

Results of the FY2023 CSA Service Gap Survey



Overview

- Background of the Service Gap Survey
- Statewide Service Gaps
- Regional Service Gaps
- Barriers
- Changes in Community Service Capacity
- Conclusions



Background of the CSA Service Gap Survey

- One primary responsibility of the Community Policy and Management Team (CPMT) is to coordinate long-range, community-wide planning to develop resources and services needed by children and families in the community (§2.2-5206).
- The 2006 Virginia General Assembly amended the Code of Virginia to further specify this requirement. On an annual basis, the CPMT shall report to the Office of Children's Services (OCS) on gaps and barriers in services needed to keep children in the local community (§2.2-5211.1.2).
- This report marks the 15th year that OCS has collected data on service gaps, barriers to filling these gaps, and local efforts to overcome the barriers.



Methodology

- CPMT Chairs and CSA Coordinators received an OCS Administrative Memo with a link to an automated Survey Monkey survey on March 31, 2023
- The survey closed on June 2, 2023
- One submission was permitted per locality (some localities filed jointly under one CPMT)
- 103 CSA localities responded out of 127 possible, a response rate of 81% (down from the FY2021 response rate of 83%)
- VDSS geographic regions were utilized to group localities



Service Groupings

Residential Services

- □ Short-term Diagnostic
- □ Group Home
- □ Residential Treatment

Crisis Services

- □ Crisis Intervention/Stabilization
- ☐ Acute Psychiatric Hospitalization

Family Support Services

- □ Family Partnership Facilitation
- □ Respite
- □ Intensive Care Coordination (ICC)
- ☐ Family Support Partner
- □ Child Mentoring
- □ Parent Coaching

Community-Based Behavioral Health Services

- □ Assessment
- □ Group Therapy
- □ Family Therapy
- □ Intensive In-Home
- □ Therapeutic Day Treatment
- □ Case Management
- □ Medication Management
- □ Applied Behavior Analysis
- □ Trauma Focused/Informed Services

Educational Services

- □ Private Day School
- □ Residential School
- ☐ School-based Mental Health Services

<u>Evidence-Based Behavioral Health</u> <u>Services</u>

- □ Multi-systemic Therapy
- □ Functional Family Therapy
- □ Parent Child Interaction Therapy
- □ Cognitive Behavioral Therapy
- □ Motivational Interviewing

Foster Care Services

- □ Family Foster Care Homes
- ☐ Therapeutic Foster Care Homes
- □ Independent Living Services

Other Services

- □ Other: _____
- □ Other: _____
- □ Other: _____



Populations and Age Groups

Populations

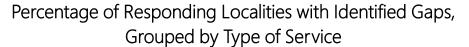
- ☐ Autism
- ☐ Intellectual Disability/Developmental Disability
- ☐ Potentially Disrupting or Disrupted Foster Care Placements
- ☐ Potentially Disrupting or Disrupted Adoptions
- ☐ Sex Offending/Sexually Reactive Behaviors
- ☐ Youth with Multiple Mental Health Diagnoses
- ☐ Youth involved with the Juvenile Justice System
- ☐ Substance Abuse
- ☐ Other:

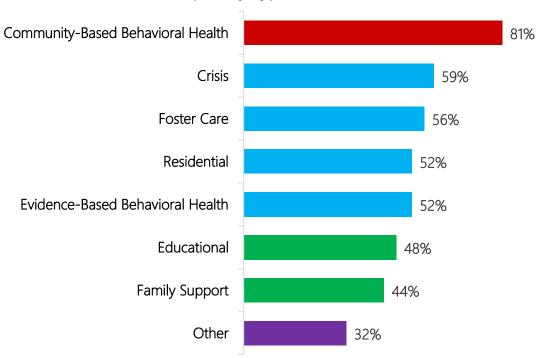
Age Groups

- ☐ Pre-School Age (0-5)
- ☐ Elementary School Age (6-10)
- ☐ Middle School Age (11-13)
- ☐ High School Age (14-18)
- ☐ Transition Age (19-21)



Reported Gaps: Most Prevalent Types of Service





revalence FY2023
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2
3
4
5
6
7
8

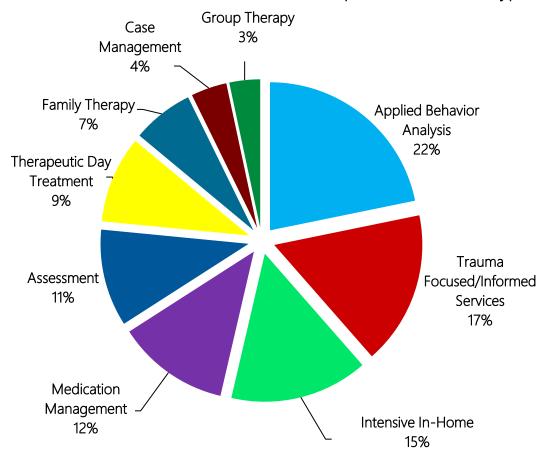
<u>Note</u>: If a locality selected at least one critical service gap within the service type groups displayed above, they were counted for this measure. The number of responding localities represents the count of localities that submitted survey responses; bar chart values represent the percentage of responding localities with a critical gap identified for that service type.

Number of Responding Localities: 103



Statewide: Gaps for Top-Reported Service Type

Community-Based Behavioral Health Services (Responses for Service Type, FY2023)



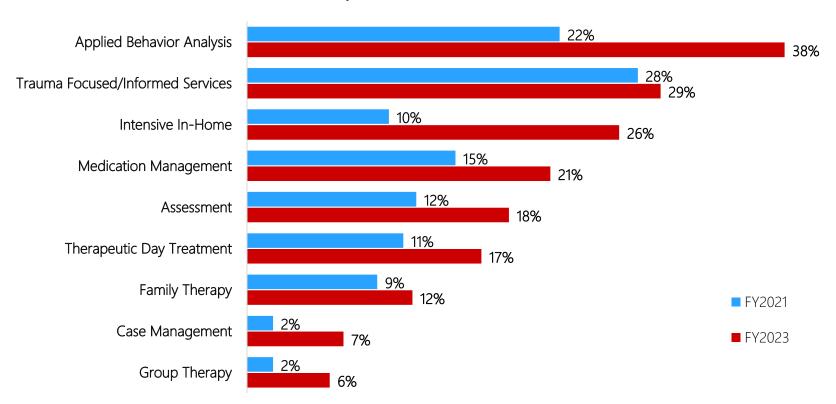
Community-Based Behavioral Health	Last Full Survey (FY2021)	Current Survey (FY2023)
Applied Behavior Analysis	20%	22%
Trauma Focused/ Informed Services	25%	17%
Intensive In-Home	9%	15%
Medication Management	13%	12%
Assessment	11%	11%
Therapeutic Day Treatment	10%	9%
Family Therapy	8%	7%
Case Management	2%	4%
Group Therapy	2%	3%

Number of Responses: 120 (FY2021); 178 (FY2023)



Statewide: Percentage of Localities with Gap (Community-Based Behavioral Health)

Percentage of Localities Reporting Service as Critical Gap (Community-Based Behavioral Health)

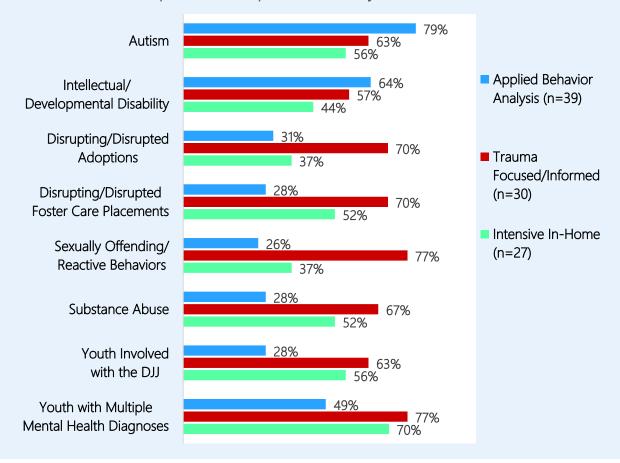




Populations with Gaps in Community-Based Behavioral Health Services: Statewide

Top Three Populations with Gaps in Service Type	Percent of Responding Localities (n=83)
Autism	75%
Intellectual/Developmental Disability	66%
Youth with Multiple Mental Health Diagnoses	65%

