



EFFECTIVE CHILD AND FAMILY TEAMS

An Interactive Experience

OVERVIEW

Part 1: Discuss the planning, facilitation, and wrap-up steps of a Child and Family Team (CFT) Meeting

Part 2: Mock CFT with Q & A

CHILD AND FAMILY TEAM MEETING

A collection of people identified by the youth and family who gather to brainstorm strategies and interventions to accomplish the goals (to meet the needs) determined by the family.

Teams can consist of (but are not limited to) any combination of the following:

- Youth
- Caregivers
- Extended Family
- Natural Supports (Coach, Neighbor, Clergy, Friend)
- School Personnel
- Probation Staff
- Mental Health Providers
- CSA Case Managers/UR Analysts

CSA & CHILD AND FAMILY TEAMS

In order to facilitate the System of Care process in our county, our CPMT members allowed us to combine the MDT/FAPT function with the Child and Family Team (CFT) Meeting.

- This occurs at the point in time when CSA funds Wraparound Loudoun.

All subsequent MDT/FAPT meetings are combined with CFTs. The Care Coordinator facilitates the ongoing MDT/FAPT meetings as CFTs. All wraparound components are included and CSA required members are present.

This reduces the number of meetings for CSA Agency Representatives and families, as well as provides ongoing accountability to CSA.

The UR Analyst and Care Coordinator maintain ongoing collaboration and coordination in all stages of the CSA/Wraparound process.

PLANNING

Developing a team

- Strong understanding of the family's story/Who is important to them

Outreach to potential team members

- Sell It!
- Awareness of family dynamics/norms

Develop Family Vision

- "Life would be better when..."

Orient the family to the CFT process

- Develop and review agenda, prioritize needs



NEED STATEMENTS

Good needs statements address the “why” of a situation not the “what” of it.

Needs are not services!

Family and Youth decide which needs are prioritized.





FACILITATION ACTION STEPS

Introductions

Ground Rules

Family Vision

Create Team Mission

Successes & Strengths

Review Crisis Plan

Identified Needs/Develop Goals

- No more than 2-3 at a time
- Importance of Positive Planning

Brainstorming

- Family/Youth gets extra vote

Assign Tasks

Schedule Next Meeting



FACILITATION TIPS

Importance of Ground Rules

Managing time & sticking to the agenda

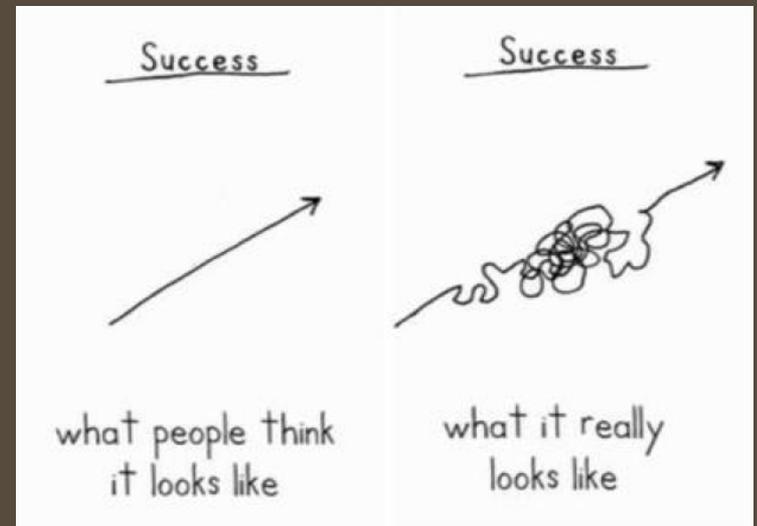
Conflict and Collaboration

Family Voice & Choice

- Goal is for youth or family to drive the process
- Example: Family and Youth running their CFT

Agency/Policy Requirements

Acknowledging effort and successes at all levels



STRENGTHS & SUCCESSES

- Everyone has strengths!
- Make strengths functional
- Recognize even the baby steps at successes
- Model for the team how to be strengths-based

Ursula the Cecaelia.



**Successful Businesswoman.
Savvy Negotiator. Creative Problem-Solver.**

A former employee of King Triton, Ursula was a skilled magician with a genuine desire to help out less fortunate merfolk. She was killed by the hands of the foot-walker enemy but will be remembered for her theatrical presence and larger-than-life personality.

