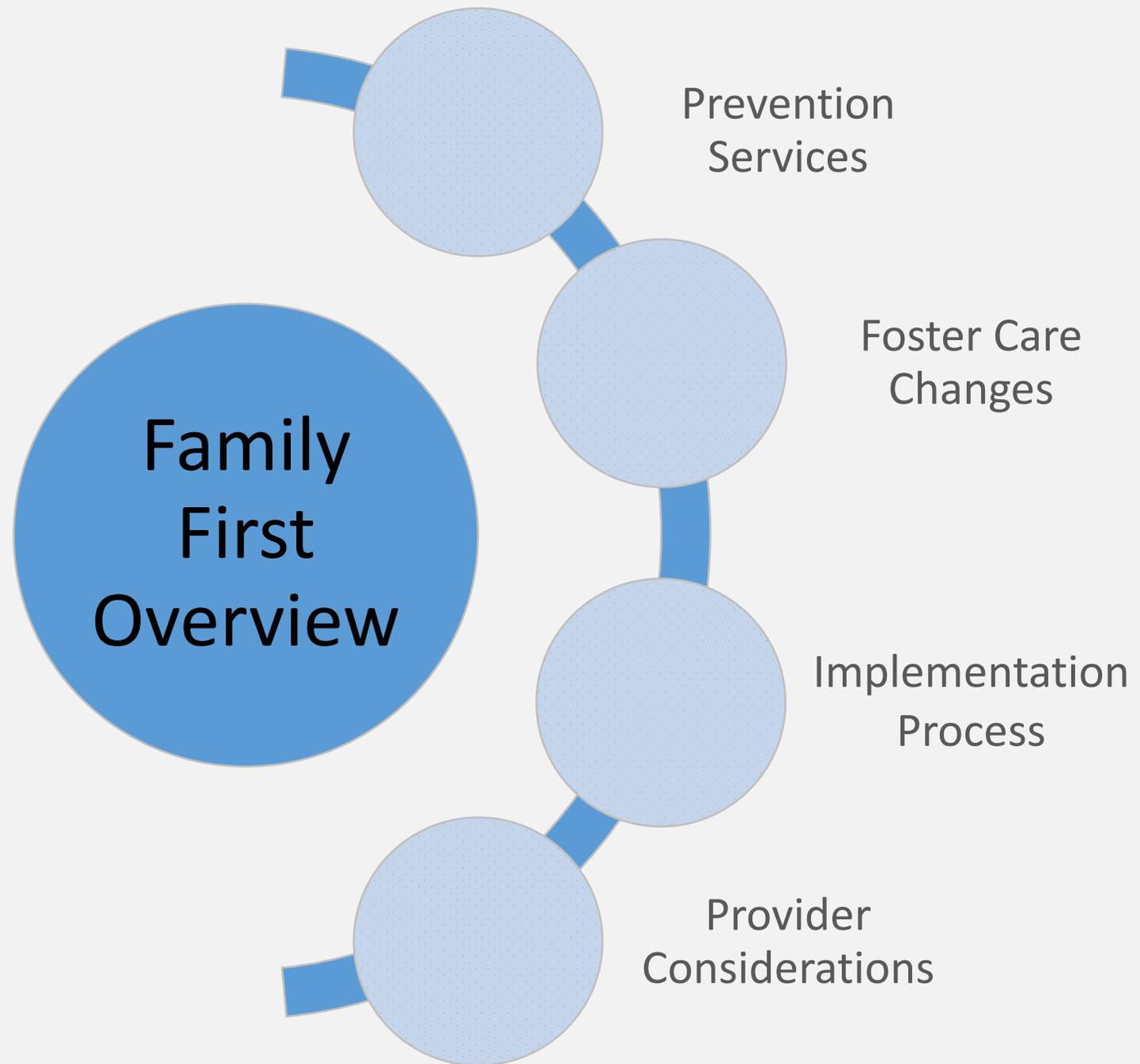


Family First
Prevention
Services Act



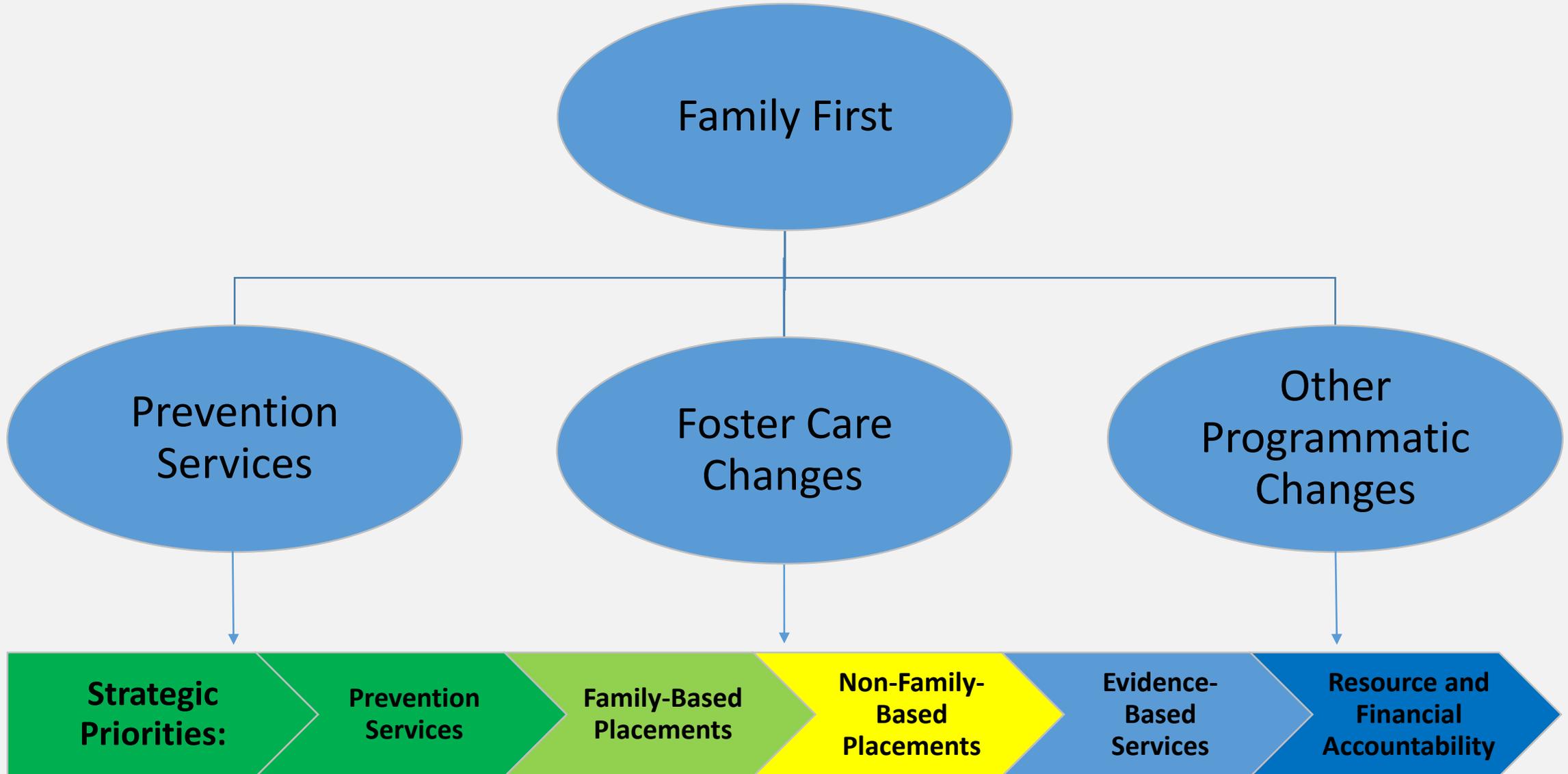
VIRGINIA DEPARTMENT OF
SOCIAL SERVICES



The **vision** for Family First is
to **keep children safe,**
strengthen families and
reduce the need for foster
care whenever it is safe to
do so.

- Family First is the **largest investment** in the child welfare system **in nearly 40 years** and is an **extraordinary opportunity** to be **innovative** and **responsive** to children's and families' individual needs.
- Family First supports VDSS's Children's Services Practice Model and overarching mission that kids should grow up in a **safe, stable and secure family** that supports their **long-term well-being**.
- Family First recognizes that kids do best in families, and families do best in strong, supportive communities. Family First ensures **a family first for children and teens** with prevention services to **keep kids safe** and **families together**. Children and teens who cannot safely stay at home should **live with relatives or close friends**. When that is not possible, Family First advocates that kids should live with a **loving, and supportive foster family**
- **Beneficiaries** of Family First are **families with children at imminent risk** of entering foster care.

Three Tiers of Family First





Prevention
Services

IV-E

\$210 million

50/50 match rate
(federal/state)

Children's Services Act

\$370 million

65/35 average match rate
(state/local)