Lack of Access for Populations in Localities Reporting
Top Service Gaps (Community-Based BH)

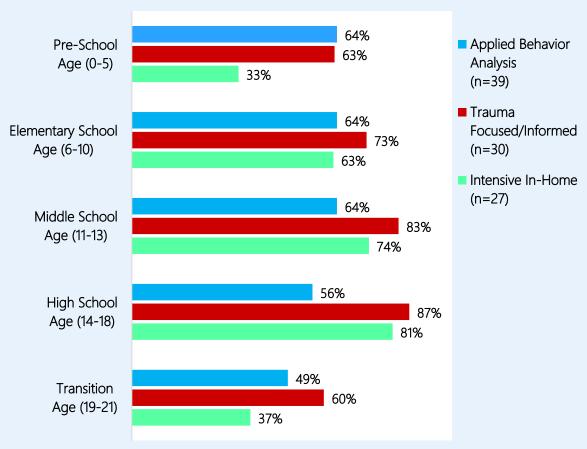




Age Groups with Gaps in Community-Based Behavioral Health Services: Statewide

Top Three Age Groups with Gaps in Service Type Middle School Age (11-13) High School Age (14-18) Elementary School Age (6-10) Percent of Responding Localities (n=83) 73%

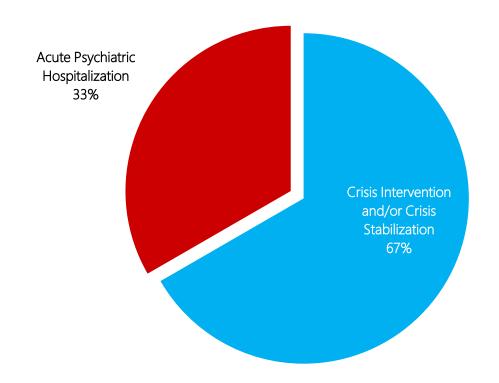
Lack of Access for Age Groups in Localities Reporting Top Service Gaps (Community-Based BH)





Statewide: Gaps for 2nd Top-Reported Service Type

Crisis Services (Responses for Service Type, FY2023)

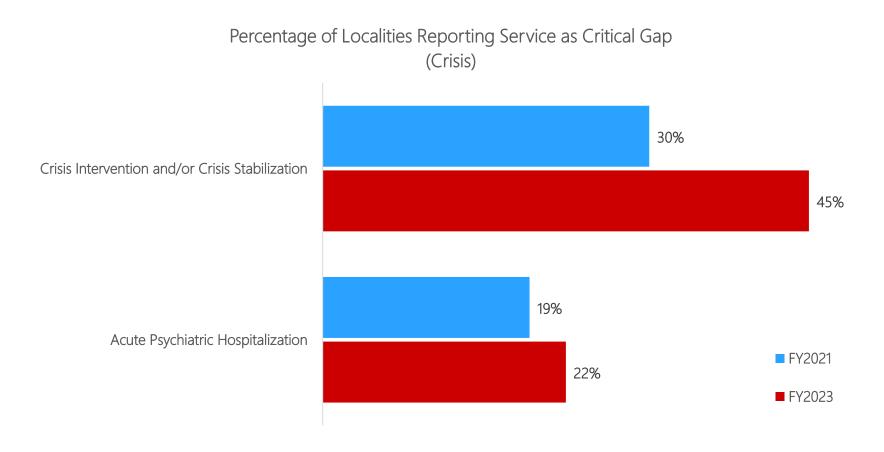


Crisis Services	Last Full Survey (FY2021)	Current Survey (FY2023)
Crisis Intervention and/or Crisis Stabilization	62%	67%
Acute Psychiatric Hospitalization	38%	33%

Number of Responses: 52 (FY2021); 69 (FY2023)



Statewide: Percentage of Localities with Gap (Crisis)

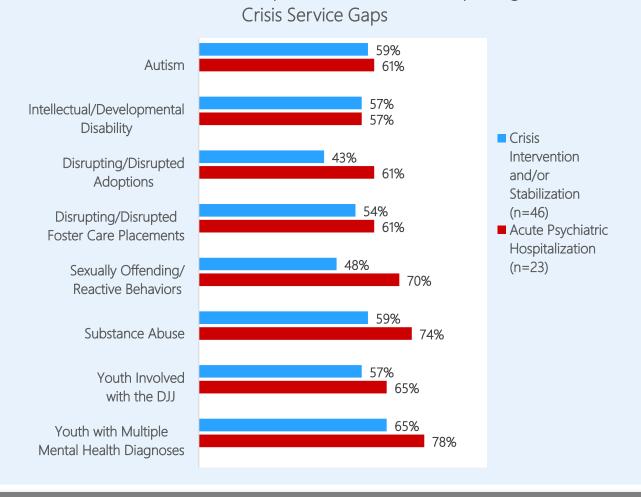




Populations with Gaps in Crisis Services: Statewide

Lack of Access for Populations in Localities Reporting

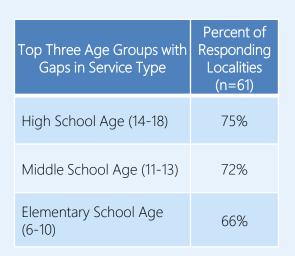
Top Three Populations with Gaps in Service Type	Percent of Responding Localities (n=61)
Youth with Multiple Mental Health Diagnoses	72%
Substance Abuse	66%
Youth Involved with Juvenile Justice System	64%

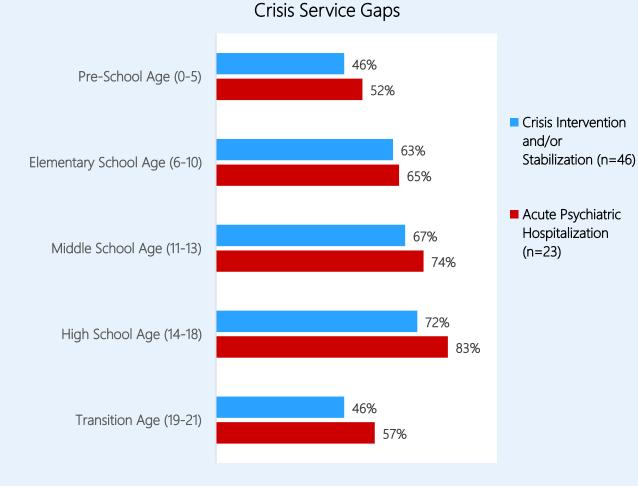




Age Groups with Gaps in Crisis Services: Statewide

Lack of Access for Populations in Localities Reporting

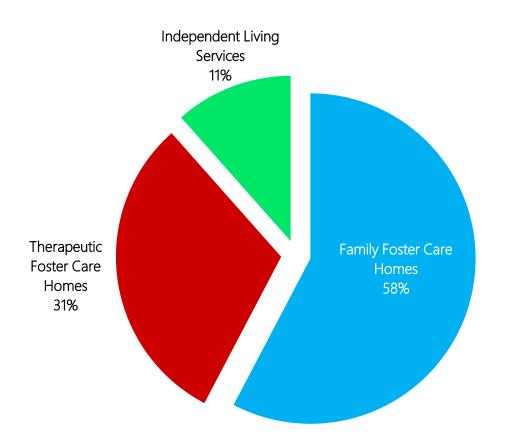






Statewide: Gaps for 3rd Top-Reported Service Type

Foster Care Services (Responses for Service Type, FY2023)

