

City of Alexandria, Virginia

# System of Care: Consolidation and Collaboration

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1<sup>st</sup> Annual CSA Conference, June 2012, Roanoke, VA



# Impetus For Change



- National System of Care Initiative (1986)
- Comprehensive Services Act (1993)
- DBHDS System of Care Grant (2007)
- For Keeps Initiative (2007)
- Alexandria Community Policy Management Team Strategic Goals (2008)
- Alexandria Community Policy Management Team Values and Core Principles of Change (2008)
- Fiscal Incentives Match Rate Changes (2008)
- Statewide Transformation Council on Reform (2008)
- MH Law Reform/Intensive Care Coordination (2009)

# ACPMT Strategic Goals



- Bring all Alexandria children home to the community
- Prevent our children from leaving the community
- Strengthen existing & develop new community resources
- Maintain services within our budgeted allocation

# ACPMT Values



- All children deserve safe, nurturing, permanent homes with permanent family connections
- Child safety is first and foremost
- Parents have the right & responsibility to raise their own children

# ACPMT Values



- Families and youth perspective must be honored & options must reflect the family values/preferences
- Children can be served in Alexandria. When exception to this must occur, placements are of the shortest duration
- Coordinating community services to transition or maintain children in their homes and communities is a public responsibility. Public community agencies should serve the community in this role.



- Department of Community and Human Services
- Center for Children and Families
- Consolidates: Child Welfare, Outpatient Mental Health, Home Based, Wraparound Services, Intensive Care Coordination, Prevention, Early Childhood Education, Domestic Violence

**City of Alexandria  
Consolidation Process**

Merger of Three Departments: Human Services, Behavioral Health & Developmental Services, Office on Women

# FAPT Team Consolidation



## BEFORE

- Six Teams
- Monthly Meetings
- Learn on the Job
- Fragmentation
- Silo Focused

## AFTER

- Three Teams
- Weekly Meetings
- Intensive Training
- Collaboration
- Specialization

# Community Wraparound Team



- System of Care principles and values in development of individualized care plans
  - Family Driven, Youth Guided, Community Based, Individualized, Culturally Competent, Strength Based, Outcome Based
  - Wraparound: Team based collaborative best practice focusing on natural supports and professional services to maintain youth with their families in their communities

# Staffing A Team Approach



- Intensive Care Coordinator
- Wraparound Case Manager
- Wraparound Team Leader
- FAPT
- CSA Coordinator
- Youth Review Team
- Court
- CPMT
- School
- Child Welfare Social Worker
- Probation Officer
- IEP Coordinator
- Private Providers
- Families
- Youth
- Treatment Team Meeting
- Family Group Conferences
- Family Partnership Meetings

# OUTCOMES



- Reduction of youth placed in residential care
- Reduction of youth re-entering residential care
- Links to community based services are more timely
- Increased collaboration among community members

# OUTCOMES



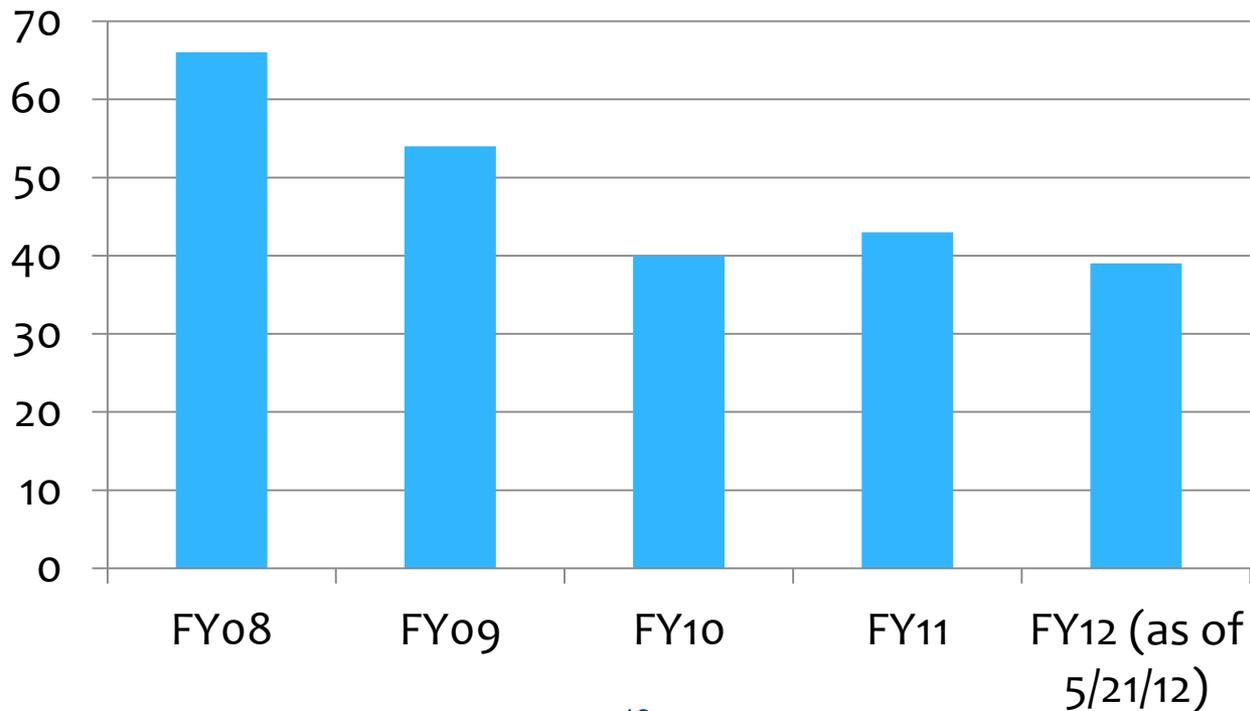
- Established relationships with community providers
- Residential stays are shorter
- Increase in family participation
- Broader range of community based services