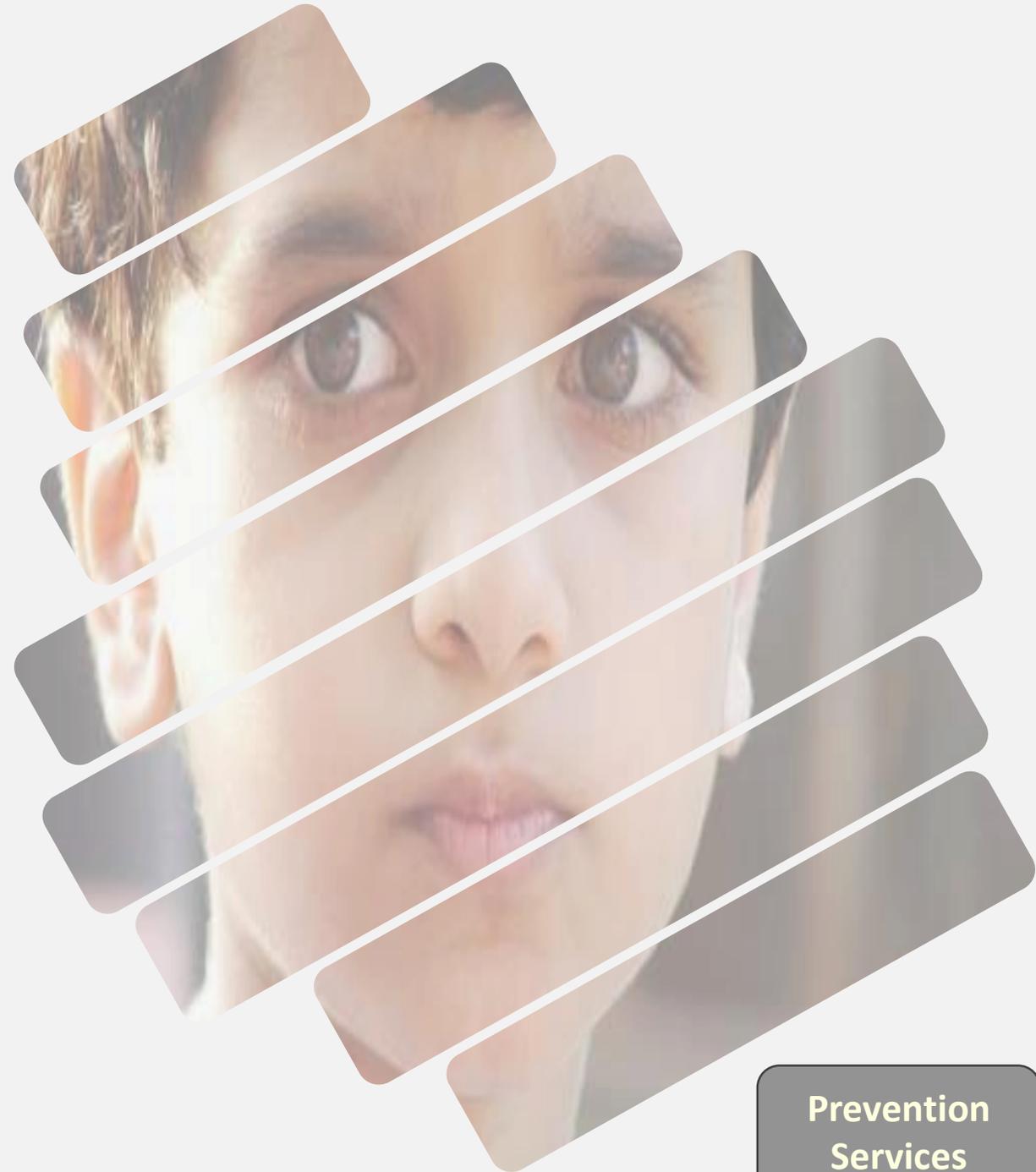


A photograph of four young children sitting around a table, engaged in a play activity with wooden blocks. The children are of diverse backgrounds and are focused on their task. The image is slightly blurred, emphasizing the text overlay.

New federal funds for prevention services are intended to increase, not replace, state funding for Prevention Services.

Who is Eligible for Title IV-E
Prevention Services Funds?

- ❖ A child (and their caregivers) who is a candidate for foster care who can remain safely at home or in a kinship home and is identified as being at imminent risk of entering foster care
- ❖ A child in foster care who is pregnant or parenting
- ❖ A child whose adoption or guardianship arrangement is a risk of a disruption/dissolution and includes post-reunification services



What services are reimbursable?

IV-E Reimbursable Services

Mental Health
Prevention
Treatment
Services

Substance Abuse
Prevention
Treatment
Services

In-Home Parent
Skill-Based
Programs

Trauma Informed and Evidence-Based

Prevention
Services

Well Supported

- Improved outcome must be based on the results of at least 2 studies that used a random control or quasi-experimental trial
- Carried out in a usual care or practice setting
- Sustained effect for at least one year beyond the end of treatment

Supported

- Improved outcome must be based on the results of at least one study that used a random control or quasi-experimental trial
- Carried out in a usual care or practice setting
- Sustained effect for at least 6 months beyond the end of treatment

Promising

- Improved outcomes must be based on at least one study that use some form of control group

Initial List of Services Under Review

Mental Health Prevention Treatment Services

- Parent-Child Interaction Therapy
- Trauma-Focused Cognitive Behavioral Therapy
- Multisystemic Therapy
- Functional Family Therapy

Substance Abuse Prevention Treatment Services

- Motivational Interviewing
- Multisystemic Therapy
- Families Facing the Future
- Methadone Maintenance Therapy

In-Home Parent Skill- Based Programs

- Nurse-Family Partnership
- Healthy Families America
- Parents as Teachers

Kinship Navigator Programs

- Children's Home Inc. Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-Tech)
- Children's Home Society of New Jersey Kinship Navigator Model

