

# Getting The Most Out of CSA Hampton, Virginia's Approach

Presented by the Hampton Family Assessment and Planning  
Team

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Roanoke, Virginia

# It's the Law in Virginia

Comprehensive Services Act (CSA) of 1992 intended to create a collaborative systems of services and funding that is:

- Child Centered
- Family Focused, and
- Community Based

When addressing the strengths and needs of troubled and at risk youth and their families.

# The Virginia General Assembly set goals for CSA which included:

- Preserve and strengthen families
- Provide services in the least restrictive setting
- Identify children in need of services and intervene early
- Create new services for unmet needs of children and families
- Grant local flexibility and require local accountability
- Encourage public and private partnerships in services delivery
- Increase interagency collaboration and family involvement

*Comprehensive  
Services Act (CSA)  
was modeled after  
the National  
Systems of Care  
(SOC) philosophy.*

# A system of care:

- incorporates a broad array of services and supports that is organized into a coordinated network
- integrates care planning and management across multiple levels
- is culturally and linguistically competent and
- builds meaningful partnerships with families and youth at service delivery and policy levels.

# Hampton Virginia's Approach

# Hampton Virginia Systems of Care

## Core Values and Beliefs

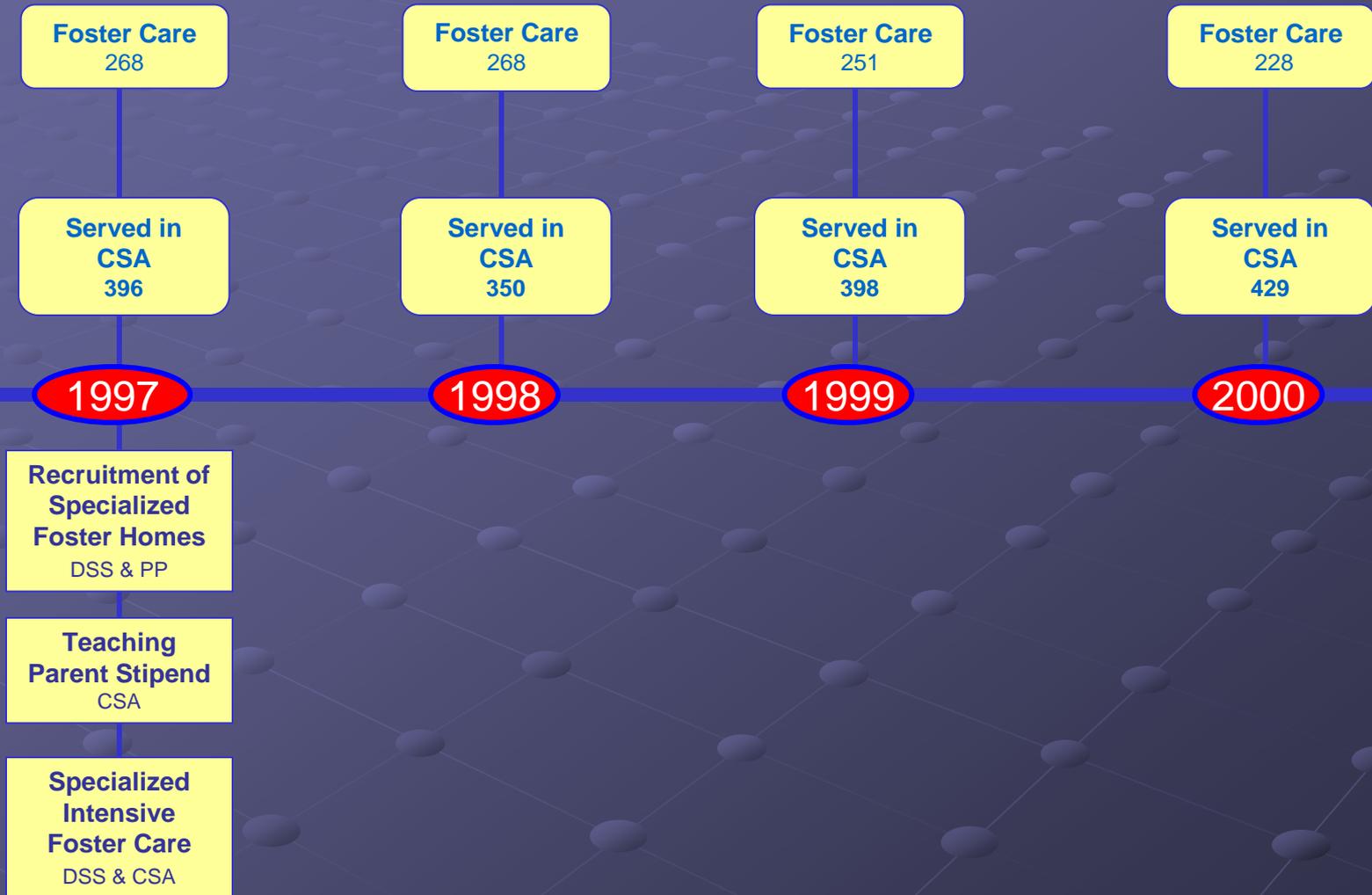
- ✚ Keeping children and families together is the best possible use of resources.
- ✚ CPMT and FAPT partner with all who can support children and families' successful outcomes.
- ✚ We begin with outcomes not process.
- ✚ Families are the experts about their families.
- ✚ All stakeholder groups are accountable for positive outcomes for children and their families at home, school and in the community.
- ✚ Child centered, family focused and community based service delivery is the law in Virginia and must be implemented through new practice models.
- ✚ Do *whatever it takes* to support the success of children and families.
- ✚ Trying hard is not good enough.