# Congregate Care\* Outcomes



\*congregate care = CSA paid residential, group home, or psychiatric hospital placements

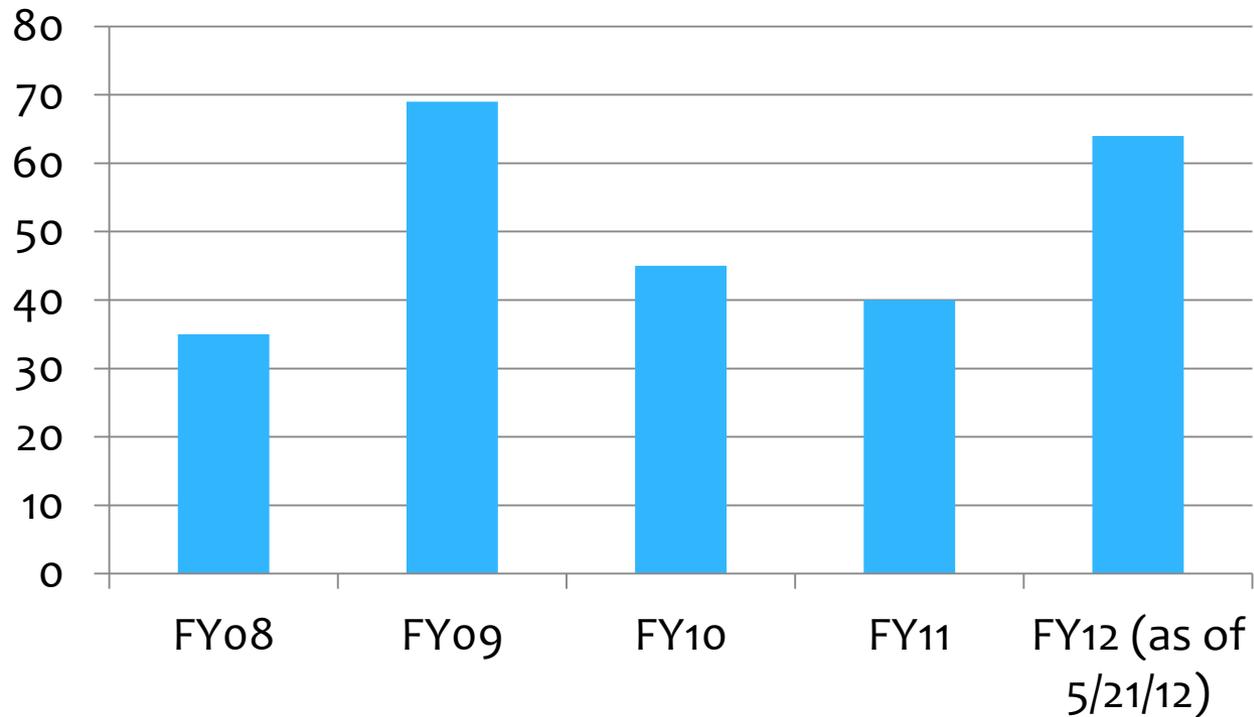
## Total Placed for the Fiscal Year



# Discharge Outcomes



## % Discharged



# OUTCOMES



In 2008 we had a high of 66 children in congregate care settings.

Today we have 14.

# Questions? Contact...



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