Evidence-
Based Services

Federal Prevention Services Clearinghouse

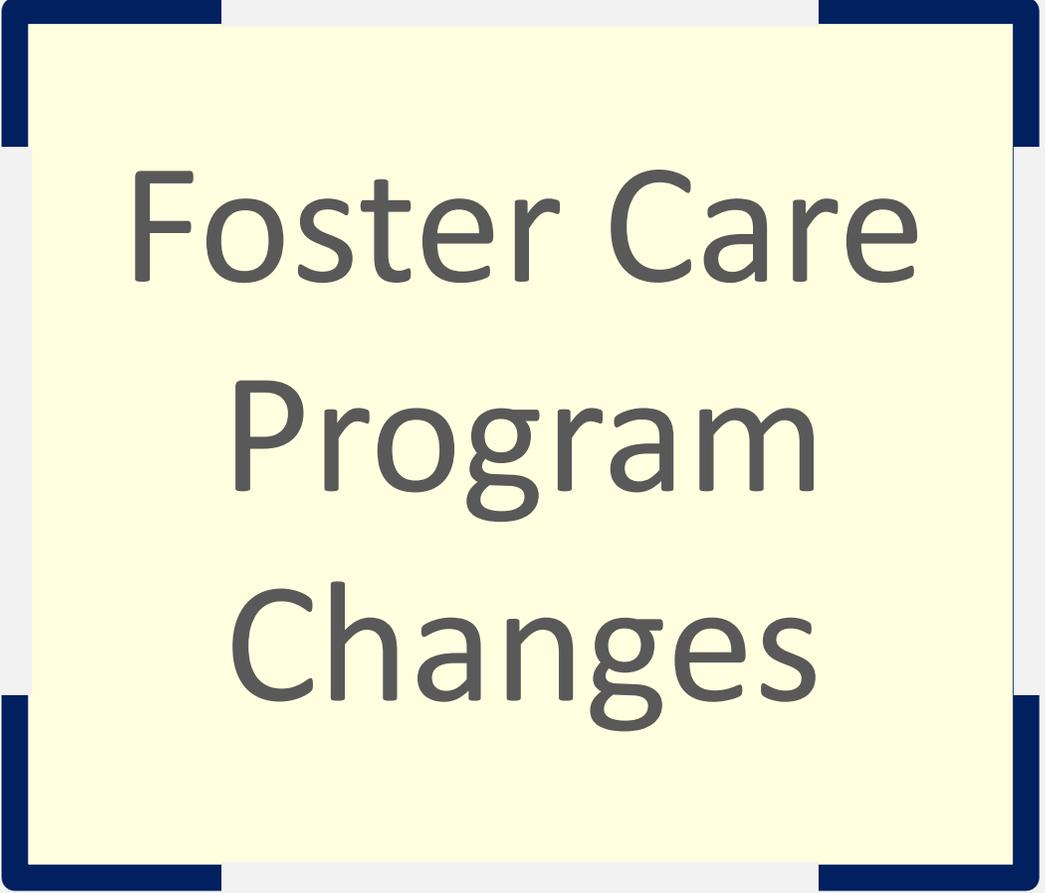
Release of Clearinghouse
Handbook of Standards and
Procedures
April 2019

Release of the next list of
evidence-based services
to be reviewed
Late Spring-Summer 2019

May 2019

Release of Program and
Service Ratings of the
Initial 11 evidence-
based services

Prevention
Services



Foster Care
Program
Changes

We believe that children do best when raised in families.