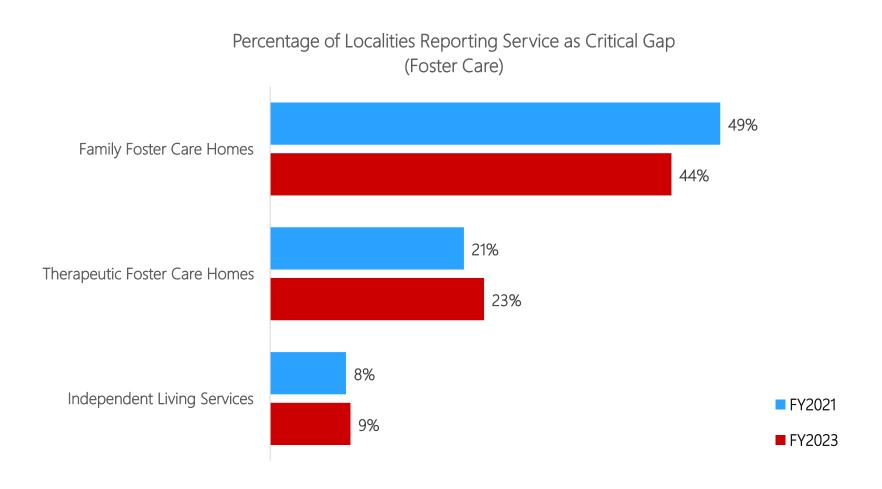


Foster Care Services	Last Full Survey (FY2021)	Current Survey (FY2023)
Family Foster Care Homes	62%	58%
Therapeutic Foster Care Homes	27%	31%
Independent Living Services	11%	11%

Number of Responses: 85 (FY2021); 78 (FY2023)



Statewide: Percentage of Localities with Gap (Foster Care)

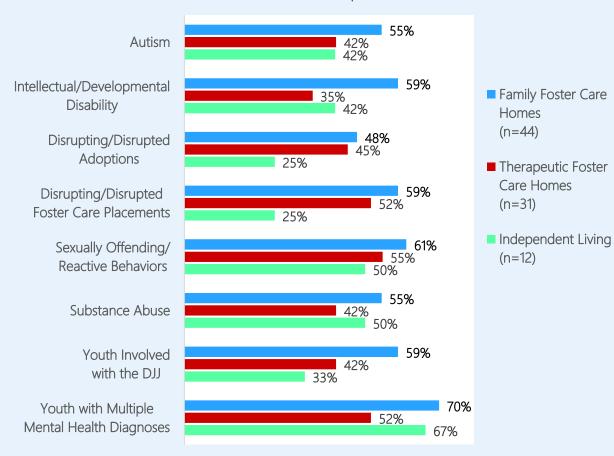




Populations with Gaps in Foster Care Services: Statewide

Top Three Populations with Gaps in Service Type	Percent of Responding Localities (n=58)
Youth with Multiple Mental Health Diagnoses	66%
Sex Offending/Sexually Reactive Behaviors	64%
Substance Abuse	59%
Youth Involved with the Juvenile Justice System	59%



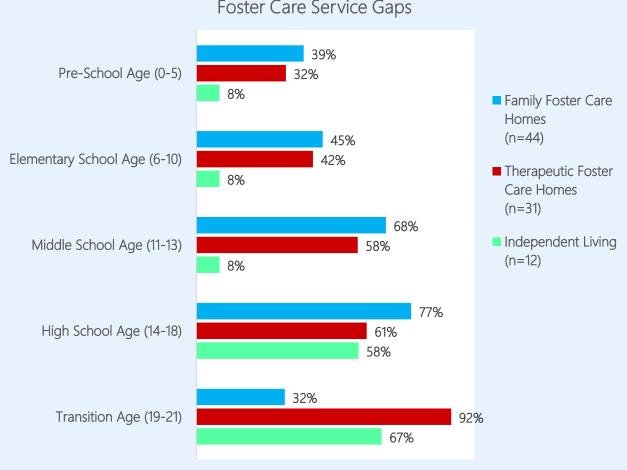




Age Groups with Gaps in Foster Care Services: Statewide

Lack of Access for Populations in Localities Reporting Foster Care Service Gaps

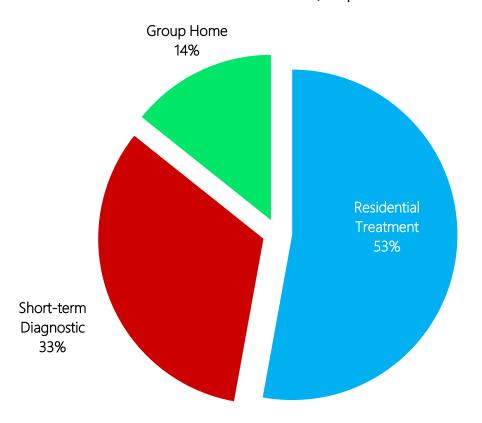
Top Three Age Groups with Gaps in Service Type	Percent of Responding Localities (n=58)
High School Age (14-18)	76%
Middle School Age (11-13)	67%
Elementary School Age (6-10)	45%





Statewide: Service Gaps for 4th Top-Reported Service Type

Residential Services
(Responses for Service Type, FY2023)

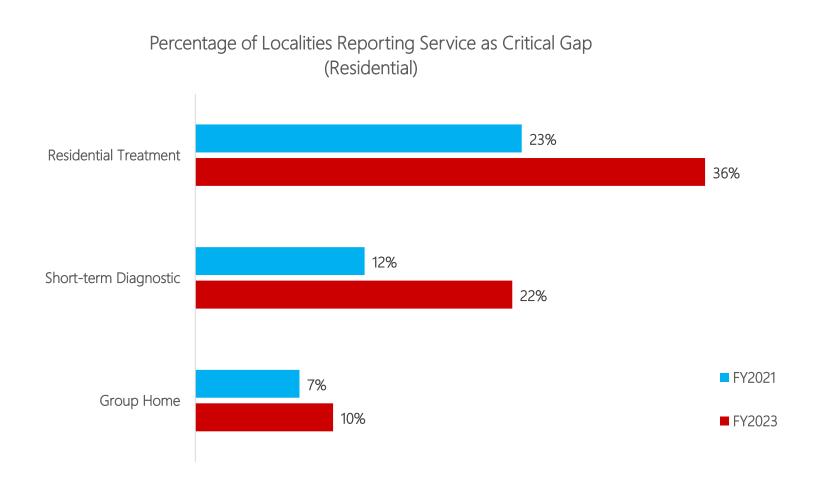


Residential	Last Full Survey (FY2021)	Current Survey (FY2023)
Residential Treatment	54%	53%
Short-term Diagnostic	28%	33%
Group Home	17%	14%

Number of Responses: 46 (FY2021); 70 (FY2023)



Statewide: Percentage of Localities with Gap (Residential)

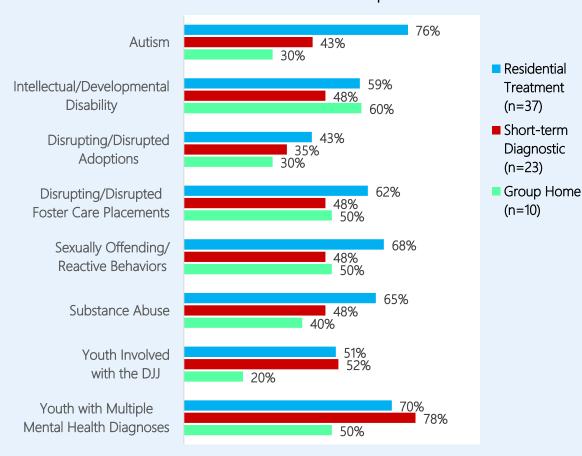




Populations with Gaps in Residential Services: Statewide

Lack of Access for Populations in Localities Reporting Residential Service Gaps

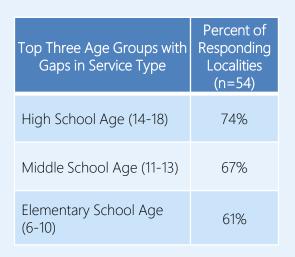
Top Three Populations with Gaps in Service Type	Percent of Responding Localities (n=54)
Youth with Multiple Mental Health Diagnoses	74%
Autism	70%
Sex Offending/Sexually Reactive Behaviors	65%