FACILITATION CONCEPTS

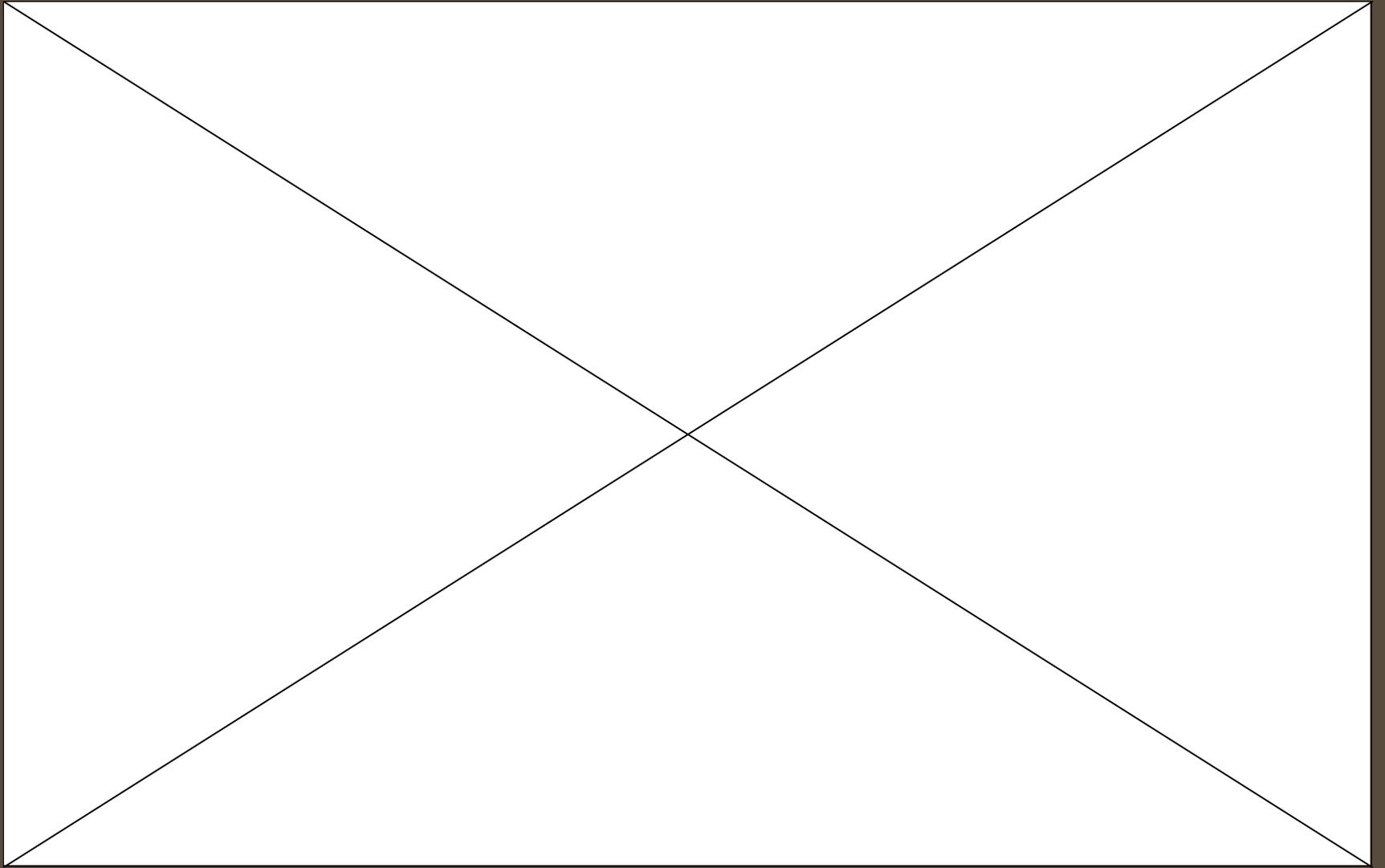
Be creative and think beyond traditional services

Be comfortable taking risks and work with traditional and non-traditional providers

Find solutions, rather than seeing problems as barriers that cannot be overcome

Make it FUN!





CHARACTERISTICS OF A PLAN-OF-CARE

A Wrap-Up is completed by the Care Coordinator and sent out to the team.

- The Wrap-Up acts as a comprehensive Plan-of-Care for the families
- Needs statements
- Goals/Outcomes
- Family strengths related needs and goals
- Strategies/Interventions
- Task List/Task Assignment

Challenges: completing tasks (work to remove barriers as best as we can; assign tasks to those who can accomplish them and it fits within their realm of expertise/experience).



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Any questions before
moving in Part 2?

MOCK CFT ROLES

Hunter- Youth

Tanya- Mom

Katalin- Care Coordinator/Facilitator

Jeanie- UR Analyst

Maria- CSA Case Manager

Lance-Probation Officer

Mahum/"Deputy Hameed"- School Resource Officer

Betsy/Ms. Snow- School Case Manager/Football Manager