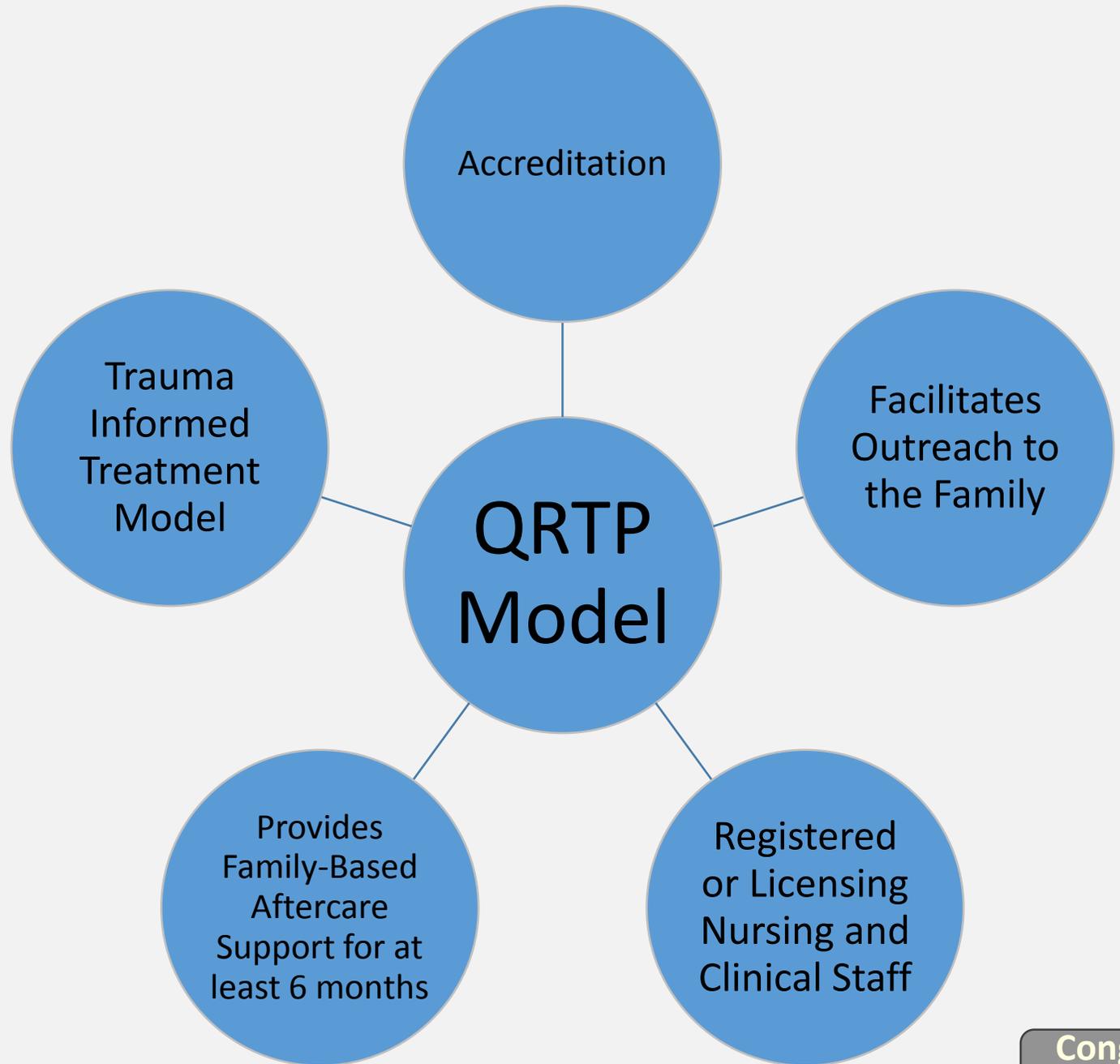
After a two-week grace period, Title IV-E Maintenance Payments will be limited to:

- ❖ Family and kinship foster homes
- ❖ Placements for pregnant or parenting youth
- ❖ Supervised independent living for youth 18+
- ❖ Qualified Residential Treatment Programs (QRTP) for youth with treatment needs
- ❖ Specialized placements for victims of sex trafficking
- ❖ Family-based residential treatment facility for substance abuse *(beginning October 2018)*