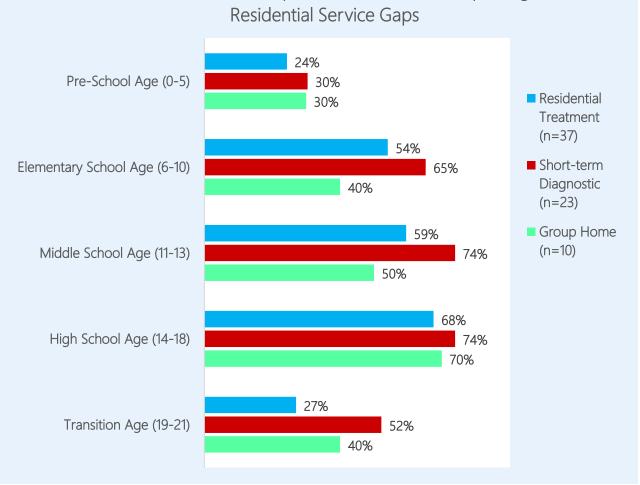




Age Groups with Gaps in Residential Services: Statewide

Lack of Access for Populations in Localities Reporting

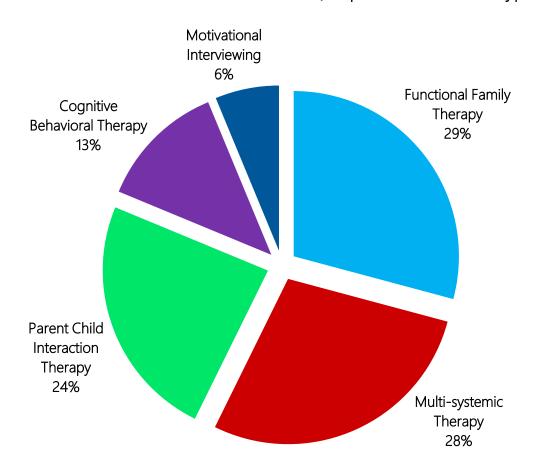






Statewide: Service Gaps for 5th Top-Reported Service Type

Evidence-Based Behavioral Health (Responses for Service Type, FY2023)

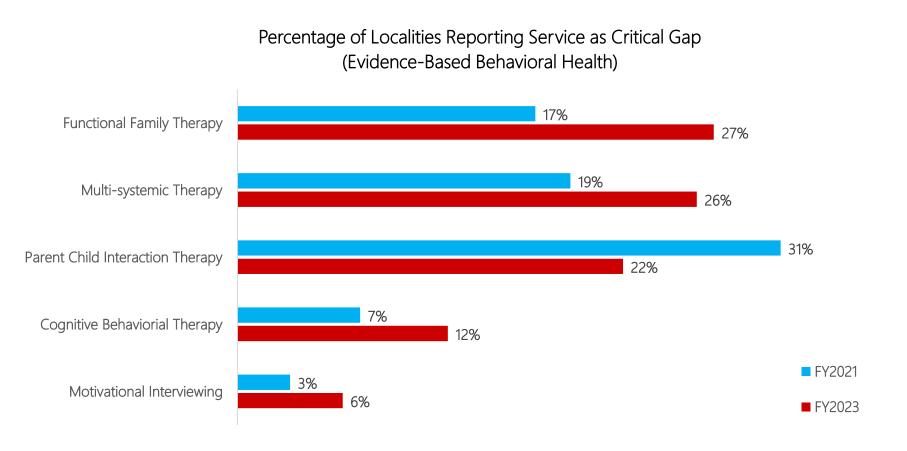


Evidence-Based Behavioral Health	FY21 %	FY23 %
Functional Family Therapy	22%	29%
Multi-systemic Therapy	25%	28%
Parent Child Interaction Therapy	40%	24%
Cognitive Behavioral Therapy	10%	13%
Motivational Interviewing	3%	6%

Number of Responses: 83 (FY2021); 96 (FY2023)



Statewide: Percentage of Localities with Gap (Evidence-Based Behavioral Health)

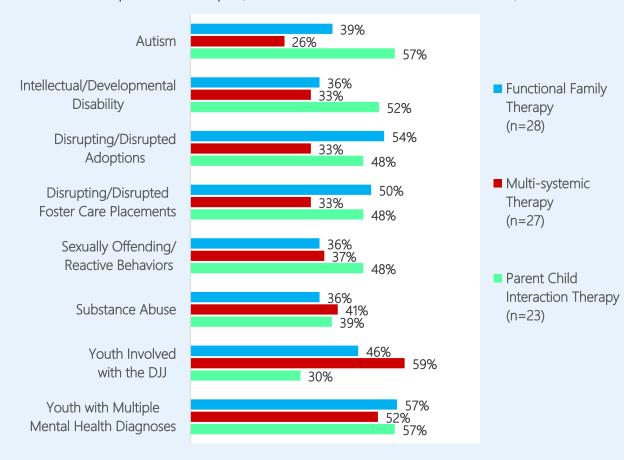




Populations with Gaps in Evidence-Based Behavioral Health Services: Statewide

Top Three Populations with Gaps in Service Type	Percent of Responding Localities (n=54)
Youth with Multiple Mental Health Diagnoses	63%
Youth Involved with Juvenile Justice System	61%
Potentially Disrupting or Disrupted Adoptions	52%

Lack of Access for Populations in Localities Reporting Top Service Gaps (Evidence-Based Behavioral Health)





Age Groups with Gaps in Evidence-Based Behavioral Health Services: Statewide

Top Three Age Groups with Gaps in Service Type

High School Age (14-18)

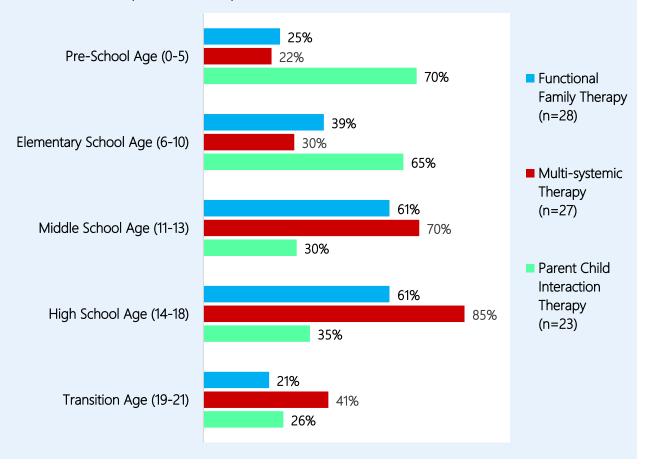
Middle School Age (11-13)

Elementary School Age (0-5)

Percent of Responding Localities (n=54)

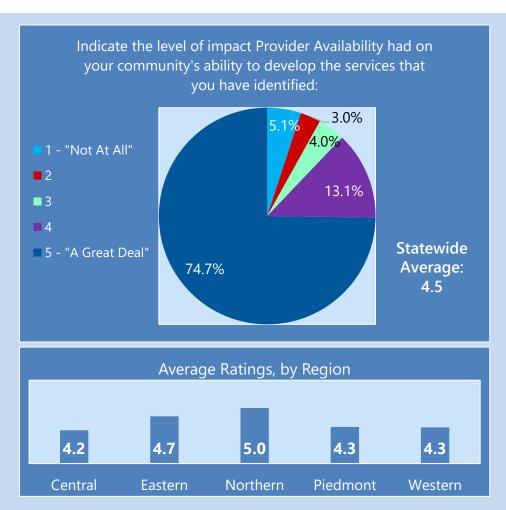
61%

Lack of Access for Populations in Localities Reporting Top Service Gaps (Evidence-Based Behavioral Health)





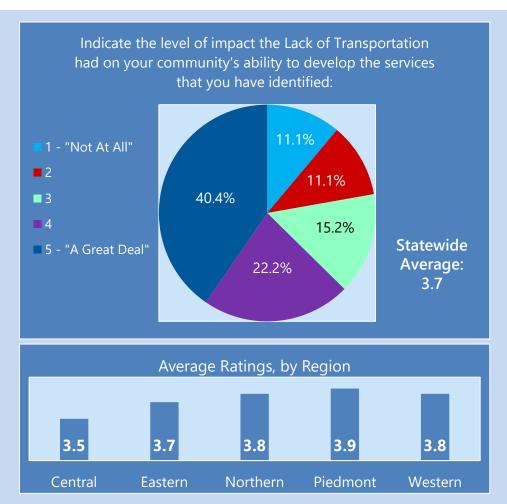
Impact of Barrier on the Ability to Develop Services: "Provider Availability"







