Everything you ever wanted to know about CANS...

NEW COORDINATOR ACADEMY MARCH 9, 2016

PRESENTER: CAROL WILSON

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CHILD AND ADOLESCENT NEEDS AND STRENGTHS (CANS) ASSESSMENT





MUAI

- Statutory requirement for a mandatory uniform assessment instrument (MUAI) for children and youth served by the Comprehensive Services Act (CSA)
 - o COV §2.2-2648 (11)
 - o COV §2.2-5210
 - Appropriations Act Item #264 B (9)

In 2008, the State Executive Council, based on the recommendations of an interagency workgroup, selected the Child and Adolescent Needs and Strengths (CANS) for CSA.

Why?

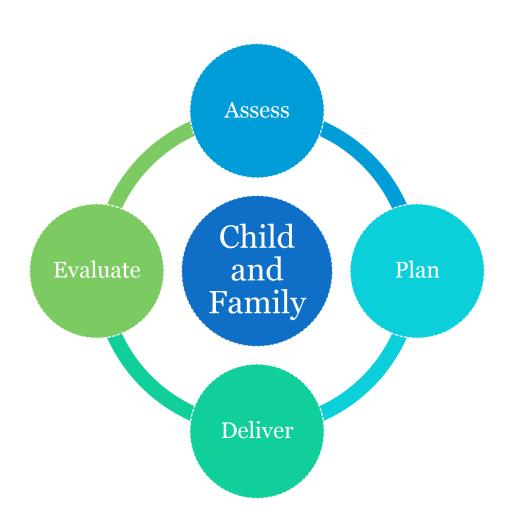
- CSA assessment is not intended to be an "add-on" or additional "paperwork"
- It is intended to be the work...where the case manager and FAPT start with a child and family, the basis of how services are designed and developed, and also how the FAPT can evaluate the success of the services and the progress of the child and family

Why?

- Understand, teach and integrate into practice the critical necessity of a foundational assessment upon which to structure the plan and evaluate progress
- Not intended as a "funding" requirement but a best practices requirement
- Supervisors, CSA Coordinators, and FAPT members should learn and understand the CANS, not just case managers

Why use the CANS?

- Assess the child and family's strengths and needs
- Create a foundation upon which to build the service plan
- Evaluate progress or lack of progress



Virginia CANS

- CANS Comprehensive Birth to Four
- CANS Reassessment Birth to Four

- CANS Comprehensive Ages 5+ (5-21)
- CANS Reassessment Ages 5+ (5-21)
 - As long as the youth is receiving CSA-funded services, CANS must be completed.

Timeframes for Assessment

- Comprehensive CANS is required:
 - Initially
 - Annually
 - Discharge
- Reassessment CANS is done within yearly time frames as required by Medicaid and local policy.
 - For example, Medicaid requires a CANS be done every 90 days for treatment foster care case management.
 - See document on <u>www.csa.virginia.gov</u> for recommended frequency of administration.

CANS

- Virginia's Current CANS (ages 5+) has six domains:
 - Life Functioning
 - Child Strengths
 - School
 - Planned Permanent Caregiver*
 - Child Behavioral/Emotional Needs
 - Child Risk Behaviors

^{*} The PPC is defined as the "child's legal guardian for children who are not in foster care. If the child is in a foster care placement, please rate the identified parent, other relative, adoptive parent, caretaker who is planning to assume custody of this child."

CANS



- Developmental
- Trauma-includes physical, sexual and emotional abuse, but also other types of trauma (medical, environmental, etc.)
- Violence
- Sexually aggressive behavior
- Juvenile justice
- o Runaway
- Substance use
- Fire-setting
- Modules permit the assessor to gather more information about a specific area of need.
- New Child Welfare module has been developed to better assess children and families receiving foster care services and is organized by Protective Factors framework.

Rating Strengths

Strengths items

- o "o" indicates a centerpiece strength; may be important in service planning
- o "1" indicates a strength exists in this area; may require some development
- o "2" indicates strength has been identified, but no action taken to build or develop
- o "3" no strength identified in this area

*Strengths may be identified as areas to develop on a service plan or may be used to assist meeting a need or supporting healthy functioning.

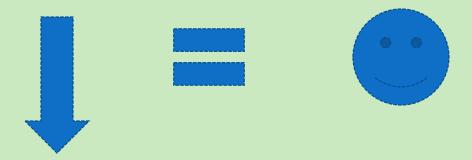
Rating Needs

- Ratings of "o" to "3"
- Needs items
 - o "o" indicates no evidence of need
 - o "1" mild level of need and/or history of need
 - o "2" moderate level of need
 - o "3" severe level of need
- Corresponding action levels of each rating on needs:
 - o "o" no need for action
 - o "1" monitoring, watchful waiting or prevention
 - o "2" requires action to ensure that the identified need is addressed
 - o "3" requires immediate or intensive action

Needs items rated "2" or "3" should be addressed on service plans.