**Family Based
Placements**

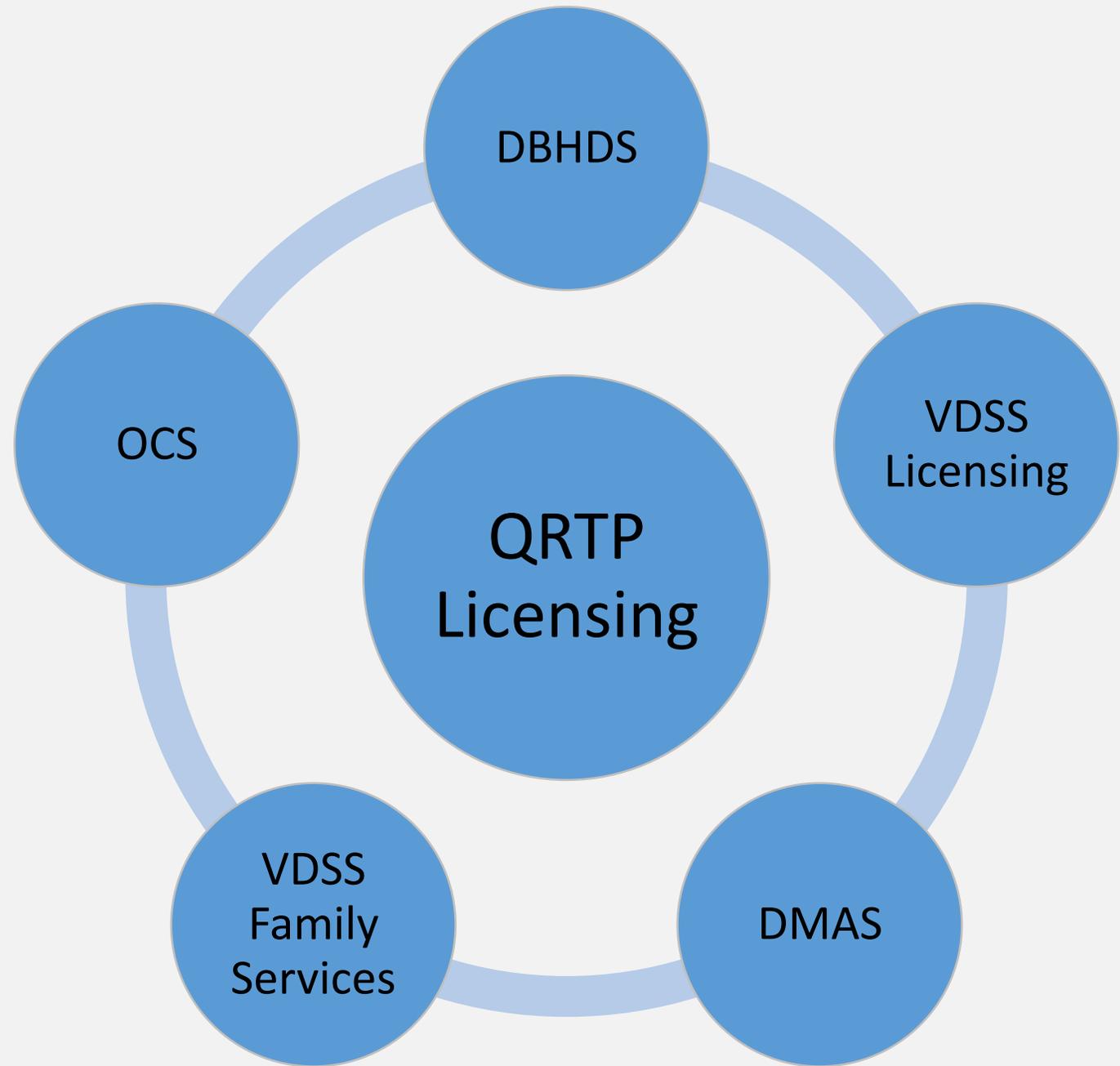


Qualified Residential Treatment Program(QRTP)



Congregate Care

QRTP Collaborations



QRTP Requirements

30-day Assessment

12-month review by Commissioner

60-day Court Review



**Congregate
Care**

Reduce Congregate Care



Implementation



We know some of
the pieces,
But we're still
figuring out many
of the pieces.

**A Collaborative Approach to Implementation:
The Three Branch Model**

Public Law 115-123
DIVISION E—HEALTH AND HUMAN SERVICES EXTENDERS TITLE VII—FAMILY FIRST PREVENTION SERVICES ACT

Virginia Department of Social Services
(IV-E Funding Entity)

Virginia Office of Children’s Services
(State Foster Care Funding Sources)



Three Branch Leadership Team
(Judicial, Executive and Legislative Branches of Government)