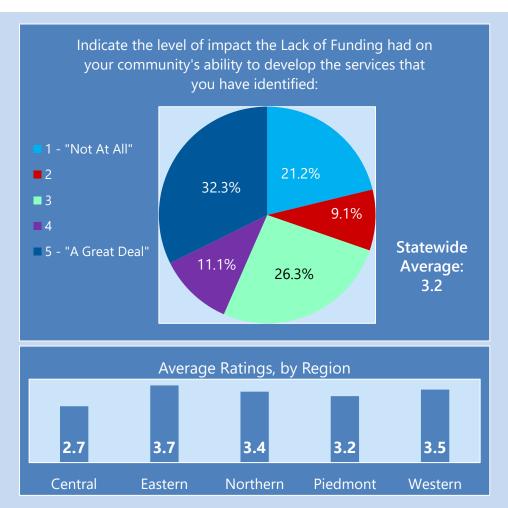
Impact of Barrier on the Ability to Develop Services: "Lack of Transportation"







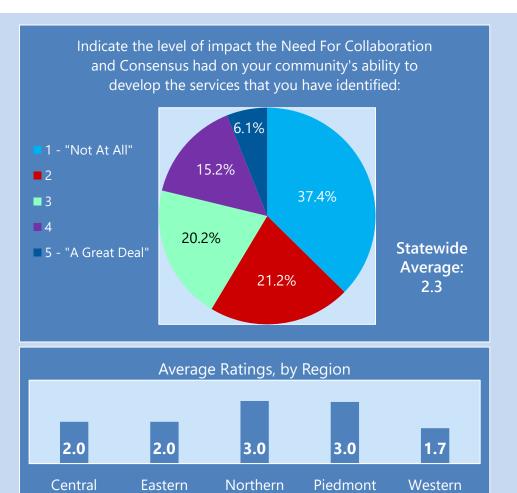
Impact of Barrier on the Ability to Develop Services: "Lack of Funding"







Impact of Barrier on the Ability to Develop Services: "Need For Collaboration and Consensus"

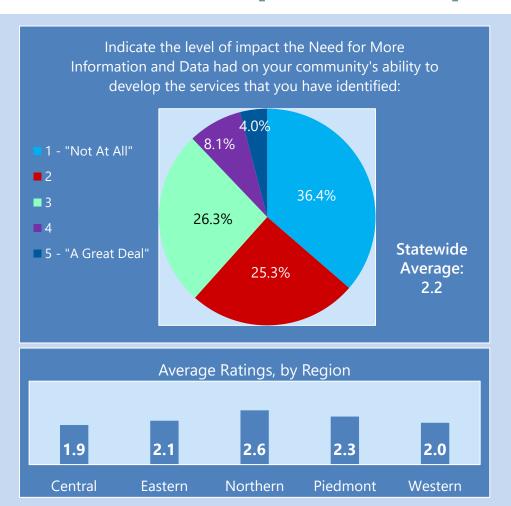


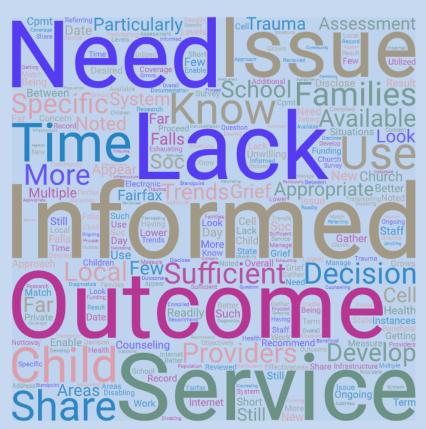




Impact of Barrier on the Ability to Develop Services:

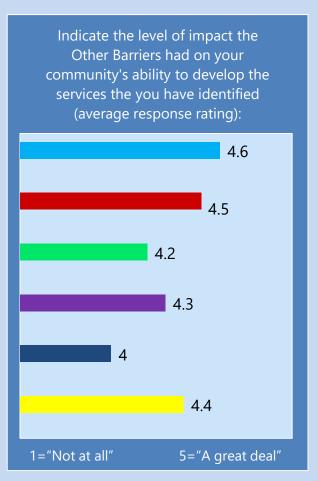
"Need for More Information and Data"

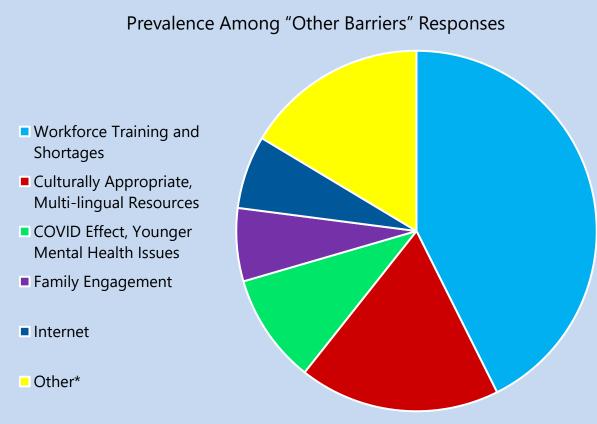






Impact of Barrier on the Ability to Develop Services: "Other Barriers"



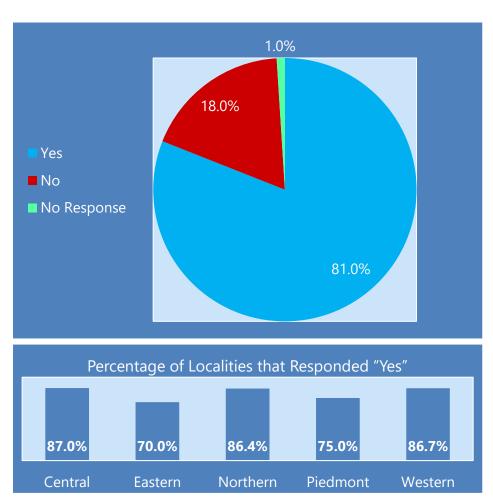


Note: 61 Other Barriers were offered by 58 localities

^{*} Other responses included Housing, Medicaid dentistry, socioeconomic issues such as High Poverty and Low Educational Attainment, and Attachment-Focused Training



Has your locality initiated actions over the past year to address the perceived service barriers?







Conclusions

- Gaps in Community-Based Behavioral Services were the most prevalent statewide and in 3 out of 5 regions.
- In FY2021, Family Foster Care Homes was selected as the top individual service gap in the Commonwealth, out of 31 identified. This year, Crisis Intervention and/or Crisis Stabilization is the top individual service gap and Family Foster Care Homes is second.
- Crisis Intervention and/or Crisis Stabilization and Applied Behavior Analysis were in the top three most prevalent individual services for 3 out of 5 regions.
- Autism was the top population affected by at least one service gap statewide (identified by 89 localities, or 86%). This was higher than last year's top population of Youth with Multiple Mental Health Diagnoses (identified by 85% of responding localities this year).

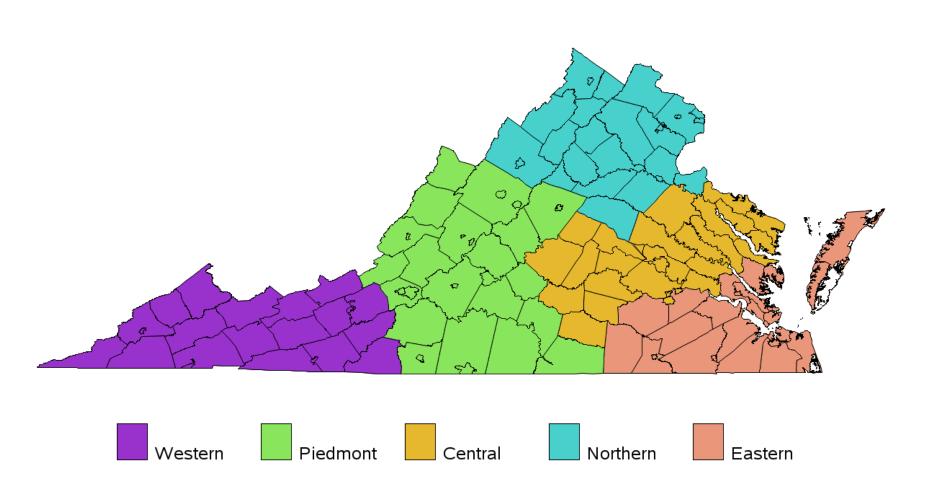


Conclusions (continued)

- High School Age children (14 18) were the age group selected most often statewide, and in every region. This was the same as FY2021 results.
- Barriers Weighted by Ranking in Order from Highest to Lowest
 - Provider Availability
 - Lack of Transportation
 - Lack of Funding
 - Need for Collaboration and Consensus
 - Need More information and Data
- Over 80% of localities initiated actions over the past year to address these perceived barriers.



