



TRAUMA-INFORMED CARE

CHILDREN'S SERVICES ACT
ANNUAL CONFERENCE
APRIL 19, 2016



FACT

- The Family and Children’s Trust Fund (FACT) is a public-private partnership that raises funds for the prevention and treatment of family violence.
 - Includes child abuse and neglect, domestic violence, dating violence, sexual assault, and elder abuse and neglect.
 - “Trauma-Informed Lens” focus
- Governed by a Board of Trustees who are appointed by the Governor
- Administrative support provided by the VA Dept. of Social Services

FACT SERVICES

- Grant funding to programs throughout VA
- Support for statewide trainings throughout VA
- Serve as a data clearing house
- Produce Issue Briefs for statewide distribution
- Special Projects/ Innovation/ Cross Collaboration

FACT FUNDING

- License Plates
- Tax check-off program
- Donations



100% TO SERVICES

VIRGINIA'S THREE BRANCH INSTITUTE

Sponsored by the National Governor's Association, National Conference of State Legislators and Casey Family Programs

- NGA is a bipartisan organization comprised of the nation's governors whose purpose is to:
 - Share best practices, identify priority issues and deal collectively with matters of public policy and governance at the state and national levels
- NCSL is a bipartisan organization – all legislators and staff in the 50 states and territories are members which aims to:
 - Improve the quality and effectiveness of state legislatures, promote innovation and communication, and ensure a strong voice in the federal system

THREE BRANCH INSTITUTE OVERVIEW

- Designed to bring the three branches of government together to develop an action plan to address the most pressing child welfare issues
- Previous Virginia Three Branch participation took place in 2013 and 2014 and focused on child social and emotional wellbeing
- Home Team is comprised of diverse stakeholders from all three branches of government

VIRGINIA'S WORK PLAN

EFFORTS ARE FOCUSED ON CHILDREN UNDER THE AGE OF FOUR, WITH A SPECIAL FOCUS ON CHILDREN UNDER THE AGE OF ONE, AND INCLUDE FOUR GOALS:

1. Increase understanding of risk and protective factors that are predictive/associated with child maltreatment and child fatalities
2. Assess the effectiveness of existing screening, safety and risk tools and explore the development of new or expanded policies, practices and protocols
3. Strengthen existing efforts to improve child welfare practice through primary prevention and family engagement strategies
4. Enhance child welfare recruitment and retention efforts to create and sustain a culture of safety in the workplace.



CHILDHOOD TRAUMA

How do we stop childhood adversity from becoming a life sentence? | Benjamin Perks



