EVERY NIGHT (regular) to sleep in a SAFE AND SUFFICIENT SPACE (adequate)?

## McKinney-Vento EHCY Requirements

Appoint a local homeless education *liaison* in every LEA
For Virginia liaisons, visit:
<u>www.wm.edu/hope</u>
Provide outreach and coordination

to identify students

## EHCY Requirements (cont'd)

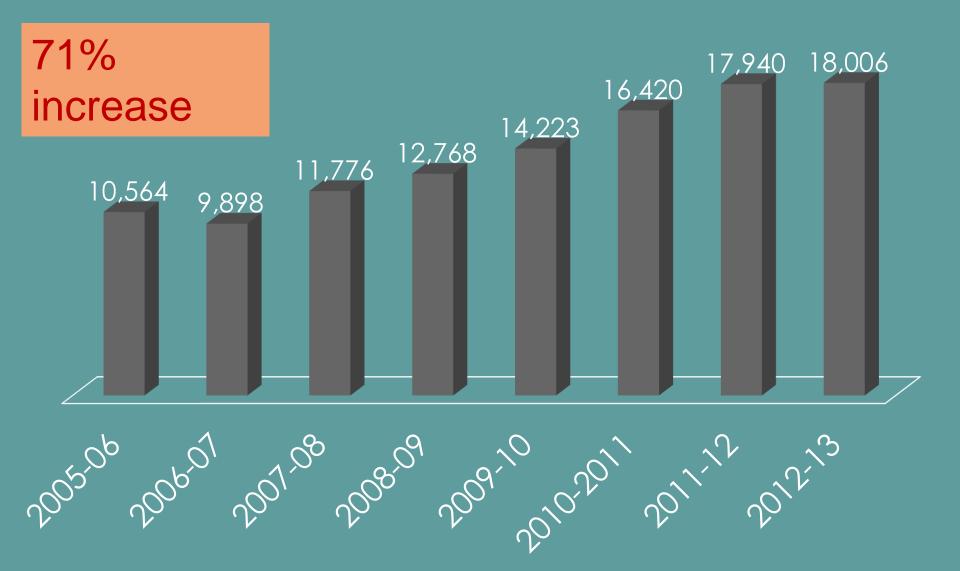
- Enroll students immediately in local school OR
- Maintain student enrollment in the school of origin when feasible and in the student's best interest Includes transportation Even across school division lines Get the student enrolled and keep the student enrolled!

## National Numbers

• Approx. one-third are families >1.6 million children – one in 45 experience homelessness (NCFH) ▶1,168,354 in SY 2011-12, a 24% increase over three years (VA -27%)

NCHE State Profile Pages

### Students Identified as Homeless Total Enrolled in Virginia Schools



#### Virginia 2012-13 Initial Primary Nighttime Residence Unsheltered

2%

Hotel/Motel\_ 14%

> Sheltered 14%

> > Doubled up 70%

# These little piggies...

# are homeless.

Pat Van Doren It's About the Children www.hearus.us

## Young Children



Nationally, more than half of all sheltered children were under age 6

Virginia, 45% of children in homeless shelters under age of five. (3470 of 5552 in 2010)

## Adverse Childhood Experiences

6-7 risk factors: 90-100% chance of a developmental delay

Experiences build brain architecture
 7-8 ACE: 3:1 odds of adult heart disease

Homelessness does not equal toxic stress
 The KEY is how the child is buffered

## Unaccompanied Homeless Youth

# Who are Unaccompanied Students?

### 2-step process

 Does the student's living arrangement meet the McKinney-Vento Act's definition of homeless?

2) Once homelessness is determined, is the student unaccompanied?

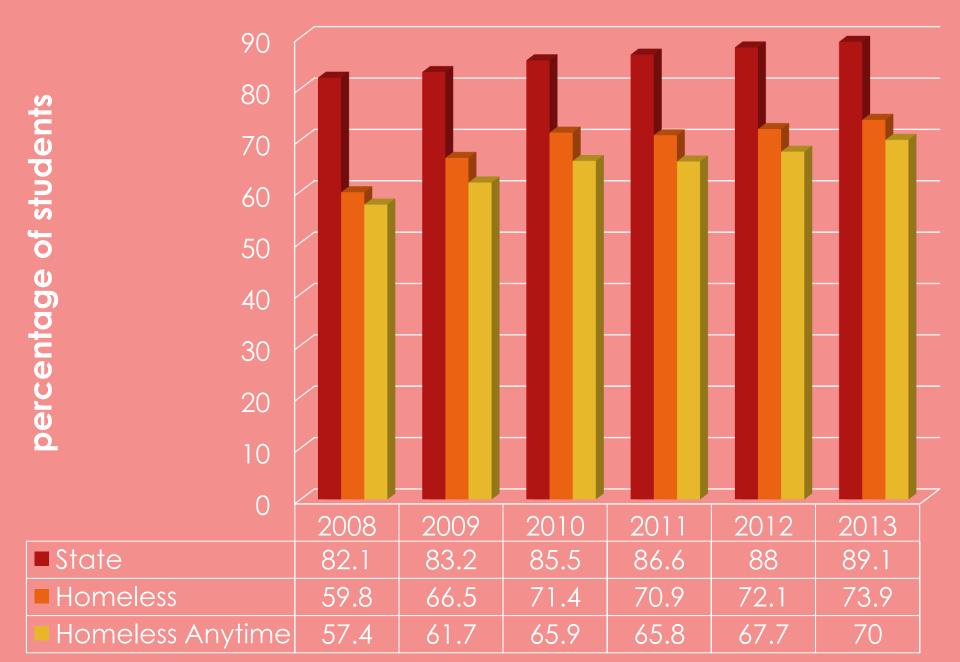
Unaccompanied = "not in the physical custody of a parent or guardian"; in practical terms, this means the youth does not live with the parent or guardian

## Virginia's On-Time Graduation Rate:



<u>http://www.doe.virginia.gov/statisti</u> <u>cs\_reports/graduation\_completion/</u> <u>cohort\_reports/index.shtml</u>

#### Virginia's On-time Graduation Rate



## Thanks for all you do!





NAEHCY - <u>www.naehcy.org</u>
 NCHE - <u>www.serve.org/nche</u>
 NLCHP - <u>www.nlchp.org</u>
 Project HOPE-VA: <u>www.wm.edu/hope</u>
 USED - <u>www.ed.gov/programs/homeless/index.html</u>

## Contact Information

Project HOPE-Virginia The College of William & Mary P. O. Box 8795 Williamsburg, VA 23187 877-455-3412 (toll free) 757-221-7776 757-221-5300 (fax) homlss@wm.edu www.wm.edu/hope