Regional Boundaries





Top Five Service Types (Statewide), by Region

Percentage of Localities with Gaps, by Service Type & Region



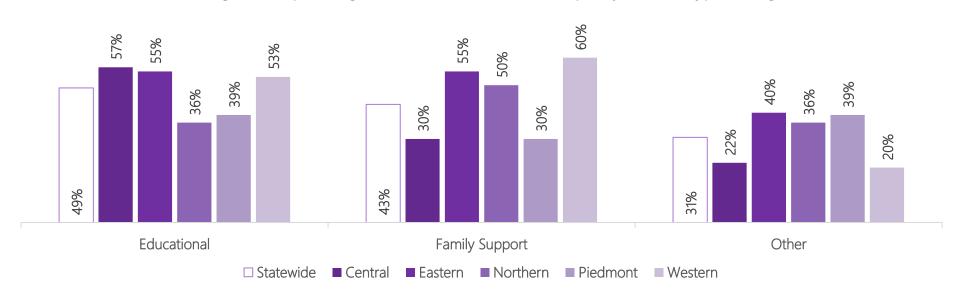
Note: If a locality selected at least one critical service gap within the service type groups displayed above, they were counted for this measure. The number of responding localities represents the count of localities that submitted survey responses; bar chart values represent the percentage of responding localities with a critical gap identified for that service type.

Number of Responding Localities: 100 (Statewide); 23 (Central); 20 (Eastern); 22 (Northern); 23 (Piedmont); 15 (Western)



Remaining Service Types (Statewide), by Region

Percentage of Responding Localities with Identified Gaps, by Service Type & Region



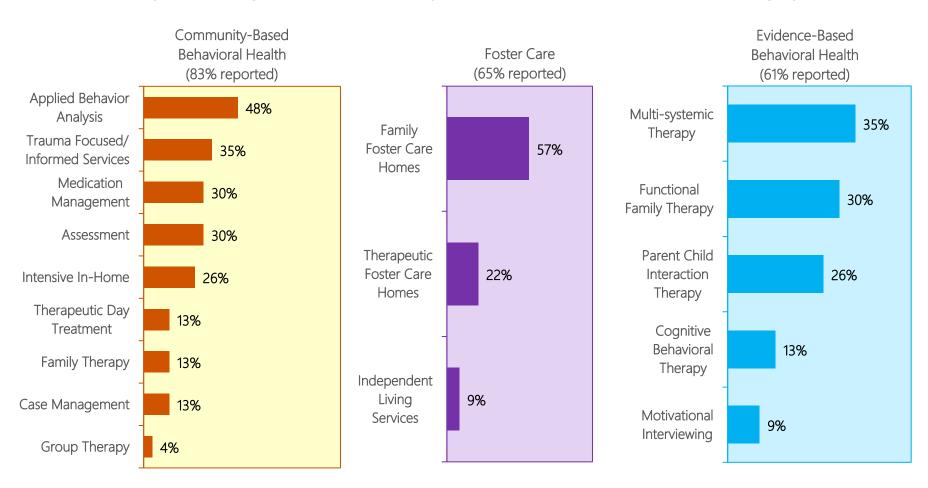
Note: If a locality selected at least one critical service gap within the service type groups displayed above, they were counted for this measure. The number of responding localities represents the count of localities that submitted survey responses; bar chart values represent the percentage of responding localities with a critical gap identified for that service type.

Number of Responding Localities: 100 (Statewide); 23 (Central); 20 (Eastern); 22 (Northern); 23 (Piedmont); 15 (Western)



Reported Gaps: Top Three Service Types for Central Region

What percentage of localities reported these as critical service gaps?

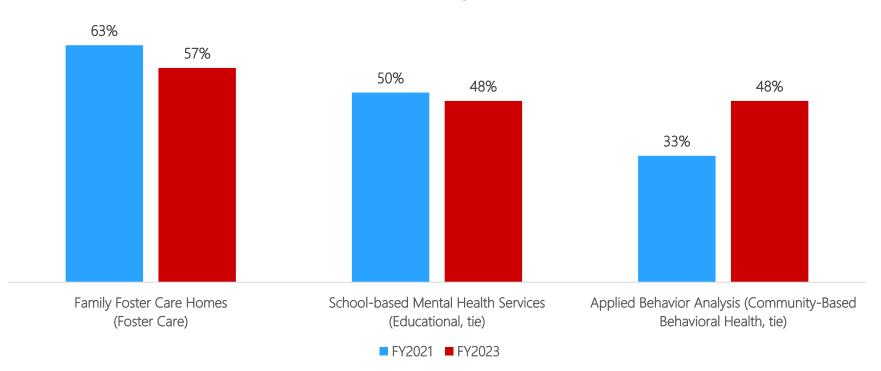




Reported Gaps: Top Three Service Gaps for Central Region

Which gaps were the most prevalent this year and how did FY2021 differ?





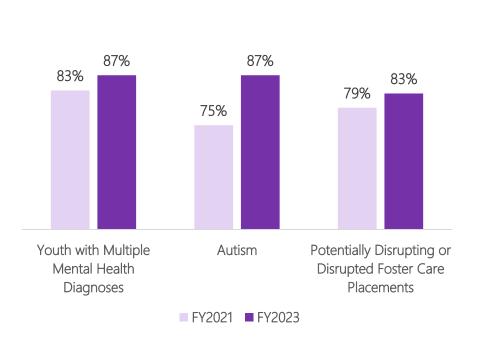
Number of Responding Localities: 24 (FY2021); 23 (FY2023)

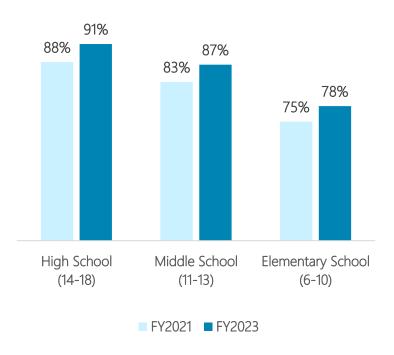


Reported Gaps: Top Three Populations for Central Region

Which populations were identified by the most localities for selected service gaps?

Percentage of Localities Identifying Characteristic with Service Gap (FY2021 vs. FY2023, Central Region) Percentage of Localities Identifying Age Group with Service Gap (FY2021 vs. FY2023, Central Region)



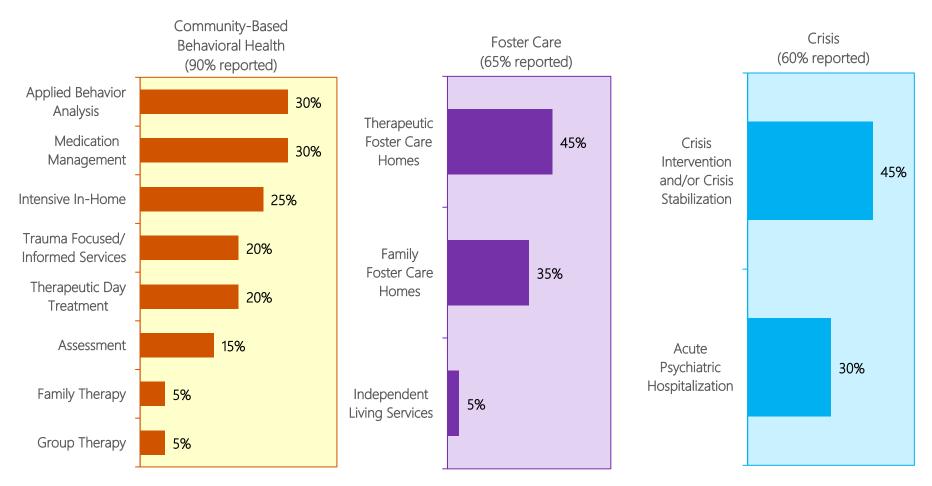


Number of Responding Localities: 24 (FY2021); 23 (FY2023)