TRAUMA

- TYPES

- Acute
- Chronic
- Complex



- ACE STUDY

- Public Health Outcomes

- RESPONSES

- Fight, Flight or FREEZE

PREVENTION SPECTRUM

- PRIMARY
 - Before
- SECONDARY
 - Early
- TERTIARY
 - After



SOCIO-ECOLOGICAL SPECTRUM

- **CONTEXT FOR BEHAVIOR AND PREVENTION**

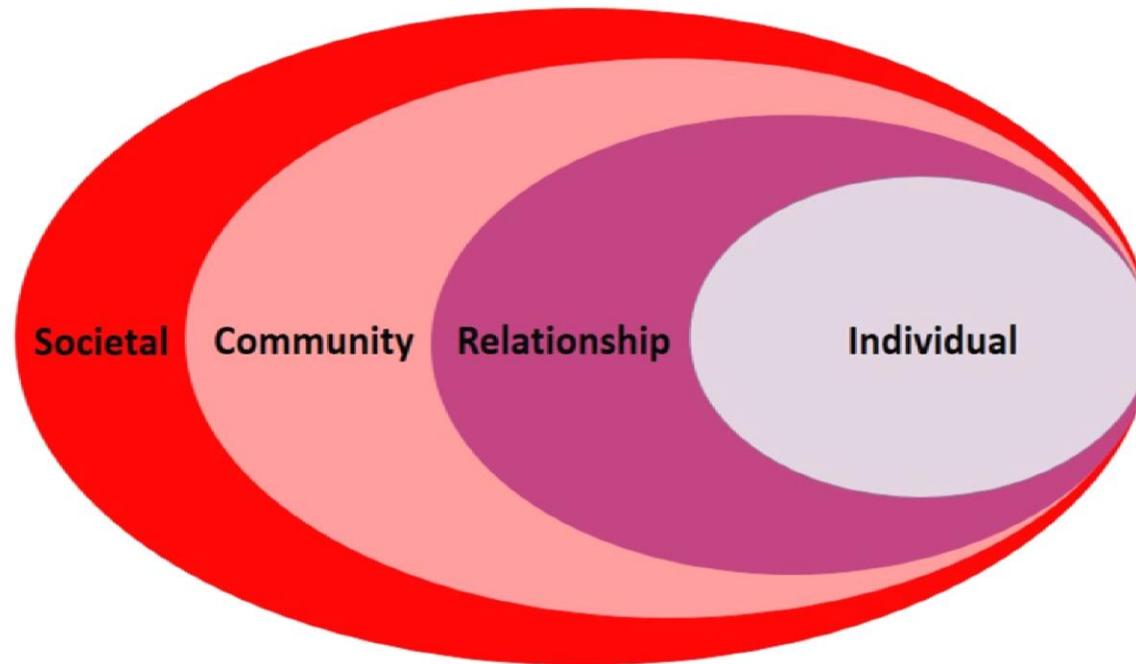
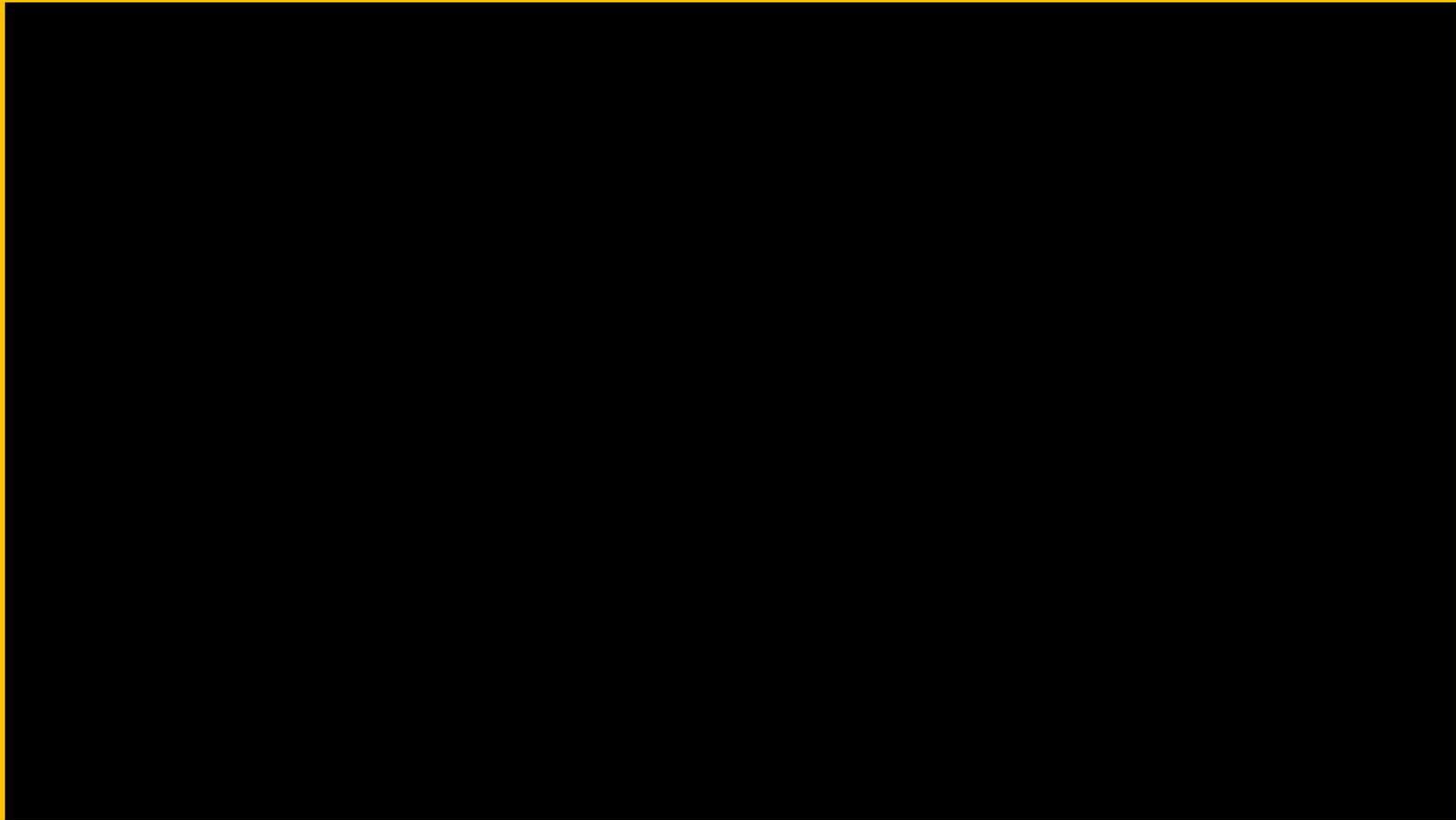


Figure1: Socio-Ecological Model : A Framework for Prevention (CDC)

TRAUMA INFORMED REPOSSES

The Importance of Trauma Informed Responses
Dr. Stephanie S. Covington



TRAUMA INFORMED REPOSENS

- UNIFORMLY IMPLEMENTED
- INCREASE AWARENESS
 - Staff training and discussion
 - Policies to encourage and promote education, effective strategies and support
 - Community awareness and coordination
 - Legislative Action
- INCREASE IN EMPATHY
 - How people feel

EXAMPLES OF TRAUMA INFORMED REPOSSES

- Trauma Informed Care Networks (TICNs)
- Education for school staff (see FACT Issue Brief)
- Mindfulness education- “brain resets”
- Law Enforcement Education- Community Policing

NEXT STEPS FOR TRAUMA INFORMED RESPONSES

- Continued Discussion and Awareness
- Clearer definitions
- EVALUATION



QUESTIONS??

THANK YOU!

- Elizabeth Overall

s.elizabeth.overall@dss.virginia.gov

- Nicole Poulin

nicole.poulin@dss.virginia.gov