[Trying Hard Is Not Good Enough](#)  
by Mark Friedman - 2005

# Community Based Services in 1994

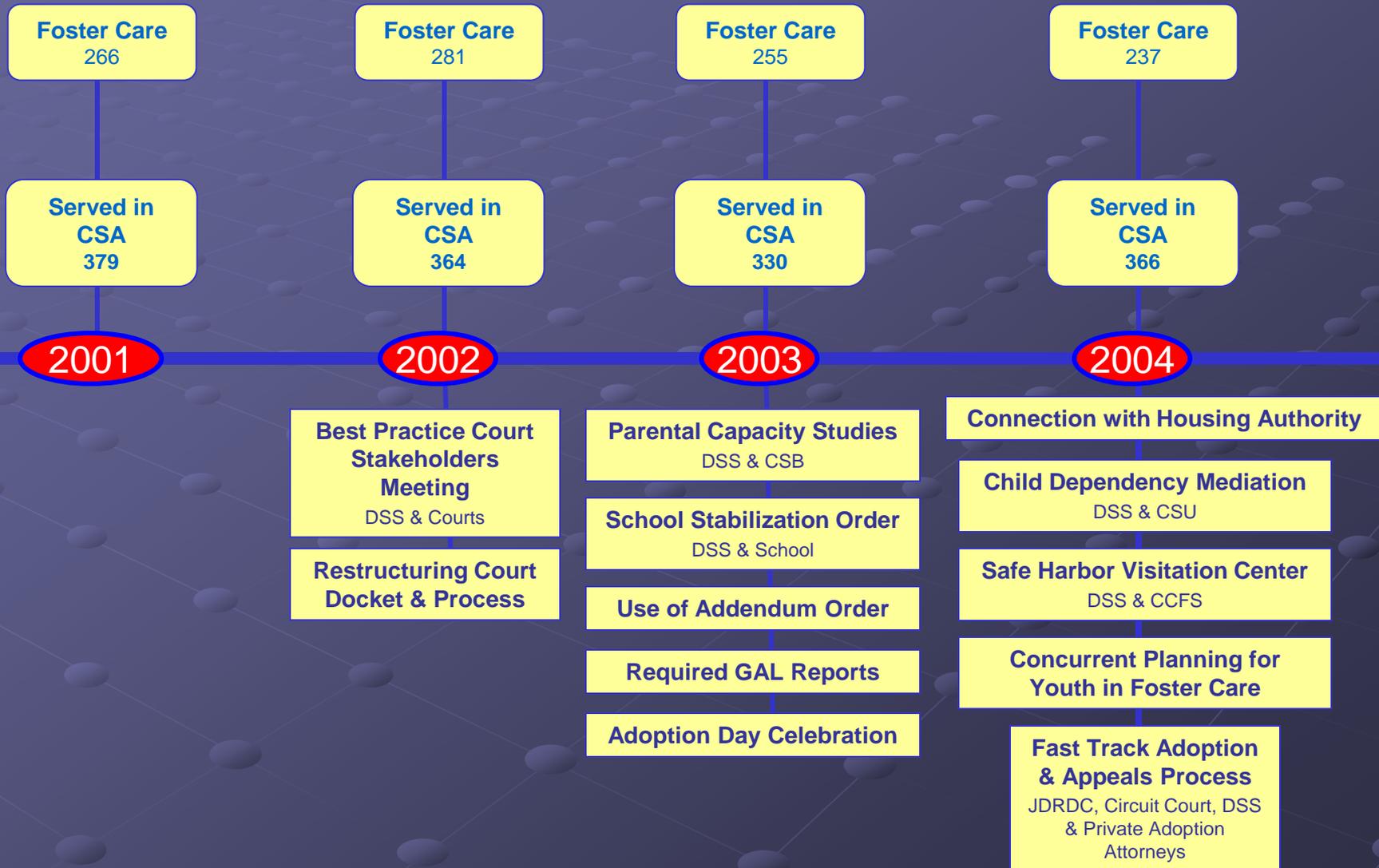
- Youth were in Residential Treatment

# Community Based Services Timeline 1997 - 2000



# Community Based Services Timeline cont.

## 2001 - 2004

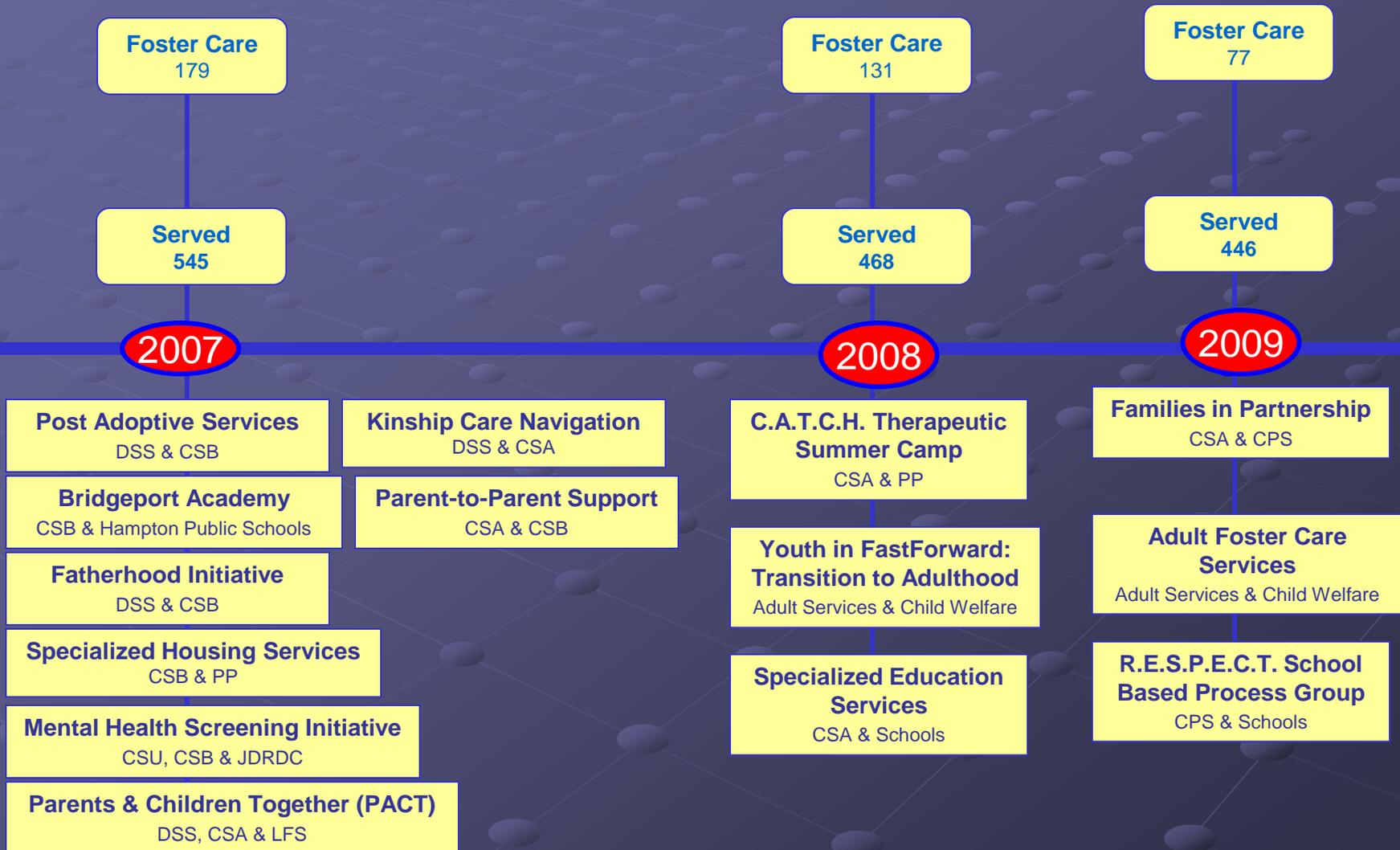


# Community Based Services Timeline cont.

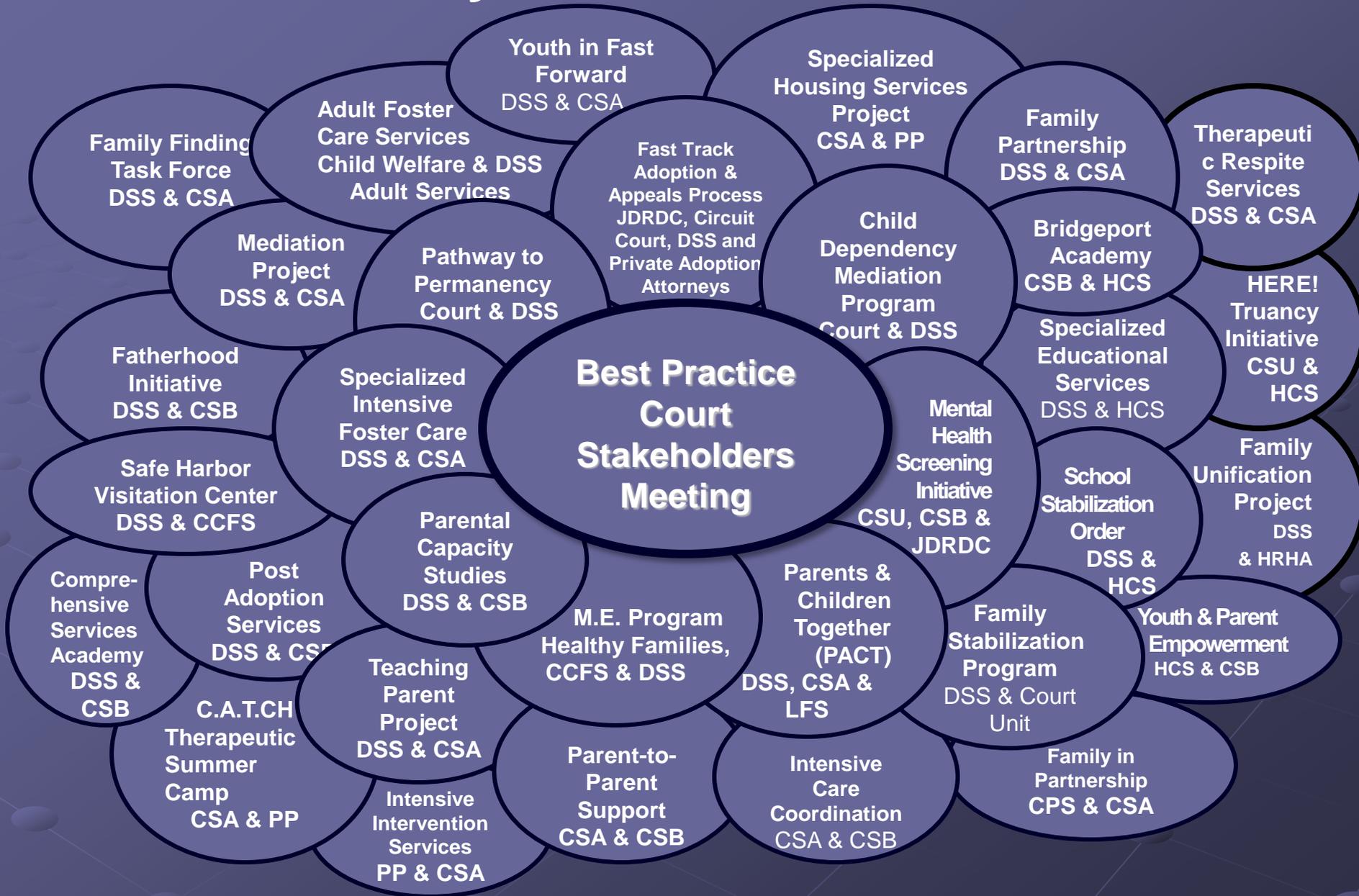
## 2005 - 2006



# Community Based Services Timeline 2007 - 2009



# Community Based Services in 2012



**This Community Service System was created one child at a time.**

# Hampton FAPT

- **The Hampton Family Assessment and Planning Team** consists of the agencies serving children and their families and family representatives. The Hampton FAPT is a single team meeting multiple times a week and has staff that devotes a significant part of their work hours to FAPT involvement. Team members are acculturated into the child centered, family focused and community based approach to providing supports and services for children and their families.