Reported Gaps: Top Three Service Types for <u>Eastern</u> Region

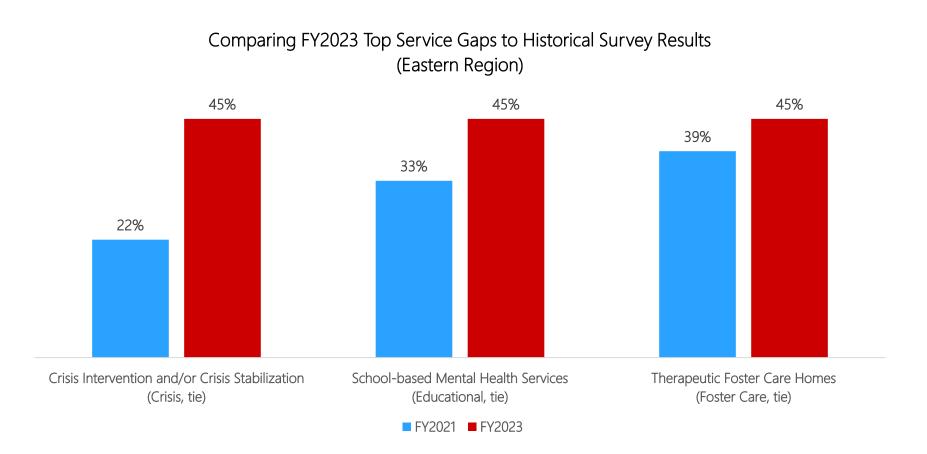
What percentage of localities reported these as critical service gaps?





Reported Gaps: Top Three Service Gaps for Eastern Region

Which gaps were the most prevalent this year and how did FY2021 differ?



Number of Responding Localities: 18 (FY2021); 20 (FY2023)

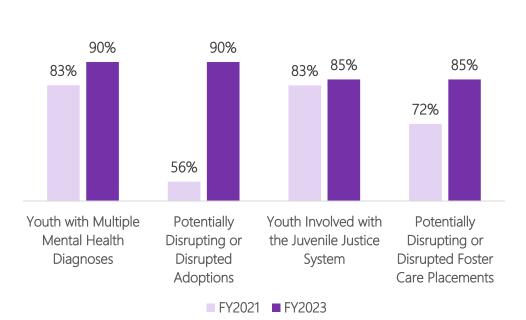


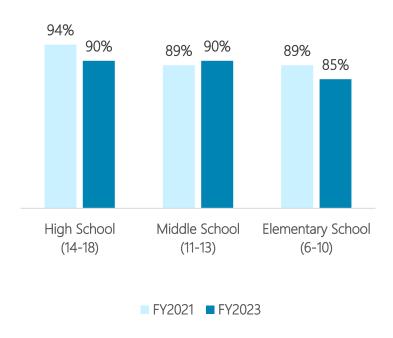
Reported Gaps: Top Three Populations for Eastern Region

Which populations were identified by the most localities for selected service gaps?

Percentage of Localities Identifying Characteristic with Service Gap (FY2021 vs. FY2023, Eastern Region)

Percentage of Localities Identifying Age Group with Service Gap (FY2021 vs. FY2023, Eastern Region)



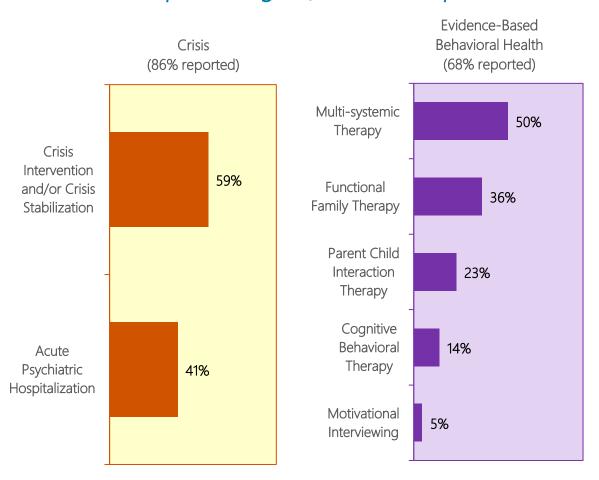


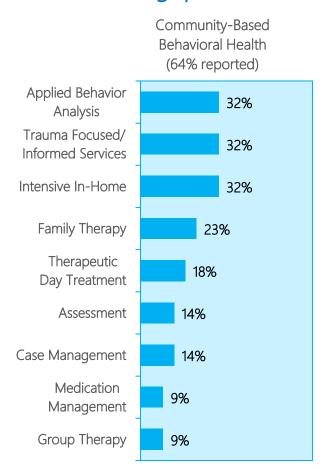
Number of Responding Localities: 18 (FY2021); 20 (FY2023)



Reported Gaps: Top Three Service Types for Northern Region

What percentage of localities reported these as critical service gaps?



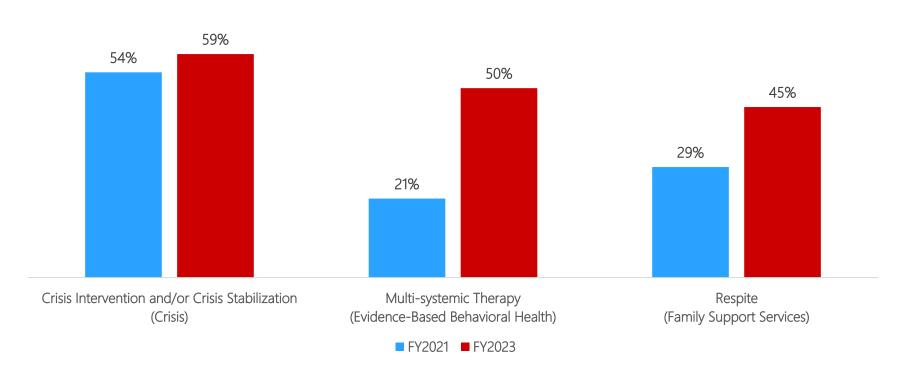




Reported Gaps: Top Three Service Gaps for Northern Region

Which gaps were the most prevalent? What was their prevalence in FY2021?





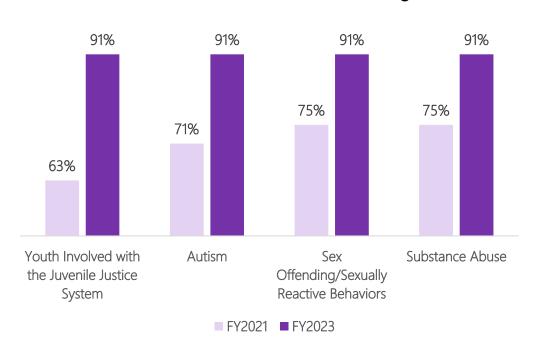
Number of Responding Localities: 24 (FY2021); 22 (FY2023)



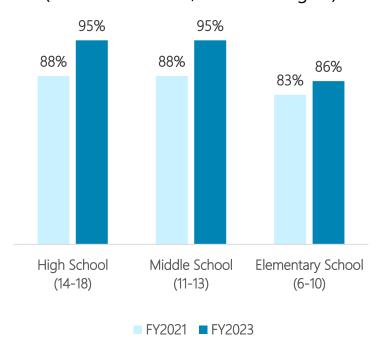
Reported Gaps: Top Three Populations for Northern Region

Which populations were identified by the most localities for selected service gaps?

