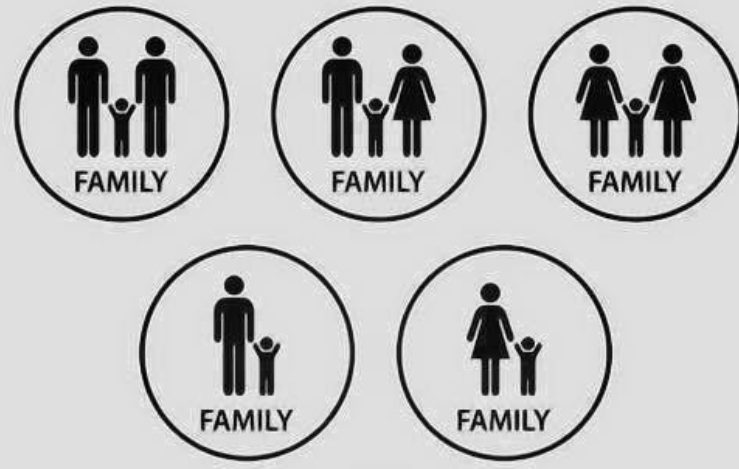


# BUILDING A SUSTAINABLE PLAN FOR FAMILY DRIVEN SERVICES STATEWIDE

AN INTERACTIVE WORKSHOP



# PRESENTING TEAM: EASTERN REGION SYSTEMS OF CARE (SOC) COLLABORATIVE

Who are we?

Public Partners:

City of Virginia Beach

City of Chesapeake

City of Williamsburg

City of Poquoson

James City County

York County

Private/Parent Partners:

UMFS

Family Insight

Compass



# WORKSHOP FACILITATORS

Becky China, MBA, CSA Administrator, Virginia Beach

Cynthia Bauer, CSA and Quality Assurance Program Manager, York and Poquoson

Cherra Barbour-Smith, LPC, Assistant Project Manager, SOC, UMFS

Teresa Adams, LPC, Child & Adolescent Services Coordinator, Colonial Behavioral Health, York, Poquoson & Williamsburg

Danielle Boose, Regional Family Lead, SOC, UMFS

Rachelle Butler, LCSW, Project Manager, SOC, UMFS

Denielle Rigoglioso, M.S., CAADC, CSAC, LMHP-R, Director, Family Insight

Dominique Pretlow, CSA Coordinator, James City County

Pam Fisher, R.N., M.S.N, State Systems of Care Project Director, DBHDS

Nathanael Rudney, MSW, State Systems of Care Task Lead, DBHDS



# WORKSHOP GOALS

1. Build a plan for expanding capacity of Systems of Care (SOC) statewide through the development of a sustainability plan for Intensive Care Coordination (ICC) Services utilizing the whole High Fidelity Wraparound Model (HFW).
1. Build an ongoing collaborative to create unity across the regions and ensure the fidelity with the model throughout Virginia.



# OUR SIX LOCALITIES' STORY – A YEAR AGO

- ❑ No Locality was delivering the full model as it is today
- ❑ Most localities had some prior and/or current experience with ICC
- ❑ No private providers in the region providing the services
- ❑ No access to Parent Support Partners (PSP)
- ❑ No collaborative approach to build capacity in the region
- ❑ Some localities did not even have service capacity at all



# BUILDING OUR COLLABORATIVE

- ❑ A “Champion” for HFW with ICC Came to the Region
- ❑ Goal: “Build the Coalition Prior to the Grant Coming Out”
- ❑ Proposed All Eastern Localities to Join the Collaborative
- ❑ Emails, Phone Calls, Meetings to Discuss Advantages of Building a Collaborative
- ❑ Approached UMFS
- ❑ Grant Announcement
- ❑ Held Group Meetings to Collectively Respond to the Grant – Set Goals, Strategies, & Outcomes





# BUILDING OUR COLLABORATIVE



# A YEAR LATER.....

- Steering Committee: A CSB and CSA Member from Each of the 6 Localities
- Expanded to 3 Private Providers
- Project Lead Parent Support Partner (PSP)
- Several Parent Support Partners Hired and Trained
- Many Education Presentations to the Stakeholder Community
- Bringing Open Table to our Region to Build Natural Supports for Families
- Preparing to Build the Youth Support Partner Component (YSP)
- Steering Committee is Open to Any Regional Locality– Grant Participation is Not Required – Our 1<sup>st</sup> Step to Building Sustainability!

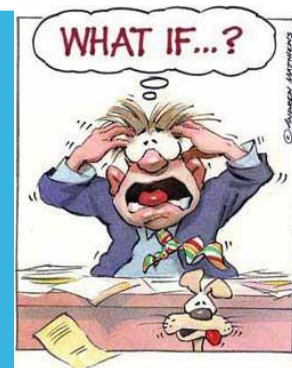




# JUST A FEW MONTHS AGO.....

At a steering committee meeting, someone asked:

- ✓ What happens when the grant goes away?
- ✓ What happens when we don't have UMFS managing our group?
- ✓ What happens if key players make a career change?
- ✓ What happens when we have provider turnover?
- ✓ Who will ensure the coaching group continues?
- ✓ How can we sustain through changes with the current limited access to training for new providers?