# Specialized Intensive Foster Care

- This program was developed as an alternative to residential treatment centers. Professional Parents, with the knowledge and experience to support children and families with the most complex needs, provide 24 hour services, support and housing utilizing an unconditional care approach. These families receive Wraparound supports individualized for each child's specific strengths and needs. SIFC parents connect with the biological family and often serve as mentors to the families and siblings.

# Resource Parenting

- This program partners agency foster parents with biological families to support, mentor, and coach them, as they parent their children. The families served in this program continue to maintain custody of their children and benefit from the training and support of the resource parent.

# Parent to Parent Support Project

- This program provides families a mentor to serve as guides and support for families involved in the FAPT process. Parent to Parent advocates have received services from FAPT member child serving agencies and developed the skills necessary to support families at home, school and in the community.

# The Fatherhood Initiative

- This program has been developed to increase the role of fathers in the FAPT process as well as throughout the Hampton children's service delivery system. Fathers attend a 12 week group to provide support and education regarding their child's strengths and complex needs; reduce stressors regarding the role of fathers with their children and families; and develop each father's skills and abilities to advocate for their children and family.

# Family Support

- Family support is a home-based program that is designed to support families by providing practical supports. It's a flexible, child-specific intervention, that imports a variety of techniques to help families that require in-home supports but don't meet the medical necessity of intensive in-home.

# Therapeutic After School Programs

Therapeutic After School programs have been utilized to meet the needs of young people with emotional/behavioral issues and intellectual delays. The youth served in these programs require a higher level of structure and programming than traditional after-school programs provide.

**Communities must  
create their own  
Systems of Care  
based on their  
strengths and  
needs driven by  
outcomes.**

# Questions a Community Might Ask

- ▣ Where are our children and young adults?
- ▣ How are we spending our money?
- ▣ Can our community based service providers support children and families with complex needs in our community?
- ▣ Where are our creative Systems of Care champions?
- ▣ Are our schools ready?

# Questions a Community Might Ask

- What do our judges need?
- What model should we use?
- How do we manage liability?
- What outcomes can we, should we, will we measure?
- Our vision, mission, values and beliefs are.....

# So Many Choices....

**Permanency Planning & Permanency PACT**

*Evidenced Based Practice*

*Systems of Care*

Positive Behavior Supports

Family Team Decision Making

## Children and Families

Kinship Care

**Family Group Conferencing**

**Positive Youth Development**

*Balanced Approach to Restorative Justice*

MST  
&  
FFT

Structural Approaches & Systemic Approaches

Wraparound

**Early Intervention Prevention**



# Questions and Comments