Percentage of Localities Identifying Characteristic with Service Gap (FY2021 vs. FY2023, Northern Region)



Percentage of Localities Identifying Age Group with Service Gap (FY2021 vs. FY2023, Northern Region)

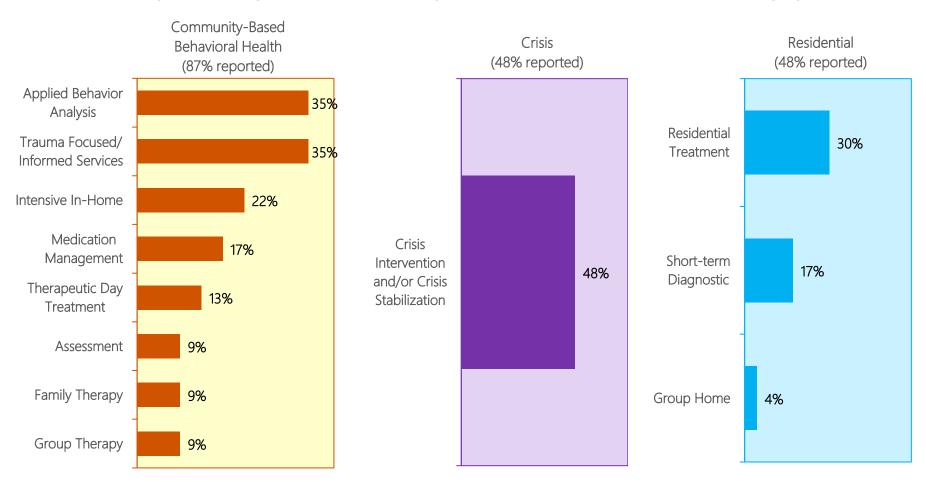


Number of Responding Localities: 24 (FY2021); 22 (FY2023)



Reported Gaps: Top Three Service Types for Piedmont Region

What percentage of localities reported these as critical service gaps?

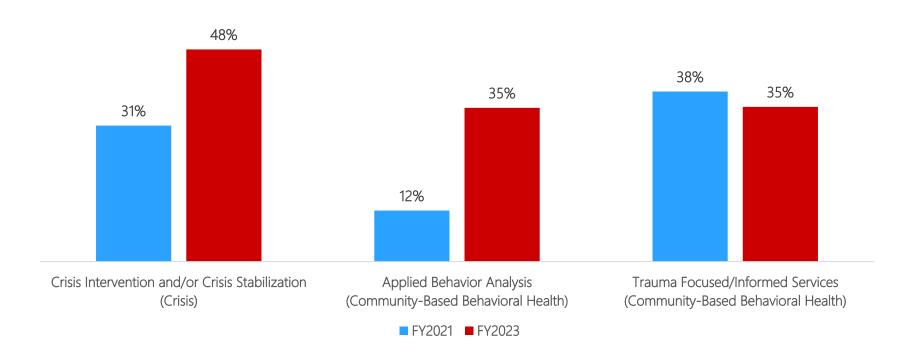




Reported Gaps: Top Three Service Gaps for Piedmont Region

Which gaps were the most prevalent? What was their prevalence in FY2021?

Comparing FY2023 Top Service Gaps to Historical Survey Results (Piedmont Region)



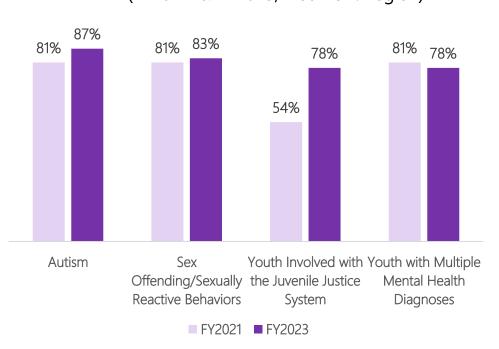
Number of Responding Localities: 26 (FY2021); 23 (FY2023)



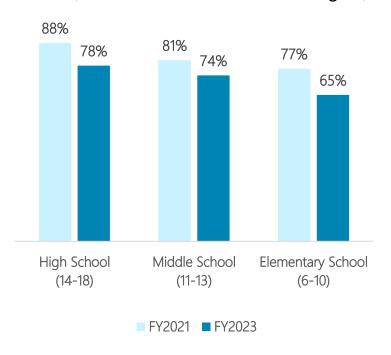
Reported Gaps: Top Three Populations for Piedmont Region

Which populations were identified most frequently for selected service gaps?

Percentage of Localities Identifying Characteristic with Service Gap (FY2021 vs. FY2023, Piedmont Region)



Percentage of Localities Identifying Age Group with Service Gap (FY2021 vs. FY2023, Piedmont Region)

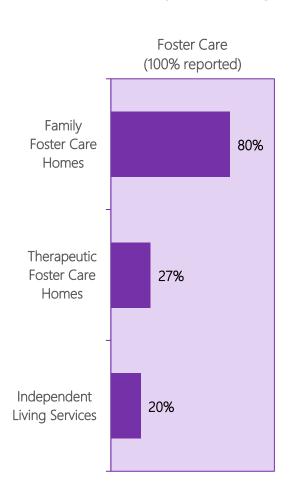


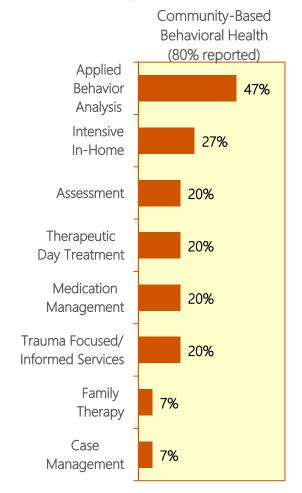
Number of Responding Localities: 26 (FY2021); 23 (FY2023)

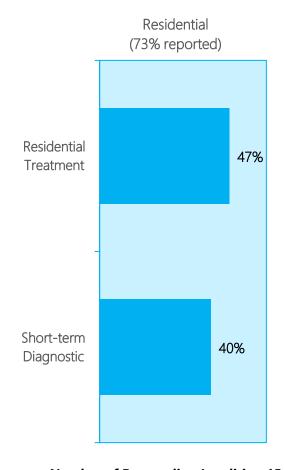


Reported Gaps: Top Three Service Types for Western Region

What percentage of localities reported these as critical service gaps?





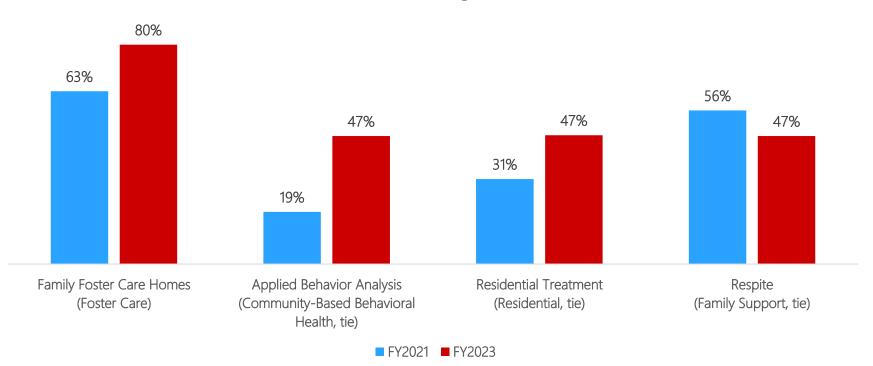




Reported Gaps: Top Three Service Gaps for Western Region

Which gaps were the most prevalent? What was their prevalence in FY2021?

Comparing FY2023 Top Service Gaps to Historical Survey Results (Western Region)



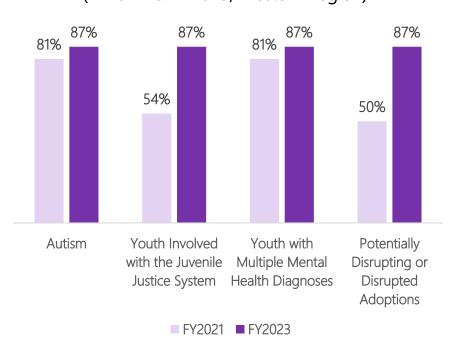
Number of Responding Localities: 16 (FY2021); 15 (FY2023)



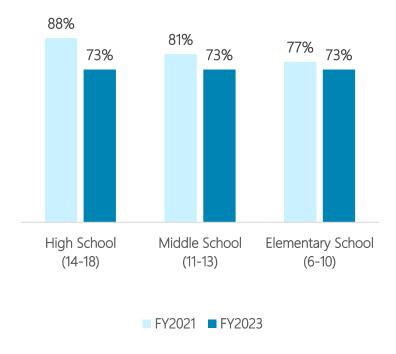
Reported Gaps: Top Three Populations for Western Region

Which populations were identified most frequently for selected service gaps?

Percentage of Localities Identifying Characteristic with Service Gap (FY2021 vs. FY2023, Western Region)



Percentage of Localities Identifying Age Group with Service Gap (FY2021 vs. FY2023, Western Region)



Number of Responding Localities: 16 (FY2021); 15 (FY2023)