Rating the CANS

- The lower the rating on both strengths and needs items, the better the child is functioning.
- Lowering of numbers indicates improvement in functioning.



Six Key Principles

- Underlying tenets of rating the CANS-VERY IMPORTANT!
 - Item level validity with each item having immediate relevance for service planning
 - Action levels corresponding to each rating for needs & strengths
 - Consider cultural and developmental factors
 - o Descriptive, not determining a cause
 - About the individual, not the service...rating child, not child "in services"
 - Thirty day timeframe on many items-can and should be overridden if action is need

CANS Certification

- The CANS is administered by the local public agency case manager for the child and family.
- Any one administering the CANS (paper or online) must be <u>currently</u> certified on its use.
- Certification is obtained by completing the online training found at www.canstraining.com and scoring at least a .70 on a certification exam.
- Only certified users may enter an assessment into CANVaS.

• Private providers do not have access to CANVaS and cannot complete CANS for CSA children.



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My Course



Carol Wilson

Program Consultant

LAST VIEWED



CANS Comprehensive 5-17 with Lauren Schmidt

Learning (4)



TCOM & Advanced Tools

with Dr. John Lyons Free

Enrolled b 64061 students



with Dr. John Lyons Free

Enrolled b 8934 students





Danger...Danger, Will Robinson!



Individuals <u>must</u> appropriately complete the certification on their own.

Individuals who obtain certification by fraudulent means are not certified and any CANS they administer is invalid.



Danger...Danger



- To enter an assessment in CANVaS, the system must reflect your current certification. If certification expires, the user may still access the assessments he or she has entered, but cannot enter new assessments until recertification.
- Raters may <u>not</u> enter assessments into CANVaS for other case managers who are not certified. CANS which are completed on paper by non-certified staff are not valid assessments.

Why Can't I Pass the Test?

• Most common reason is because...

People do not complete the online training



Danger...Danger...



An invalid assessment means that the assessment cannot be used for <u>any</u> purpose including service planning or to obtain CSA funding.

Why Can't I Pass the Test?

• Suggestions:

- Read the materials and watch the (short) videos. Complete the multiple choice "quizzes" on each item.
- Read the introductory page to the site and the instructions on the test page. Understand the "vignette assumption."
- Print a copy of the User Manual (lists each item with the four anchor definitions) for reference while testing.
- Understand how to rate Strengths items.
- Use the "comments" box on each page to ask specific questions.
- Access resource materials on training site and in CANS folder on CSA (www.csa.virginia.gov) website.
- Contact your local CANS Super User or Carol Wilson at carol.wilson@csa.virginia.gov

CANS 2.0

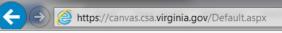


- Two additional trauma items (neglect and disruptions in caregiving)
- New child welfare module (organized by Parent/Guardian/Caregiver Safety Concerns, Strengths and Commitment to Reunification/Permanency)
- Ability to rate multiple caregivers
- Text and wording revisions for clarity

CANVaS 2.0

- Online system upgrade includes:
 - Improved user interface
 - Trauma module required for all children in foster care
 - Ability to rate multiple caregivers
 - Child welfare module
 - Reports –Individual Case Manager
 - ➤ Permanency report-evaluates individual caregiver progress over time
 - ➤ Longitudinal reports (compare CANS for a given child or cohort of children over time)

Each locality has at least one Designated Super User/Report Administrator who has access to the local data and system reports.



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User: Carol Wilson









Locality: CSA - Management

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Consumer

Assessments

Reports

Import Export

Domain Outcomes (INACTIVE)

Version 1.0

The CANVaS User Administrator can be emailed by following this link:

CANVaS Help Desk.

Welcome to the CANVaS System!