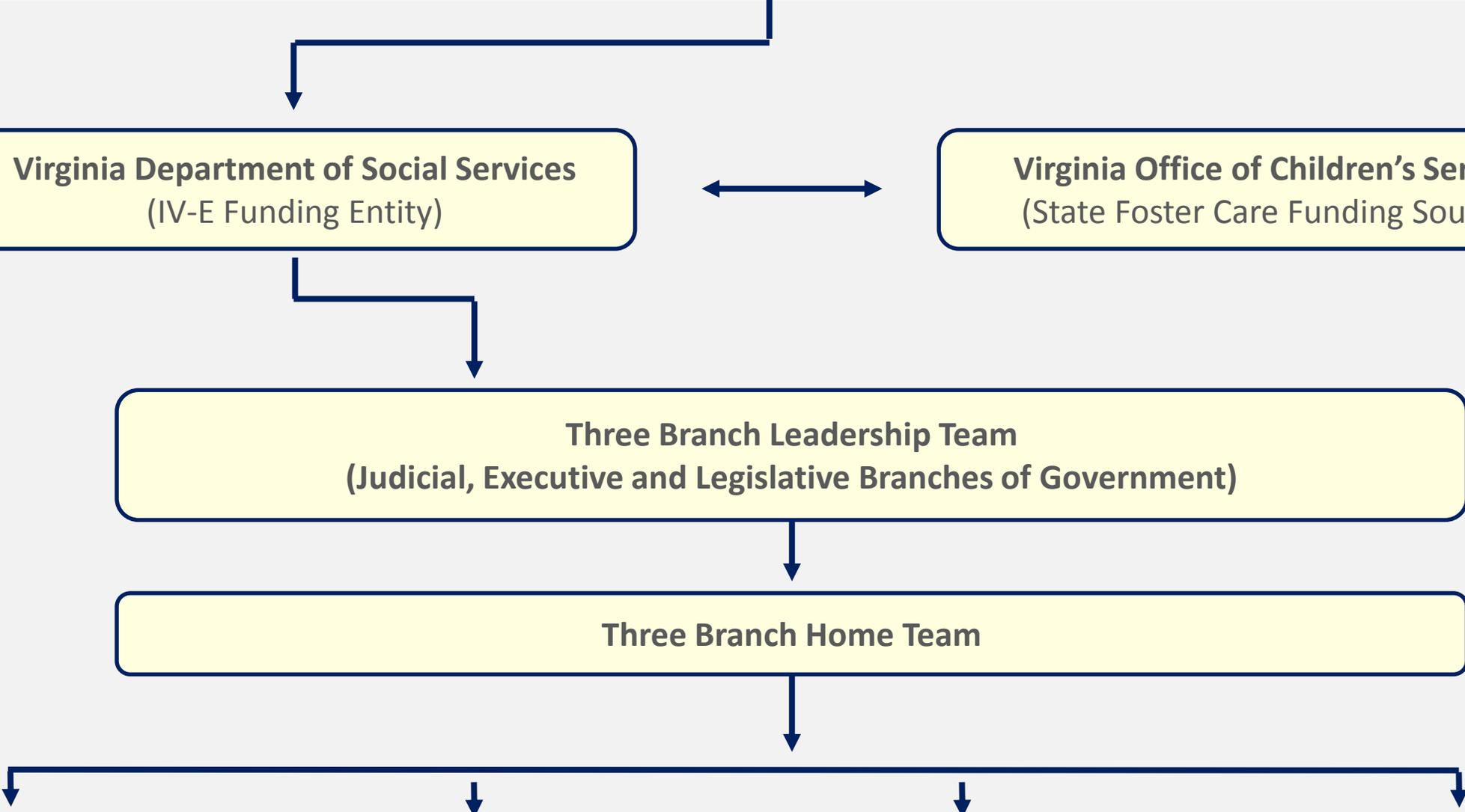
Three Branch Home Team

Finance

Prevention Services

**Appropriate Foster
Care Placements**

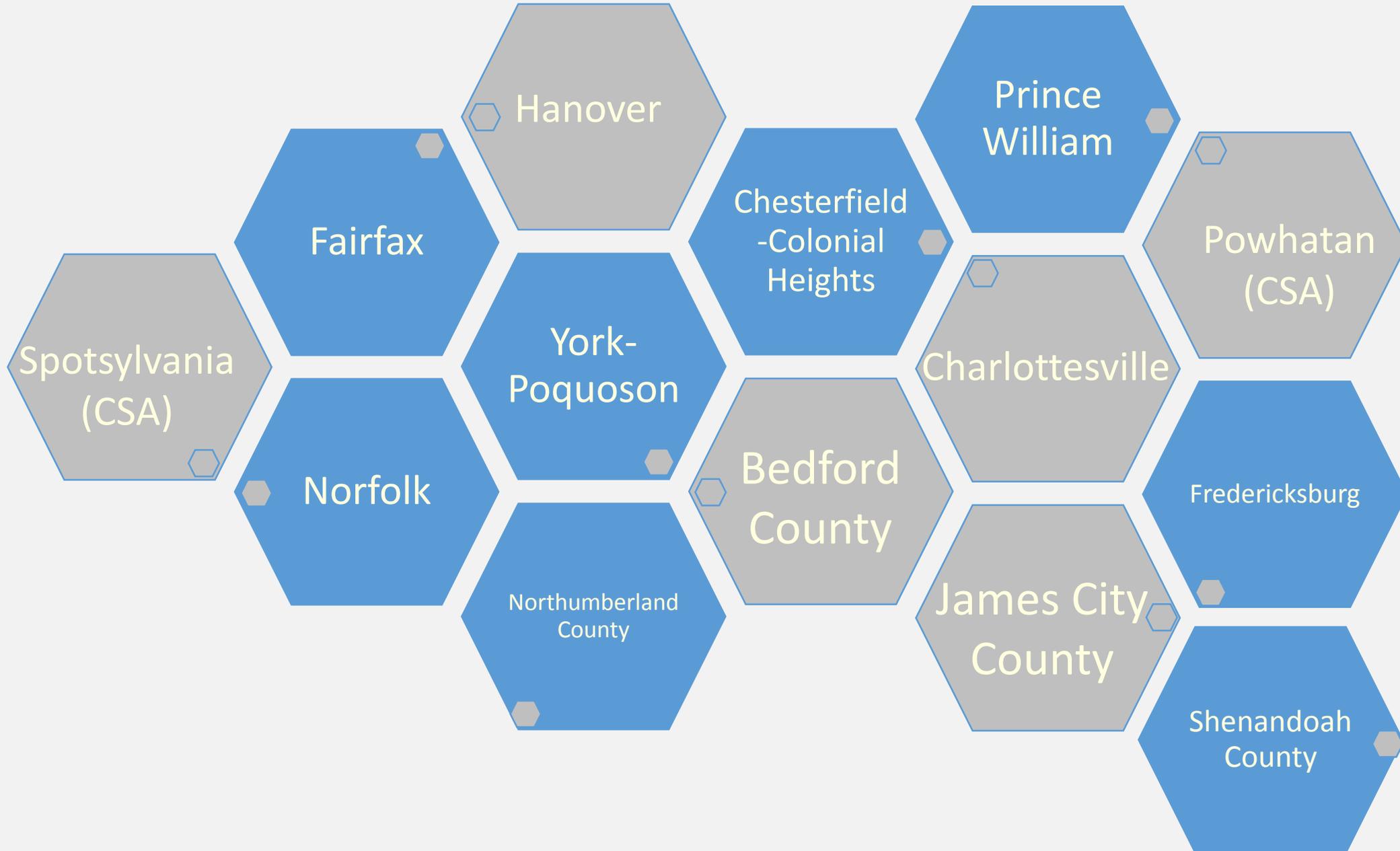
**Evidence-Based
Services**



Core Team

Carl Ayers, Virginia Department of Social Services
Sandy Karison, Court Improvement Program
Scott Reiner, Office of Children's Services
The Honorable Monty Mason, Senator
The Honorable Chris Peace, Delegate
The Honorable Frank Somerville, Culpeper JDR Court