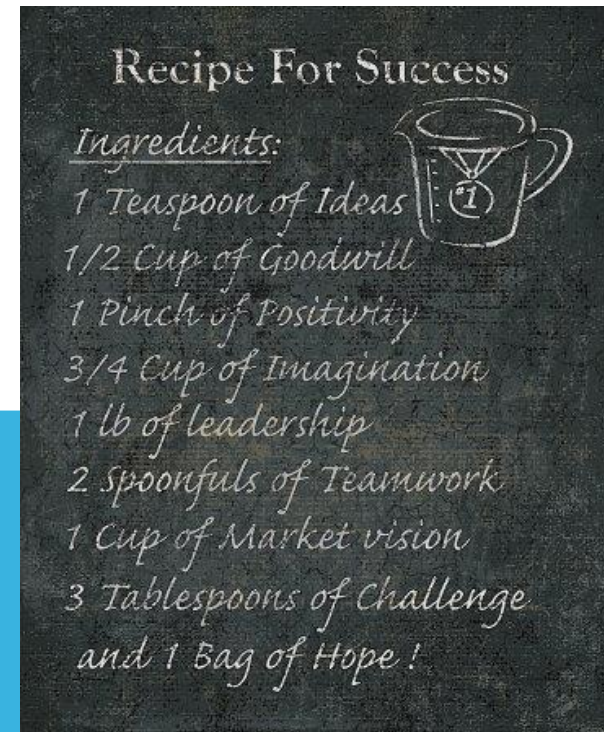
## OUR PROPOSED ANSWER.....

***“Let’s do a workshop at the OCS conference in Roanoke on Sustainability Planning for Systems of Care – specifically the ICC High Fidelity Wrap Around Model! Let’s get anyone and everyone who is passionate about this model to the table –for sustainability and fidelity!”***



# RECIPE FOR SUCCESS: ESSENTIAL INGREDIENTS

- ❑ Understanding and embracing the principles of SOC & HFW
- ❑ Champion(s)
- ❑ Vision and Mission
- ❑ CPMT & FAPT support
- ❑ Referral Stream – buy-in from agency case managers who make referrals
- ❑ All components of the model:
  - ICC facilitators
  - Parent Support Partners (PSP)
  - Youth Support Partners (YSP)
  - Natural Supports



# RECIPE FOR SUCCESS: ESSENTIAL INGREDIENTS

- Data collection and feedback for measuring performance & fidelity
- Resource for building natural supports that can support family driven models
- Access to ongoing training for ICC , PSP & YSP
- Certified coaches in each of the specialty areas – ICC, PSP & YSP
- Coaching groups that meet regularly
- Method/Process for capturing and reporting ongoing data
- ICC Providers
- PSP Providers
- YSP Providers



# WHAT IS AT STAKE FOR BUILDING SUSTAINABILITY AFTER THE GRANTS?

- Training
- Fidelity
- Managing Turnover
- Building the Entire Model
- Outcomes Measurement



# PHASES OF GROWTH FOR DEVELOPMENT OF SYSTEMS OF CARE IN THE COMMUNITY

1. *Just an Idea* – on somebody's wish list
2. *Start-Up* – the support and some resources are available to get it going
3. *Building Capacity* - i.e., to increase providers, referrals, access to training, model fidelity, natural supports or adding any one or more of the essential ingredients
4. *Sustaining Capacity* – model is up and running and working well but some of the barriers to maintaining capacity are creeping in or very apparent or you are missing some of the essential ingredients to enhance success, i.e., source for natural supports, PSPs, YSPs, ICC providers, etc.





# SMALL GROUP SESSIONS – QUESTIONS:

1. Current Barriers to completing current phase
2. Current Activities to Eliminate the Barriers
3. What ingredients do you currently have in place for your local SOC?
4. What ingredients do you foresee obtaining within the next year? Do you have a plan?
5. What ingredients do you need help to access?
6. Are you doing this as a sole locality or part of a regional collaboration?
7. What resources does your locality bring to a collaborative network? i.e., current network for recruiting parent support partners or youth support partners, certified coach, a provider interested in developing one of the components, expertise in using the model, data collection system in place, coaching group, etc.



# SMALL GROUP PRESENTATIONS

1. What does your current SOC look like?
2. What do you want it to look like? By When?
3. Are you building SOC for a single locality or a regional collaborative?
4. What do you need to get to your target or goal?



# NEXT STEPS

- ❑ Statewide Steering Committee (covering all regions)
- ❑ Expand Coaching groups
- ❑ Expand current regional grant steering committees to invite non-participating localities to help expand and sustain what you build through the grant
- ❑ Annual Conference Workshop to keep this going
- ❑ Create a Training Academy – Training for Trainers, Adjunct Faculty, public-private/state-local partnership
- ❑ Create a statewide data bank resource
- ❑ Collaborate with DBHDS and OCS to bring state support to the infrastructure

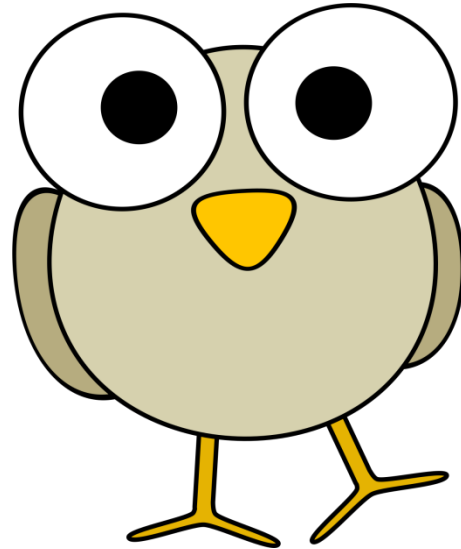


# QUESTIONS TO ASK

- How do we want to partner with the state— OCS and DBHDS?
- What is the state wanting or willing to bring to the table?
- Should we have this as a standing workshop annually so we can build on this coalition?
- Should we hold sustainability meetings statewide, regionally, or at all?



# COMMENTS OR QUESTIONS



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