CANVaS Users Manual

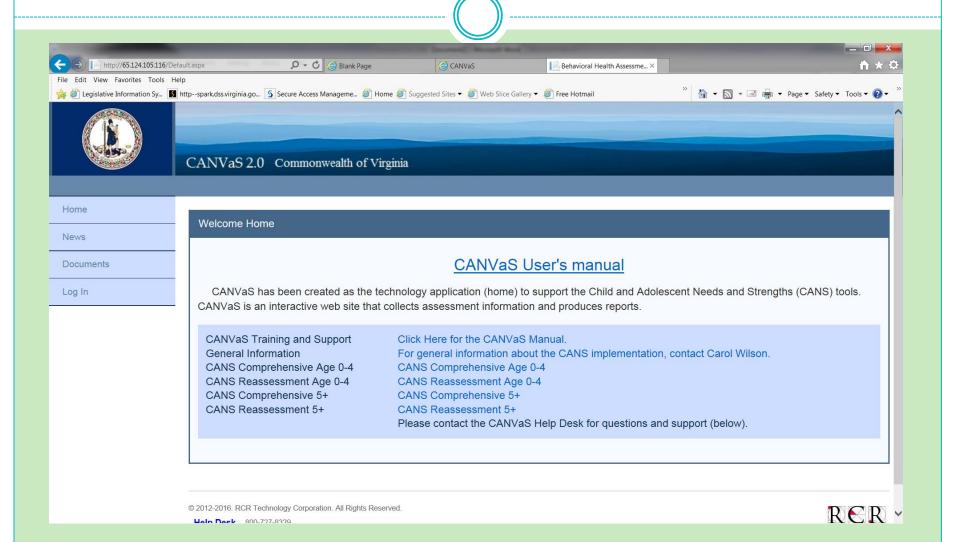
CANVaS has been created as the technology application (home) to support the Child and Adolescent Needs and Strengths (CANS) tools. CANVaS is an interactive web site that collects assessment information and produces reports. In the future, the system will calculate algorithms or decision model thresholds to inform intensity of care determinations and produce new individual and aggregate reports regarding outcomes. Beginning in April 2009, CANVaS will be available for use by localities as the mandatory uniform assessment instrument for children and families served through the Comprehensive Services Act (CSA).

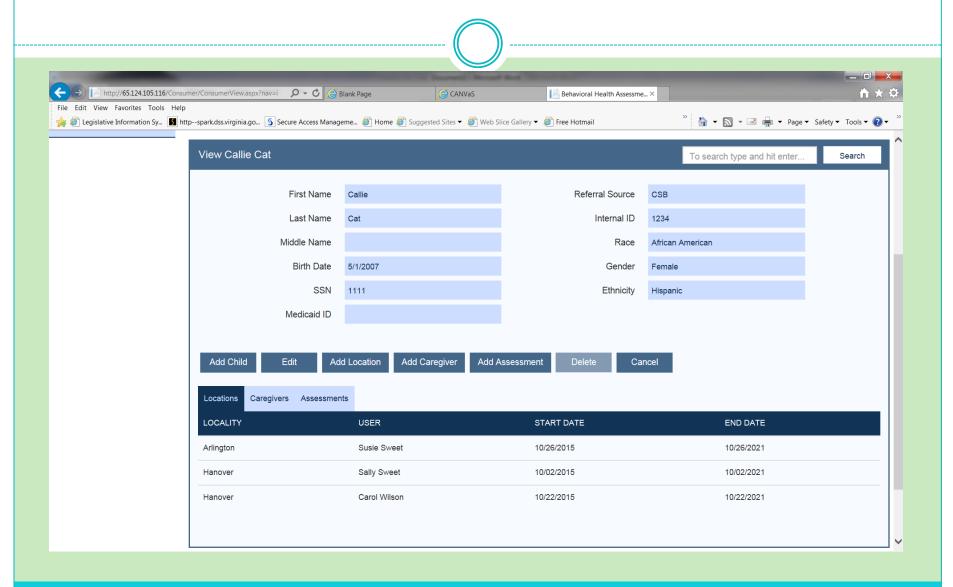
CANS Users Manuals and Score Sheets Virginia's Assessment Tools:

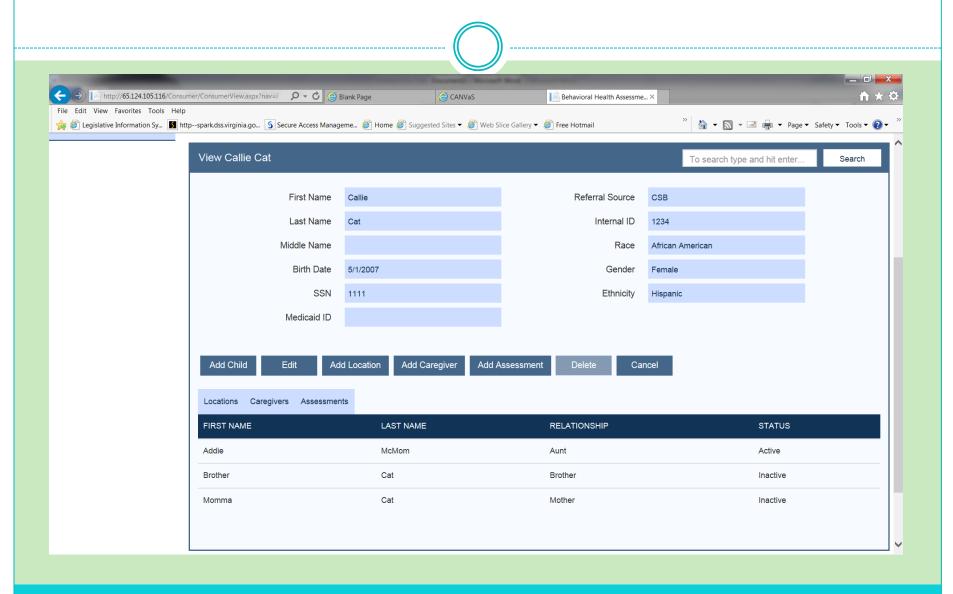
CANS On-line training and certification Virginia's CANS Training:

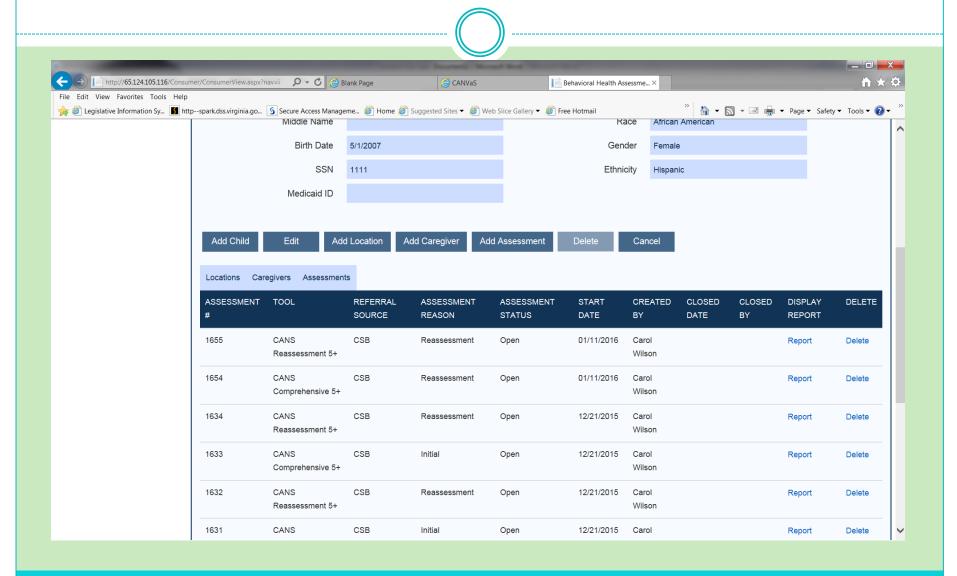
Virginia's CANS SuperUsers: Super User Listing

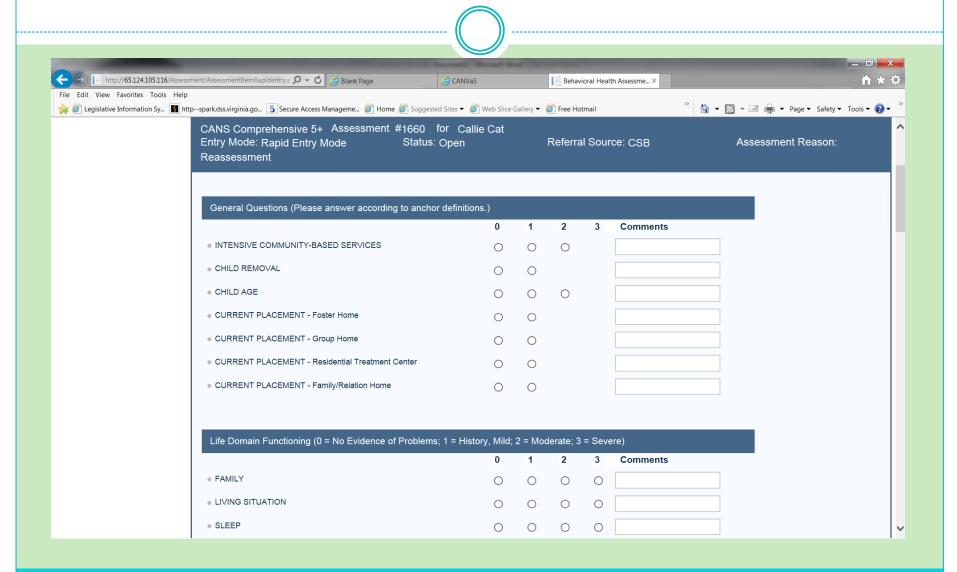
For general information about the CANS implementation contact Canaral Information











The End?

Questions?