Children's Home Society
Commission on Youth
Court Improvement Program, Office of the Executive Secretary Supreme Court of Virginia
Culpeper Juvenile and Domestic Relations Court
Department of Behavioral Health and Developmental Services
Elk Hill Farm
Fairfax Department of Human Services
Families Forward
Family and Children's Trust Fund of Virginia
Family Focused Treatment Association
Fredericksburg Department of Social Services
Governor's Office
Greater Richmond SCAN
HopeTree Family Services
Norfolk Department of Human Services
Office of Children's Services
Office of the Attorney General
Powhatan Department of Social Services
Senate Rehabilitation and Social Service Committee
Spotsylvania Department of Social Services
Troutman Sanders Strategies
United Methodist Family Services
Virginia Association of Community Services Boards
Virginia Association of Counties
Virginia Association of Licensed Child Placing Agencies
Virginia Association of Local Human Services Officials
Virginia Coalition of Private Provider Associations
Virginia Department of Health
Virginia Department of Juvenile Justice
Virginia Department of Medical Assistance Services
Virginia Department of Social Services
Virginia League of Social Services Executives
Virginia Municipal League
Virginia Poverty Law Center
Voices for Virginia's Children
Youth for Tomorrow



Finance Workgroup

- Maintenance of Effort
- Budget Implications
- Budget Proposal for General Assembly

Evidence-Based Services Workgroup

- Survey for EBS in Virginia
- Collaborate with DMAS, DBHDS and DJJ
- Increased understanding of the Hexagon Tool

Prevention Services Workgroup

- Recommendations on defining key terms
- Continuum of Prevention Services
- Feedback for Development of Federal Clearinghouse

Appropriate Foster Care Placements Workgroup

- Recommendations for QRTP Assessment
- Feedback for Development of Federal Foster Home Model Licensing Standards



Moving Forward

Finance Workgroup

- Understand the financial costs of group home placements if not IV-E eligible
- Understand the financial costs of supporting the start up of evidence-based services
- Recommending a fiscal auditing tool and process

Evidence-Based Services Workgroup

- Analyze results of EBS Survey (service gaps)
- Perform CANS data analysis
- Provide recommendations for fidelity monitoring and CQI process
- Use of Hexagon Tool to assist in understanding where specific EBPs may fit in our system

Prevention Services Workgroup

- Maximize and leverage CSA and Family First Funds (as well as other child serving agencies) to meet the diverse and complex needs of families
- Develop a long term vision for the prevention services continuum
- Recommendations for Title IV-E Prevention Services Plan

Appropriate Foster Care Placements Workgroup

- Develop workflow recommendations for the judicial and Commissioner review requirements for a youth placed in a QRTP
- Develop strategies to increase foster homes with an emphasis on kinship homes
- Recommendation for key terms: Family and Permanency Team and After-Care Supports

Prevention Service Provider Considerations

Choosing an Evidence-Based Program/Service

- Must be chosen from the federal clearinghouse
 - Initial review of services
- Reach out to community partners to discuss community needs when choosing an evidence-based program.
- Consider the needs of the children and families in your community (especially those that qualify for Family First).
- Consider costs associated with implementation.
- Consider your agency's organizational structure and the administrative support needed to support and sustain an evidence-based program.

Evidence-Based Services

QRTP Provider Considerations

Choose an accrediting body that best fits your organization.

- Council on Accreditation
- The Commission on Accreditation of Rehabilitation Facilities (CARF)
- The Joint Commission
- Reach out to other providers who have already been accredited for support and information

Reach out to community partners to discuss community needs when choosing a trauma-informed treatment model.

- Streamline efforts with the Children's Cabinet to define trauma-informed
 - Approved SAMHSA Definition
- Consider an evidence-based treatment model

Full approval as a QRTP will occur at the state level.

- Virginia Department of Social Services and/or Department of Behavioral Health and Developmental Services

Congregate
Care

Treatment Foster Care Provider Considerations



Think of ways to support kinship placements and approve kinship providers



Explore Evidence-Based Models – Treatment Foster Care-Oregon(Adolescents), Teaching-Family Model, etc.



Stay tuned to the Children's Bureau for their formal announcement of model licensing home standards



Keep in contact with your colleagues who are on the Three Branch Team

Communities To Do

- Consider establishing a local Three Branch Team
- Discuss community needs and possible evidence-based services that meet those needs.
- Collaboration with the CSB, LDSS and other local departments is key.

Thank you!

familyfirst@dss.virginia.gov

Family First Team
Elizabeth Lee – Project Manager
Laura Reed – Project Manager
Jim Fiske – Financial Consultant
Allyson Roberts – Change
Management Consultant



VIRGINIA DEPARTMENT OF
SOCIAL SERVICES